Lasting Impressions Milestone

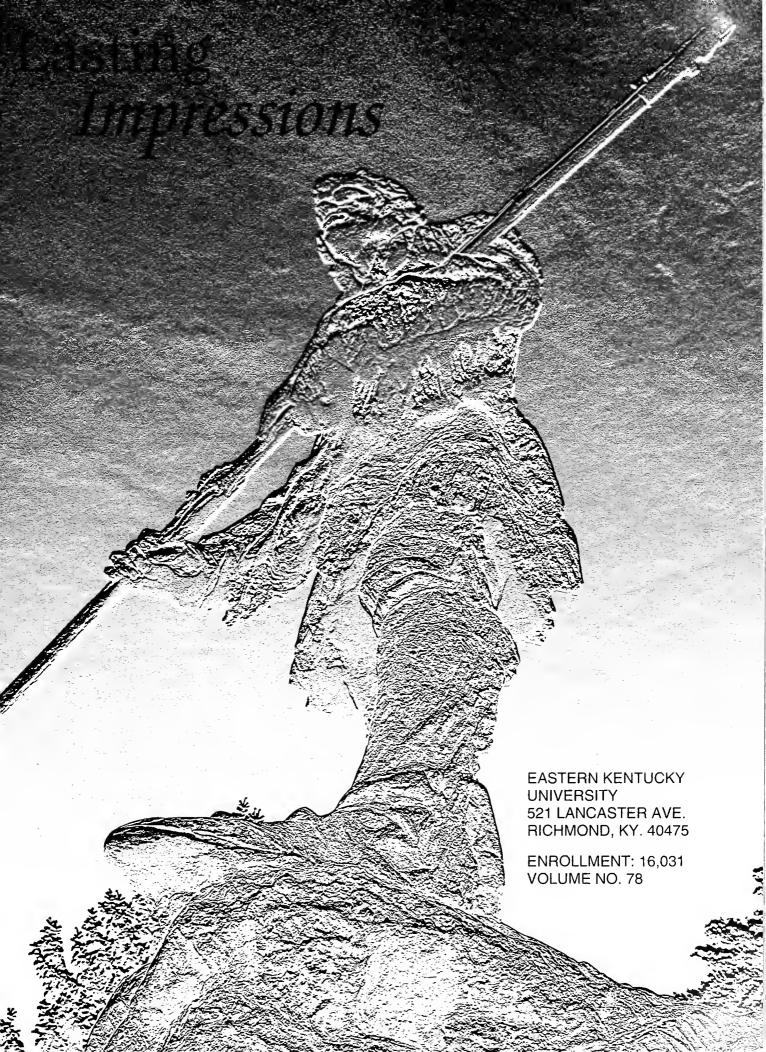


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The Milestone-

It's odd that more than 40 years after the Milestone made its debut on Eastern's campus, many students are unaware of its existence. Most of the blame falls on an unfortunate hiatus - eight years of memories lost to students and the university forever. The tradition of the Milestone was broken for eight years, but was renewed last year with the hopes of printing memories once more. That tradition is continued by what you're holding in your hands right now: the 2008-2009 Milestone.

A student's time at Eastern is both precious and limited, and it goes fast. It's tragically short-lived, and the years spent here blend quickly into a seamless, four-year college experience. Still, what happens at Eastern defines people. For some, it's their first taste of real responsibility. For others, their first taste of real irresponsibility. It can be a wake-up call, an academic awakening, or a four-year party with good surroundings and even better friends.

Whatever the case, the Milestone exists to document that experience. Time spent lying in the grass in the Ravine, conversations with complete strangers at Powell, late-night cram sessions in the library with your fellow doomed classmates, and late-night slam sessions at T-Bombs or the Paddywagon - they're all captured here. The Milestone isn't just about the memories on the pages: it's about the memories those pages will trigger. That's what brought it back from the ashes, and why it endures.

So sit back, relax, and remember. You're about to rediscover exactly what Eastern meant to you, and the impression it left on your life one page at a time.





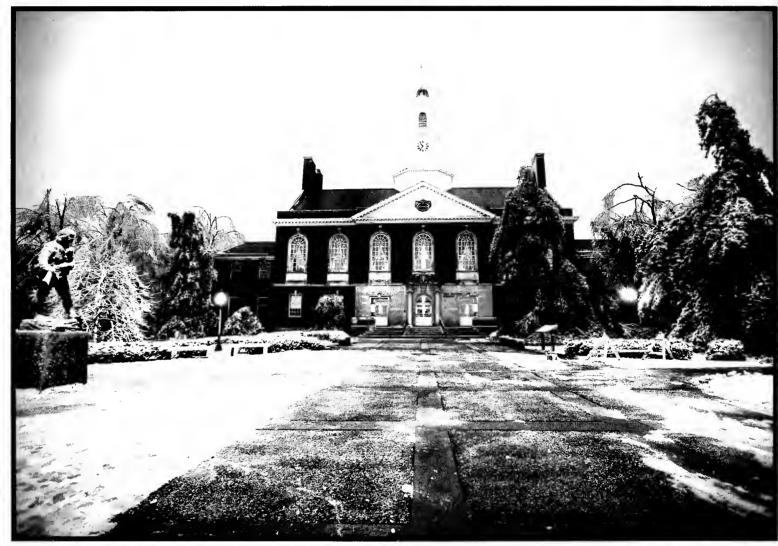














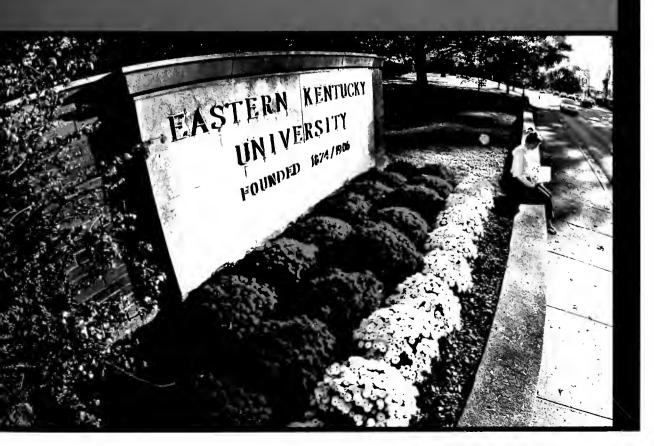


LASTING

Im · pres · sion [im-presh-uhn] noun

- 1. a strong effect produced on the intellect, feelings, conscience, etc.
- 2. the first and immediate effect of an experience or perception upon the mind; sensation.
- 3. the effect produced by an agency or influence.
- 4. a notion, remembrance, belief, etc., often of a vague or indistinct nature.
- 5. a mark, indentation, figure, etc., produced by pressure.
- 6. an image in the mind caused by something external to it
- 7. the act of impressing; state of being impressed.

Courtesy of Dictionary.com



M R E S S O N S

Corbin Regional Campus



The hustle and bustle of Eastern's main campus isn't for everyone, and that's more than ok. Eastern has several regional campuses to accomidate a wide range of students, but none more beautiful than the Corbin Regional Campus.

Located nearby one of Kentucky's most beautiful natural wonders, Cumberland Falls, the Corbin campus is the largest of Eastern's regional campuses. More than 450 graduate and undergraduate classes are offered there each and every year.

The campus strives to provide convenience to students above all else, and offers classes morning noon and night to accomidate both traditional and non-traditional students.

The state-of-the-art facility was built in August of 2004 and is approximately 36,000 square feet. It features 26 classrooms, two science labs and three computer labs for students to use at their discretion.

The campus also has its own bookstore, advising and financial aid consultants.

Some may be tempted to think student involvement is difficult to come by at regional campuses like Corbin, but many opportunities exist for students - particularly in the criminal justice field. Alpha Phi Sigma, a criminal justice honor society, Lambda Alpha Epsilon, another criminal justice society each have a presence on campus. As it is Eastern's Program of Distinction, the opportunities for criminal justice students should come as no surprise.

For others looking to get involved, however, Eastern's Student Government Association is always searching for extended campus representatives. Representation in this way is a struggle for SGA, and active students are always welcome to join and participate.

Many students choose to complete their freshmen and sophomore general education requirements at regional campuses such as the Corbin facility, and it's not hard to see why. One trip to Eastern's Corbin campus will make it clear that Eastern's "Campus Beautiful" slogan definitely applies.



Though it has been open for education since 1992, Eastern's Manchester campus received a major upgrade in 2008 and 2009. The brand new facility in Manchester represents Eastern's commitment to providing educational opportunities all over central Kentucky, and is truly a marvel.

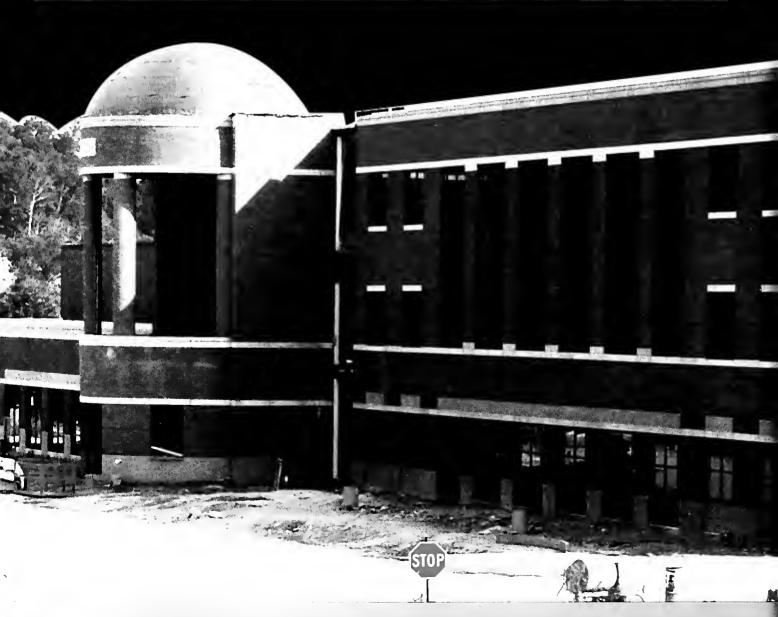
Opened in spring of 2009, the facility houses more than 300 students each semester, free to choose from more than 90 classes.

As with the other extended campuses, the appeal lies in the system's flexibility. A student's age can range anywhere from 18 to 80, each pursuing his or her degree on his or her own terms. Many who choose to attend regional campuses like the Manchester campus continue to hold part-time or full-time jobs, and seek their degrees in their spare time. The ability to do so is one of many things that make the Manchester campus so alluring.

Of course, having a brand new facility helps, too. Construction on the Manchester campus began in October of 2007 and wasn't finished until February of 2009. The facility is 48,636 square feet, nearly 12,000 square feet more than the Corbin facility built in 2004. It is three floors and houses 15 classrooms, wet and dry science labs, 17 offices, a bookstore, and a 5,200 square foot meeting space. It is a sight to behold, and a very impressive facility.

The Manchester facility provides students the opportunity to pursue a degree in the heart of the Daniel Boone National Forest area, a beautiful and scenic region of Kentucky that's perfect for outdoor activities like hunting, fishing, and hiking.

Thousands of students have been drawn to the scenic Manchester campus to pursue degrees in business, education, social work, psychiatric nursing or numerous other areas, and with a brand new facility in place, Eastern hopes thousands more will come in the future.



Manchester Regional Campus



While it might not be known for its scenic beauty like Manchester or Corbin, Eastern's Danville regional campus serves its community of students just as faithfully.

The communities that surround Danville find the same opportunities to pursue academic degrees, as well as the same flexibility and affordable access that makes Eastern's regional campuses so appealing. Opened in 1994, the campus features a library resource area, Internet access and free tutoring to enrolled students. It offers more than 130 classes on site each semester, 40 more than the Manchester campus. Like Manchester, Danville specializes in degrees in business and education, as well as the new General Studies Bachelor's at Eastern.

Scheduling is flexible here, as well, as many students who attend the campus also hold jobs or have families. Interactive media classes are also popular at Danville and allow students to learn via internet broadcasts in the comfort of their own homes.

Of the 15 classrooms at the Danville facility, two are computer labs for student use. Also for student use is the free face-to-face tutoring for math classes, and resource videos for subjects like psychology.

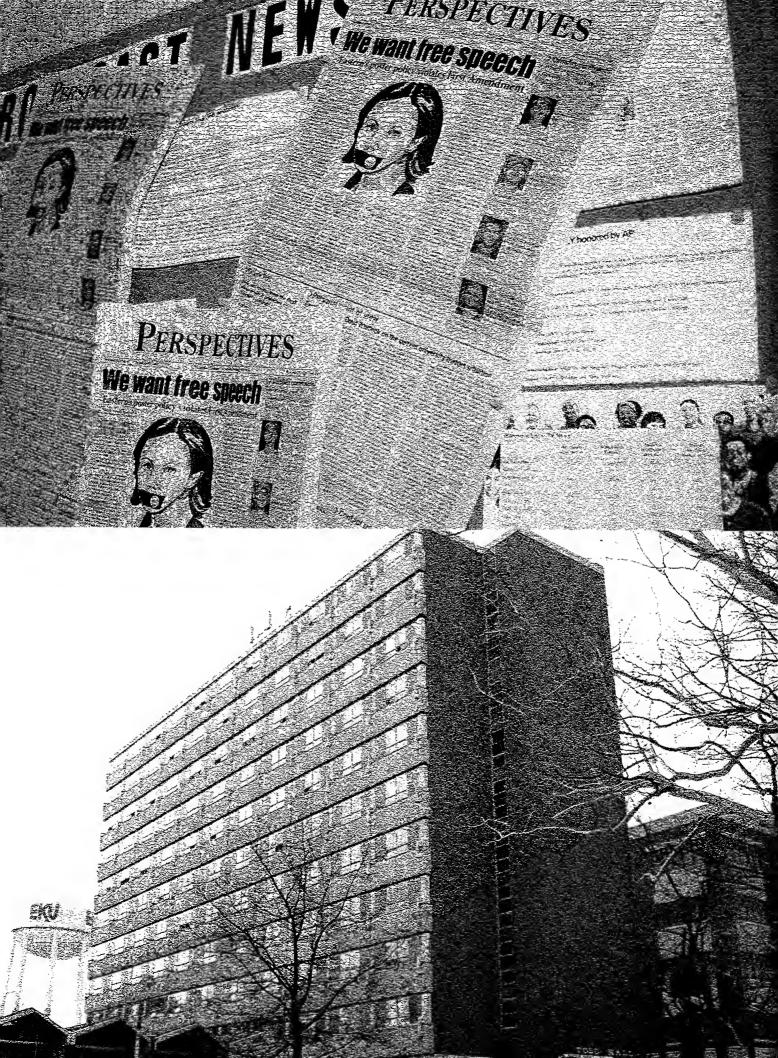
For students looking to get involved in campus activities, even at regional campuses, the Student Government Association is the perfect place to start. The Danville campus offers great opportunities for students who want to participate in SGA.

For thousands of students, the Danville campus presented the opportunity to further their education. Whether it's done in Danville, Manchester, Corbin, or Richmond, that's what Eastern is really all about.



Danville Regional Campus





Campus Issues



Help keep the campus beautiful!

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The Fight for Freedom

In any election year, political issues frequently take center stage on college campuses. It wasn't until February of 2009, however, that the issue of free speech on Eastern's campus became a hot-button issue.

Eastern's Student Government Association had been concerned with the university's posting policy for years, and with help from the *Eastern Progress*, finally brought the issue to the attention of the student body.

Early in February, the *Progress* published an editoral entitled "We Want Free Speech," which summarized the unconstitutional restrictions on free speech the posting policy represented, and called for action.

The policy requires students that wish to put flyers up around campus to limit their postings to only advertise events sponsored by registered student organizations (RSOs), which require a faculty mentor. In addition, the flyer must have a contact information. Finally, the Office of Student Life must approve the flyer and stamp it before it can be posted. All three restrictions infringe on a student's individual freedom of speech.

The RSO sponsorship requirement means that if you have something to say, at least five other people must agree to form an RSO before your posting can even be considered. One of those five must be a faculty member at Eastern.

As for the contact requirement, the Supreme Court ruled that anonymous speech is protected, but is eliminated when contact information is required on the posting.

Finally, the Student Life stamp, though officials insist it has nothing to do with content regulation, is still an issue of restraint. Many officials had been openly concerned with content regulation - expressing concerns about what will be posted, or the fact that anyone can post anything, no matter how controversial, for example.

Within days of the editorial's publishing, a Facebook group entitled "EKU Students for New Free Speech Policies" was created and swelled to more than 275 members in the following weeks. Student organizers met and collected issues of the *Progress* to post on bulletin boards all over campus, proudly demanding, "We Want Free Speech." For the rest of the semester, students and faculty alike broke the posting policy by hanging the editorial page of the *Progress* all over the university.

Students stayed active, writing Letters to the Editor about free speech, engaging in discussions on discussion boards online and submitting columns for publication in the *Progress*. Eventually, their voices could no longer be ignored.

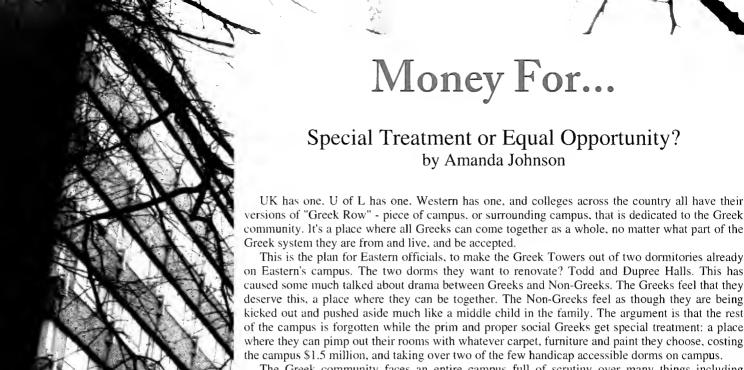
In April, the Facilities Usage Committee voted to support a new draft of the posting policy - one that would provide unrestricted bulletin boards around campus for anyone and everyone to use. The boards would require no approval, no contact information and no sponsorship of any kind. The only restrictions would be to limit thes postings to specific bulletin boards, a constitutional time, place and manner restriction. Other boards around campus would be labeled departmental, building and campus information boards to eliminate confusion.

It seemed the students cries had been heard. The policy was required to be posted online for 30 days so the campus community would be able to review it. The period of review ended on May 2, though no conclusion will be reached until early in the fall semester of 2009.

With any luck, the policy will be approved and Eastern will begin making strides in favor of student expression. Making all of campus a free speech zone is the next hurdle for SGA and the student body to tackle, but a victory on the posting policy in 2009 would be welcomed.







everyone that they come into contact with?

where they can pimp out their rooms with whatever carpet, furniture and paint they choose, costing the campus \$1.5 million, and taking over two of the few handicap accessible dorms on campus.

The Greek community faces an entire campus full of scrutiny over many things including paying for their friends and hazing students in harsh manners. At least in the dorms they should be able to feel comfortable and welcome, instead of being whispered about as they walk into their dorm building for wearing their letters or acting a certain way. Sure, as college students, we are told that we should be accepting of everyone, but who truly stands by this? Who truly accepts

It is not one-sided; the Greeks do not exclude certain types of people on their own, and both sides are equally discriminatory of each other, for the most part. I am not saying that these two sides can't, and don't, get along. I am simply stating that the Pro-Greek and Anti-Greek are equally antagonistic towards each other. This issue isn't black and white, and there are kinks to be worked out, including the placement of the handicap students who need Todd and Dupree to live in.

Regardless of where Eastern's officials would have decided to renovate and turn into a Greek community, the campus would still argue that it isn't fair. Face it, no matter where the Greeks live someone would have been kicked out. Someone will ultimately cry that it is unfair that the Greeks get special treatment, and that in a place full of diversity we are segregating an entire group of students.

But do we not as students segregate ourselves anyway? Do you sit with different people than you? People with different beliefs and ideals? Or, do you sit with those that have the same beliefs as yourself? Before the Anti-Greeks start preaching about what is fair and unfair or about the segregation of a group of students, maybe they should take a closer look at their circle of friends. Many will see that we already segregate ourselves from those we don't know or don't understand. We spend our time texting on our cell phones, headphones in, oblivious to those around us that we could learn from. Eastern students are all guilty of segregating ourselves from uncomfortable situations and people we do not know.

Accept that you live more comfortably with those you have many things in common with and give the social Greeks the same courtesy.

Greek Towers

Nothing?

Exclusionary Housing for Exclusionary Societies by Ivy Brashear

I figured it up. The renovations for the Greek Towers will cost Eastern \$1.4 million plus \$5,000 er floor in Todd and Dupree for personal renovations, which amounts to \$1,510,000 total. With nat much money, I could send 248 people to Eastern tuition-free, buy 5,033 groups of textbooks at n average price of \$300, pay for 60,400 tanks of gas, buy 2,157 laptop computers at an average rice of \$700 or even give every student on campus \$94 apiece.

Unfortunately for us, the lowly student body, Eastern's administration isn't very philanthropic. m guessing the powers-that-be forgot about that new science building we were all promised and bout the Eastern community as a whole. How can a liberal arts college, where diversity is held up s supreme, possibly justify the segregation of an entire group of students from the rest of campus? What about the hundreds of students living in Todd and Dupree that will be kicked out, eminentomain-style, once renovations of the towers begin? And what's more. Todd and Dupree are two of ne very few handicap-accessible dorms on campus. Then I remembered that the students to benefit om this decision are the social Greeks, and everything about this mess began to make sense.

It's no secret that the social Greeks are pampered, primped and polished versions of true ctivists. They live on pimped-out floors in dorms that they decorate with their own choice of aint, carpet and furniture, where they sometimes have suites rather than typical dorm rooms.

Let's not forget that the entire existence of social Greek organizations is built upon the premise nat they will be exclusionary societies: they have secrets that no one else is allowed to know, they on't let in open gays or lesbians or people that don't meet their specific definition of pretty or andsome, and they pass over people that don't dress like them or look like them. Now Housing ants to group all the Greeks into the same little corner of campus - off by themselves because astern doesn't understand that getting a fair and eye-opening education doesn't end when you eave the classroom buildings; it continues in all aspects of student life, including living situations.

I don't blame the social Greeks themselves for this decision. This is the housing office's fault. and I don't mean to diminish the philanthropy work that the social Greeks do accomplish. They aise tons of money every year for really great and helpful organizations. And, of course I don't ntend to say that all social Greeks feel like they are better than everyone else. After all, you can't idge an entire bushel of apples based on a few rotten ones. I'm just trying to point out that giving ne Greeks an entire section of campus to themselves is not easily justifiable.

College is a place where students should allow their minds to expand, experience diversity in thers and come to some higher understanding of life and the world as a whole. We're supposed to e open-minded so that we might become well-rounded and adapt to a quickly changing world. We houldn't have to encounter class systems that are created by our college administration.

Yeah, the social Greeks had no say in this decision, but clearly they have nothing to complain bout. They are getting a section of campus all to themselves, newly renovated dorms and some noney to play with. They have no reason to feel victimized here. Maybe they can tell the people ney're kicking out the Greeks are victims, but I wouldn't recommend that until they've moved into neir Greek Towers. That way they will have somewhere to run and hide from the rest of us.



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Eastern struggles to stamp out hazing after student is hospitalized

It doesn't take long for any college student at any university to hear whispers about the darker side of college life. Whispers aren't always true, of course, especially because swapping stories quickly becomes a childhood game of "telephone." But college does have an ugly side, and it occasionally rears its head.

Police reports in the *Progress* are usually a good place to find the kind of trouble that is ubiquitous on college campuses nationwide. Eastern isn't immune to the problems that plague universities in general students hopping into their cars after nights downtown, a charge of possession every once in a while, and, every great once in a while, a bout of hazing.

In March of 2008, a Greek organization at Eastern found itself on the receiving end of one of the messiest hazing cases in the school's history. Three members of the Kappa Alpha Psi fraternity eventually pled guilty to hazing an Eastern student an act that led to the victims hospitalization for kidney failure.

The case made headlines all over Kentucky and made Eastern a temporary poster child for the dangers of hazing on campuses.

In June of 2008, after a university investigation determined the hazing had, in fact, taken place, Eastern suspended Kappa Alpha Psi for eight years.

The effects of the case lingered throughout the fall semester of 2008. Eastern welcomed Rick Barnes, a professional lecturer on college issues like hazing, in October. Barnes spoke to all Greek and Eastern athletic program members in an attempt to undermine any future incidents.

The three accused Kappa Alpha Psi members went to Madison County court in January of 2009, where they pleaded guilty in exchange for home incarceration sentences. The most severe sentence was 100 days of home incarceration; the least severe was 30 days. The third student received 70 days.

Though the case was wrapped up less than a year after the hazing event took place, it still made an impression on the campus community. If nothing else, it reminded students and the university that efforts to stop hazing are necessary, and the topic needs to be removed from the shadows. Eastern is taking steps in the right direction, but the Alpha Kappa Psi case of 2008 represented a sizeable speed bump.





Left: Eastern workers were forced to chainsaw dozens of trees on campus after the ice storm in January. The trees damaged a great deal of campus property and were considered dangers to students.

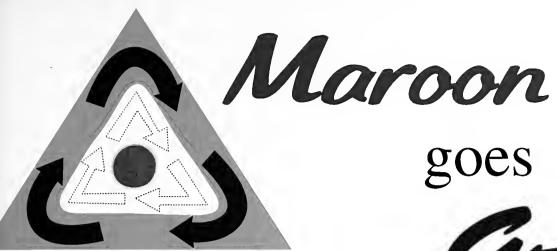
Below: Laura Regan, a sophomore from Cincinnati, takes advantage of the increase in bike racks at Eastern in 2008 and 2009.



Above: Junior Sarah Carty sorts recyclable waste from garbage during the Campus Clean-Up event. The event was part of Earth Days. which ran through the month of April.

Right: A Facility Services employee loads tree limbs into a wood chipper. Trees at Eastern and all over Richmond were devastated by January's ice storm, making things far less "green" in the spring of 2009.





There's a pretty good reason Eastern is known as "campus beautiful," as a walk around campus indicates. Eastern puts a lot of effort (about \$100,000 dollars worth annually) into maintaining its beautiful exterior. That money goes towards the flowers that bloom on campus year-round, as well as the planting of new trees and the maintenence of older trees.

This year, however, keeping Campus Beautiful became much more expensive. The infamous ice storm that struck in January ransacked virtually all living plants at Eastern and destroyed dozens of trees that had been growing on campus for decades. The clean-up was extensive and expensive, costing nearly \$100,000 dollars of damage to trees alone. Luckily, Eastern secured a disaster relief fund that will reimburse 75 percent of that money.

Still, areas of campus known for their scenic beauty have yet to recover. The Ravine, in particular, is sadly barren, as so many trees were deemed hazardous and chainsawed to the ground. The famous shrub canopy at the top of the amphitheater was another casualty of the storm, and, for now, the campus landmark and popular lounge spot appears naked.

As Eastern struggles to remain beautiful on the outside, it's taking huge strides to beatify from within. Global warming has become a huge concern world-wide, and through an increased partnership with Siemens Building Technology, Inc., Eastern has sought to do its part in reducing carbon emmissions. Eastern's contract with Siemens is an attempt to increase sustainability, and is one of the largest sustrainability projects in Kentucky. According to the Eastern Progress, Eastern's carbon reduction will be comparable to growing 37,000 acres of forest, removing 9,832 cars from the road, or not using 105,000 barrels of oil.

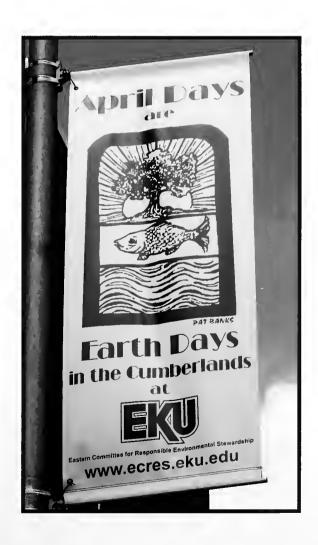
The partnership appears to be mutually beneficial and economically wise for Eastern, as well. Eastern is saving nearly \$6,000 dollars a day thanks to its energy-saving partnership.

Other environmental projects have been implemented this year as well, including the conversion of Eastern's recycling trucks to run on vegetable oil leftovers from Powell. In addition, campus police added an electric motorcycle to its vehicles, making Eastern the first campus in Kentucky to do so.

Going green includes creating alternate methods of travel for students, and Eastern is working on that, as well. New bike racks have been added all around campus, and new bike paths are in the works for Kit Carson Drive and Park Drive. Also for bikers, a rental program was tested in the spring of 2009 that gave students the opportunity to rent bicycles for semesters at a time.

Through all of these efforts, not to mention student activism during Earth Days in April, Eastern is attempting to lessen its impact on the environment and promote sustainability. As the world becomes more environmentally conscious, Eastern is attempting to remain "Campus Beautiful" - inside and out.





SIL ife



Tailgating: Style Eastern Style

Get the grill fired up, the cornhole set out, and the drinks in the cooler... It's tailgating time!

The amount of students who show up for tailgating at Eastern is outrageous. For many, it's a main highlight of college, for better or worse.

Incoming freshmen may fear it, or see it as a series of the biggest parties of the year. But too many of these students may have the wrong idea about tailgating.

It's not all about alcohol - far from it. And if you avoid the scene because of it, you might be missing out.

Senior social work major Kurtis Taylor said students' perceptions when they walk into the AC lot for the first time are often wrong.

"It's an event that isn't totally about drinking. It's actually an awesome fellowship because it allows us as an organization to spend time with our brothers, enjoy the beautiful weather, and support our school's football team."

"Truthfully the alcohol isn't really needed, but it's just an added bonus," he said.

There are plenty of students and organizations that don't partake in any drinking activities, of course,

including Campus Crusade for Christ and the Baptist Campus Ministries.

"Tailgating is a time for students to pump themselves up for the home football games and hang out together," said BCM intern Daniel Freeman. "We toss corn hole, play games, throw the old pigskin around, and just chill and cook out."

The fraternities, campus ministries and ROTC are regular attendees to the Alumni Coliseum Parking Lot.

"When game time approaches," Freeman said, "the players walk through the lot of students and we cheer them on before heading to the game ourselves."

Tailgating, like college, is what you make it. Students CAN drink and party, but they don't have to. In the end, it's about having fun with friends and showing off Colonel Pride. The means to that end aren't all that important.

In any case, every fall semester students count the days until Eastern's next home game, and the fun begins long before kickoff.













Top Left: Vera Joiner gets her groove on with friends before a game.
Top Right: Stuart Warren and Eric Leichty play foosball in the AC parking lot.
Center Left: Todd Williams plays cornhole, a

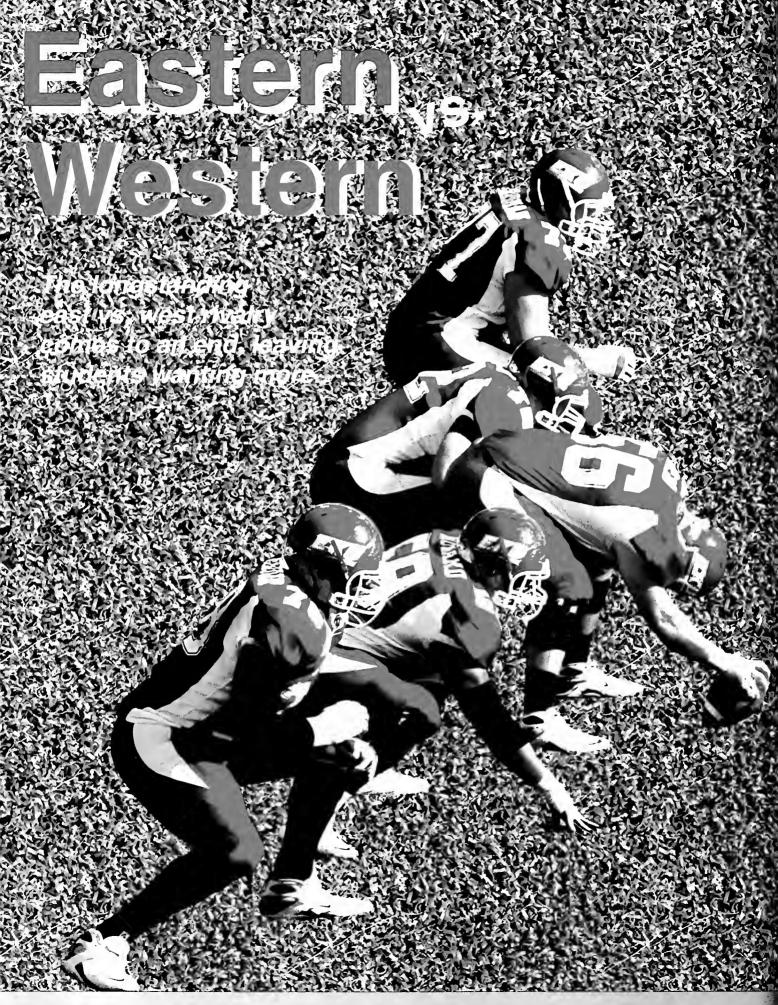
tailgating necessity.

Above: A group of students, complete with Solo cups, pose with the Colonel.

Left: Nothing washes down beer better than junk food and salty snacks.

Far Left: Students in the AC lot declare "Beat Western" for the last time.





Siblings who grow up together typically fight, and sometimes those fights create a rivalry. Sometimes those fights create a bitter rivalry, indeed. This is how the original Battle of the Bluegrass began.

Two siblings grew up a year apart; East and West forever linked. It wasn't long before the schools developed their competitive attitudes through sporting events, particularly against each other. The sport in question never mattered, but football and basketball games were truly special.

The Battle of the Bluegrass between the Eastern Kentucky Colonels and the Western Kentucky Hilltoppers started in 1914. Celebrated as the oldest rivalry for either school, it's also the oldest college football rivalry in the state. In 2008, 84 meetings after the rivalry began, the meeting of Eastern and Western was still the biggest game of the year for either school.

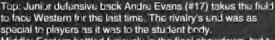
After Western made its transition to the Football Bowl Series this year, the rivalry was proclaimed dead. Students from both schools gave a final hurrah in 2008, knowing things won't be the same in the future. No more "Beat Western" signs, no more storming the field after hard fought victories, and no more Big Red Roasts the week before the games. Students will lament its end for years to come, but some feelings die hard, and it remains to be seen if students' disdain for Western will endure in the years to come.

Eastern and Western are no different from all siblings; the rivalry will always be there. But as each school matures and moves on to bigger things, the original Battle of the Bluegrass will never be forgotten. And somewhere beyond the win/loss column, the trash talk, and the constant contempt for each other all this time, the mutual respect for Kentucky and for each other in the collegiate world will never die.









Middle: Eastern battled furiously in the final showdown, but to no avail. The Colonels eventually fell 37-13 in the final Battle of the Blue grass.

Bottom: The student section cheered "Beat Westom" to their Colonels for the last time, ending an in-state rivalry that began in 1914.



Campus Beautiful turned Campus Disaster

When January rolls around, most people expect cold weather, perhaps accompanied by a dusting of snow.

They don't expect to be slammed with one of the worst ice storms in Kentucky's history.

When Madison County received the storm warning, no one expected to be hit with high winds and sheets of ice so thick they would bring down half the tree limbs on campus.

Eastern's classes were cancelled for an entire week, and students stuck on campus were left to fend for food and entertainment for themselves.

Stores were swamped with people buying generators to power their homes. The National Guard was deployed to help the commonwealth. Even the campus police force was sent into Richmond, including many cadets. Multiple companies came out to help those in need, with some of the volunteers pulling extended shifts out in the cold.

While more than 650,000 homes were without power, Eastern's campus maintained heat and electricity. Some people were without phone lines and Internet, as well. Many at Eastern kept busy on the Internet for a day or so, but it disappeared shortly after the storm hit.

Eastern was a large part of the three percent of Richmond that maintained power. The university offered its unoccupied dorm rooms to those in need throughout the community by setting up short-term living arrangements.

As the week went on, crews were out around campus cleaning up whatever they could. The Powell building remained open to provide food to students while the ice still stuck to the roads.

It was near the end of the week, just as the weather was getting ready to warm up, that the water plant in Richmond issued a boiled water alert. That included Eastern's campus.

The damage from the storm carried on for months, as did clean-up efforts. Trees were left down in some places. Campus also lost many trees and many limbs to the storm. Damage to the Ravine was most noticeable, as hundred-year-old trees came crashing to the ground.

Classes struggled to catch up after being cancelled for an entire week, and believe it or not, some students were happy to be back in class. They said the experience was surreal, and the return of classes meant the return of normalcy.

It was truly the worst disaster of the decade for Kentucky, and one Eastern students won't soon forget.





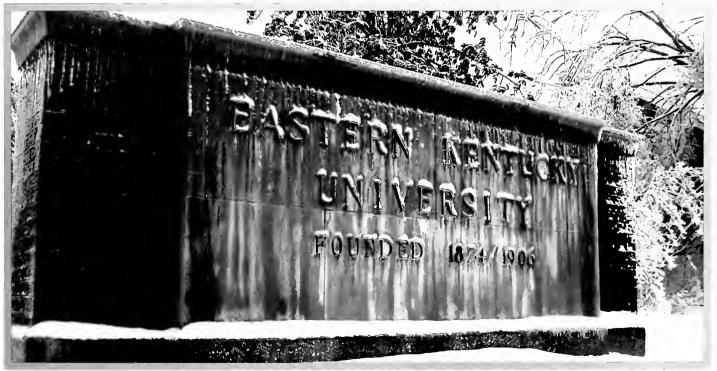






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Closines are 50... Overrated

2nd Annual Undie Run brings Eastern students back to the bare essentials for a good cause

It did not take much for some of the bravest Eastern students to run the naked mile - well, the nearly naked mile, anyway. Students came together and stripped down to the bare necessities at the 2nd Annual Undie Run. The event, which took place on April 30, helped to support the Salvation Army. Runners were asked to wear clothes they wished to donate to the charity, leave them at the starting line and be ready to race in what they had left.

This year's one-mile route started at the Daniel Boone statue in front of the Keene Johnson building and circled campus twice. Runners gave students all over campus an eyeful, from University Drive to Roy and Sue Kidd Way to Park Drive. Leading the herd of nearly-naked Colonels after two laps around campus was Colin Reusch, who proudly took the win wearing only his boxers. Runners were each given a 2009 Undie Run T-shirt to commemorate the run once they crossed the finish line.

The band Florez performed for students in the Ravine after the race, which nearly doubled its number of participants from last year. If the trend continues, the Undie Run will look to remain a campus tradition supported most by those running with very little "support" to speak of.



Before the race began, contestants stripped down and hung out. The pile of clothes seen here in the background was donated to the Salvation Army.







Top: After a countdown by the crowd, the runners take off for their first lap around campus.

Above: Runners round the corner in front of Case Hall before reaching the finish line.

Left: Graduate student Colin Reusch strikes a pose after winning the 2nd Annual Undie Run.



Cabaret

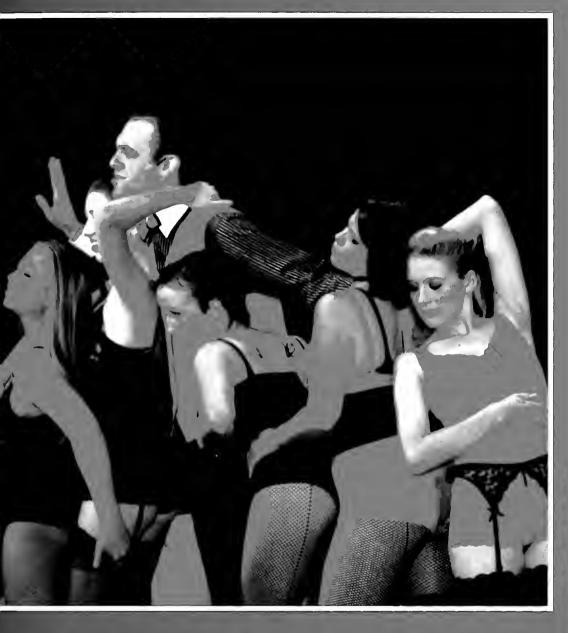
Easten's finest thesbians come together for a scandalous and memorable performance.

Eastern's theater department's run of John Kander and Fred Ebb's Cabaret started on Nov.19, 2008. Cabaret took the audience back to late 1920's and early 1930's Borlin. This time period signated the rise of Hitler, when Germany's society was slowly succumbing to the influence of the the Nazis. In the play, a young, handsome, American writer named Cliff Bradshaw, played by Josh Woodie, arrives in Berlin seeking inspiration to write his new novel. After finding room and board, Bradshaw quickly gets caught up in the exciting nightlife of the German cabarets. He meets and rapidly falls in love with a vivicaious Sally Bowles, played by Lauren McCombs, the star performer at the Kit Kat Klub. The production took audiences through their relationship, a whirlwind of passion and fun. As the story progressed, the couple was faced with the reality that the cabaret nightlife is merely an escape from the approaching storm. Peyton Conley played the eccentric, but nonetheless entertaining master of ceremonies, who oversaw and narrated the play. Conley's uninhibited and rebellious spirlt had the audience doubling over in their chairs with laughter. The cast underwent six weeks of rehearsal to prepare for the musical, and audiences were treated to an unforgettable show.



Above: Melanie Dawn Han, Peyton Conley, and Brenda Waybrant come out for a final round of applause Right Peyton Conley shows off his moves during a dance number in the play





Left. The cast strikes a sensual pose during one of the scandalous musical numbers in the play

Bettom left: Amy Carroll and Tiffany Tierson portrayed members of the Kitten Club, also known as the Kit Kat Ktub

Bottom right. Peyton Conley shows he's got character when straightening up his bow tie during an ensemble





A Step Above the Rest

Eastern ROTC plays a vital role in campus activities

Eastern Kentucky University's Army Reserve Officers Training Corps is a program of dedication, hard work, and discipline. Throughout the year, cadets take in many strenuous activities from three-day field training exercises to interactive Junior ROTC programs to constant physical training. The cadets in the program can be seen around campus in uniform on Thursdays preparing for training, tailgating with students at football games, and celebrating Veterans' Day events. The program is focused on training military officers who will commit to serving the Army after completion of their degree at Eastern. The cadets take pride in learning the leadership values of an Army officer and serving as living examples of Army values on campus.

The AROTC is devoted to teaching their cadets the history of the American military, Army warfare and tactics, and the values it takes to become a future leader of the Armed Forces. During the summer, many cadets continue their training in Army schools such as Airborne, Air Assault, and Sapper. The corps of cadets is diverse, ranging from prior active duty soldiers to new incoming freshmen learning the Army lifestyle.

Throughout the year, the program introduced many new challenges for Eastern. It started its first "Run for the Gold" five-kilometer run. The competition invited other ROTC schools, Kentucky National Guard, and students to compete in the event for prizes.

The program also began its first combative club, which teaches the cadets to test themselves to overcome their opponent in a variety of fighting styles. The AROTC program has also reached out to the campus in its efforts to increase school spirit through their RAIDER team, which can be seen at many athletic events in body paint and their uniforms. The program has many supporters from high schools around the state, and many compete in the annual EKU AROTC Drill competition for high school students.

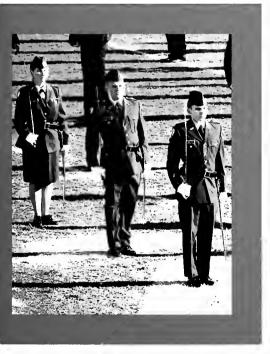
It's no surprise the AROTC program is dedicated to hard work. The program has established itself as one of the nation's top ROTC programs, competing against other schools in events such as physical fitness, drill and ceremony, and military leadership. Cadets are also students, of course, and can be found in virtually every department on campus while they pursue their degrees. What makes them different is their shared dedication to serve in one of the world's greatest militaries. The cadets at Eastern take pride in accepting the challenge to serve the needs of the AROTC program and, in the future, the needs of the Army.



ROTC members show their strength by competing with the scoreboard at every home game.



e AROTC's RAIDER team attends every Eastern home game and is a fan favorite among students and community members.



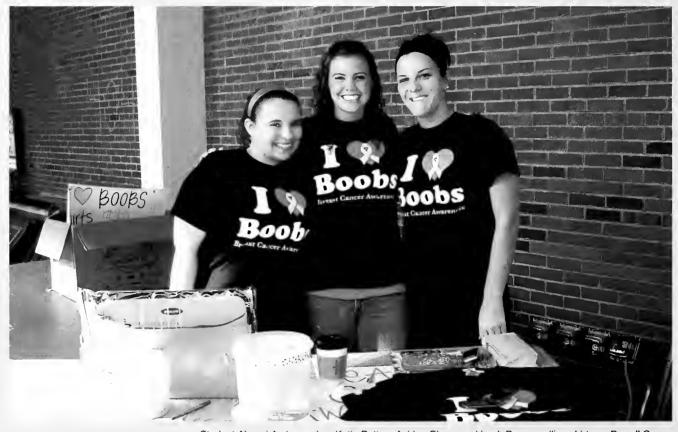
anding tall and proud, ROTC members take a field in full uniform for pre-game activities.



Painted ROTC cadets take a break from their push-ups to watch one of Eastern's home football games.



"Save Your Tatas"



Student Alumni Ambassadors Katie Patton, Ashlee Clegg, and Leah Barron selling shirts on Powell Corner.

Students show they care during Breast Cancer Awareness week and beyond.

Eastern students sporting shirts sold by Student Alumni Ambassadors keep the message plain and simple: "I Heart Boobs."

Funny as it may be, the shirts are part of a serious philanthropic movement at Eastern.

On Eastern's campus, students from a variety of organizations spent a great deal of the year raising money for breast cancer awareness through an array of efforts.

In the 2008-2009 school year, Cheer for the Cure sponsored several events to raise money for breast cancer awareness, including Date for the Cure, a dating auction for Eastern students which ended with a group date for all the winners. Cheer for the Cure also sponsored an event that shared its name, a cheerleading competition for high school students.

The Cheer for the Cure committee also sponsored a tea party and carnival to raise awareness with proceeds going to the Susan G. Komen Foundation.

Another organization on campus that also actively took

part in raising money for this cause was the Student Alumni Ambassadors.

For the first time, SAA designed the aforementioned tshirts to sell during Breast Cancer Awareness week in October and again in April.

Sponsors were found to offset the cost of production, and 60 percent of the profit from each t-shirt sold was donated to the foundation.

Other efforts included a raffle for a pink laptop carrying case, in conjunction with the EKU Computer Store, and donations from faculty and staff in order to wear jeans on the Friday of awareness week. This effort came with support from President Doug Whitlock.

It's easy for college students to get overwhelmed with exams, work and other commitments, but there's always time to support a good cause. All the efforts by Eastern students to raise breast cancer awareness show that at Eastern, students aren't always caught up in their own problems.

Students know that our only hope for finding a cure is to do it together.



Students scope out their options in the SSB Auditorium at Date for the Cure.



Alex Krallman, Whitley Hodge, and Kara Coltharp show their support at the Cheer for the Cure Tea Party.



Cheer for the Cure committee member Anthony Whitaker escorts Katie McBride at Date for the Cure.



Student Alumni Ambassadors show off their "I Heart Boobs" t-shirts they sold to students on Powell corner.



Sporting their pink, a table full of girls takes part in Cheer for the Cure's Tea Party.



Home Sweet HOMB coming

Time-honored tradition brings Alumni and current students together for a weekend of celebration.

The Colonels stepped up to "take back our 'hood" from the Eastern Illinois Panthers during this year's homecoming game.

The Homecoming festivities started bright and early with Saturday morning's parade. Sororities and fraternities teamed up to build some amazing urban-themed floats. The marching band and color guard put on a great show, and the candidates for king and queen rode atop shiny convertibles, smiling and waving to the crowd.

Shortly after the parade ended, students returned to Alumni Coliseum's

parking lot to participate in the timehonored tradition of tailgating. The Colonel fans were fired up for the game, and the music blasting from the DJ booth transformed the parking lot into one tremendous party.

It seemed every campus organization had a presence in the lot. The Alumni Services tent offered free food and set up Guitar Hero for the eager crowd. Student organizations from the College of Justice & Safety competed against each other in the Homecoming 500 Tricycle Race, with The Association of Fire Science Technicians winning the \$100 grand prize and Lambda Alpha Epsilon finishing a

close second to win \$50. As game time approached, many Colonel fans headed to Roy Kidd Stadium to get the best seats for the game. The student section was out of control, cheering the Colonels to a 17-0 lead at the half and an eventual 20-7 victory.

At halftime, the candidates for Homecoming king and queen were presented. Cory Clark from the National Panhellenic Council and Amy Gruenwald from Kappa Alpha Theta received the honor of being 2008's Homecoming King and Queen.







pp: President Doug Witlock posing with the 2009 omecoming Queen and King, Ms. Amy Gruenwald and Mr. ory Clark.

ar left: The royal Homecoming court poses for a picture ter the 2009 king and queen are crowned.

off: The Eastern football team battles its way to victory in its omecoming match-up against Eastern Illinois.

ght: The Colonel excites the students as they cheer their am to a win.







Controversial concert brings rock to Brock

It was a long night of music for concertgoers attending Eastern's spring concert. The sold-out crowd trickled in as the doors opened to see the four-band show featuring Hinder, Theory of A Dead Man, Black Stone Cherry and The Veer Union. The line up ensured the audience got enough bang for their back.

The Veer Union kicked things off with their Canadian rock sounds and set the stage for Kentucky hatives back Stone Cherry.

' it was hard to tell who the crowd was actually there to see Hinder or Theory of A Dead Man's.

performance, the crowd thinned out substantially. Hinder fans didn't seem to mind the extra room to rock. Some fans were left disappointed or frustrated when they tried to take pictures of the bands. Fans were told no cameras - including cell phones. After much scrutiny and criticism over SGA's spring concert choice, it proved to be a full night of music and mayhem that left the crowd wanting more.

"The bands were all-awesome," Associate Vice President for Student Activities Council Sarah Carty said.

"It was definitely a great concert to end an amazing year," she said.

Above. The crowd goes wild as Hinder takes the stage and plays one of melt hits.

Above: A packed crowd in Brock Auditorium cheered for Hinder and Theory of A Dead Man

Left. Guitarist Joe Blower Harvey Impresses the crowd with his instrumental falent.





Top: Discension students and faculty experienced the inauguration first-hand as part of a trip sponsored by Eastern's African/African-American Studies Program. Right: Students and faculty put classes on hold to watch the inauguration all over campus, including the Crabbe Library. Above: The 14th President of the United States of America, Barack Obama.



Presenting President Barack Obama

On January 20, 2009, an estimated 2.5 million people poured into the National Mall in Washington D.C. to witness history firsthand. They stood for hours in subzero temperatures for a chance to see something they would never forget while millions more nationwide gazed at television screens, equally captivated.

On that day, Barack Obama became the first African-American president of the United States. Many Eastern professors with classes scheduled during the event postponed or cancelled them. Students and professors alike gathered in front of almost every television on campus, most notably those in the lobby of the Crabbe Library.

As Obama addressed the nation for the very first time as President of the United States, Eastern was all ears. Americans from all walks of life were frozen in place, hanging on every word, understanding that what was said then would likely be remembered for generations.

At Eastern, black students knew it. White students knew it, too. Students from all backgrounds and majors stood shoulder to shoulder while Obama addressed them.

So did the people in D.C. as their faces appeared on the televisions. The same was true for the people shown in New York City, and for those in Chicago and Los Angeles and everywhere in between.

The nation became a single, captive audience, and it was an incredible sight.

Anyone who stood comfortably beside strangers, gazing intently at a television, will remember that moment. They will remember that moment, when the nation stood still.

Barack Obama had been America's Commander-in-Chief for less than 5 minutes when he first achieved some semblance of unity.



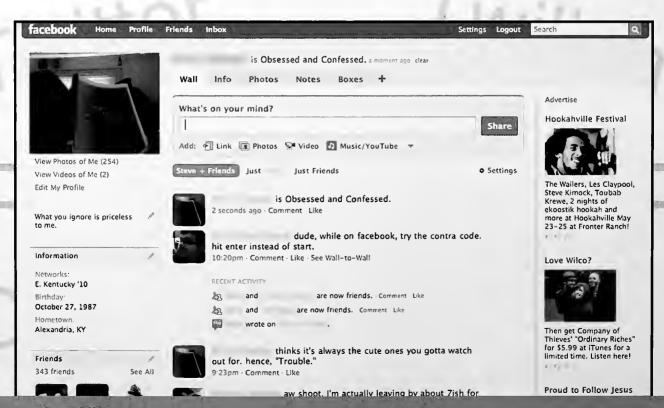


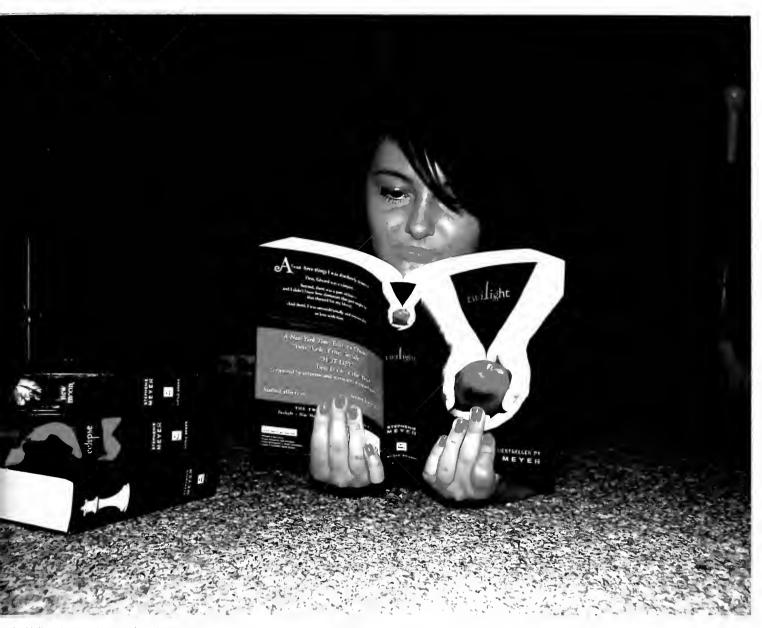
There are some things that college students just can't live without...

You can't walk into a computer lab on campus without seeing Facebook up on dozens of the screens. It's nearly impossible to walk to class without seeing countless cell phones glued to students' ears. And a female residence hall without slews of Twilight posters taped to the walls of the rooms simply no longer exists.

There's no denying it. We confess, we're obsessed. From the laptops that seem to contain our lives to the cameras that we use to record them, from the Web Sites we visit endlessly to the coffee that helps us stay up to do so, there are simply some things Eastern students are convinced they couldn't live without.

The University knows this well, caters to students' obsessions and manages to turn a buck or two at the same time. Eastern's campus now features three coffee vendors, including the new Starbucks in Weaver, to appease the students' cravings. Also, an on-campus computer store located in the Student Services Building allows students to print pictures from their digital cameras, purchase different items for their laptops, and much more. The Campus Bookstore always makes sure they have the hottest books in stock for students to easily purchase. Almost everything students want and need are right at their fingertips on Eastern's campus.

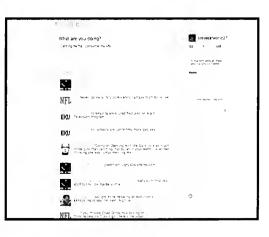




narity Holbrook, a sophomore from Lexington, nows off her obsession with the popular willight" book series about vampires and, ddly enough, romance.









Right: Eastern dancer Marantha Schulte studies backstage, balancing student life with student activities.



Below. Lighting effects leave lasting impressions on audiences and transform the pieces into moving works of art





Above: Dancers practice for weeks to perform for eager audiences, their families and their peers.







Above: Guest performers Lakshmi Sriraman and Ashwini Gogate perform a traditional Indian dance piece during the fall '08 performance.

Left: Eastern dancer Kaiti Jones goes through her stretching routine backstage to prep for another night of performances.

Dance Theatre

A Behind the Scenes Sneak Peek

It took 64 dancers nearly four months to prepare 14 dance pieces for four days of performances. And students had four chances to see the end result: the Fall Dance Theatre Concert.

While many fans attend the show semester after semester and offer standing ovations after each performance, they might not know just how much work goes into the show before opening night.

Dance Theatre President Abby Day, a senior music education major, said dancers and choreographers began auditions for this semesters concert in August.

The audition for dancers is similar to the choreographer auditions. "Around 90 students auditioned for a role in the fall concert," Marianne McAdam, dance professor and director of Dance Theatre, said. "We started (auditions) at 8:30 p.m. All the kids left by 11:30, but we were there until 1:30 in the morning deciding."

"We audition each semester for each piece, so we aren't a [dance] company," she said. "This gives a chance for more kids to get involved."

In the fall semester, the group included about 15 new dancers. Kayla Spurlock, a senior music education major and first-year dancer said she became involved in Dance Theatre after watching many performances and seeing her younger sister, Kindra, enjoy participating in it so much.

"She's actually choreographing several pieces this semester, and I'm in one of them. It's really neat," Spurlock said. "It's been a lot of fun to get back to dancing after taking jazz, tap and ballet in high school."

Spurlock said she was excited for the curtain to go up.

"The clogging always brings down the house," she said, "but my favorites are the happy, fun, cutesy pieces that make people smile." Eric Highfield, a senior marketing major, has now been part of the Dance Theatre family for seven semesters.

"All of us have this love of dance, and together, we get to share with others what we love so much," Highfield said. "We stay a family even after the semester is over."

Highfield said he devotes around 16 hours to Dance Theatre in a normal week during the semester, but the week of the concert is a different story.

"I'm doing Dance Theatre for at least 30 hours during the week before the show, but it's not so much of a stress as it is a release for me," he said. "Then it all builds up to two hours of stretching and getting hyped up for the show, putting our hands together for a 1-2-3 snap and getting ready to go on stage."

"I'm nervous until the lights come on and light up the stage and I look out and see the audience," Highfield said. "Then it's show time."







Sarah Carty and Stevie Meek showcase a variety of custom EKU rubber ducks, given away at events throughout the year.



Students indulged in free snow cones under the August sun during new student days. For many, it was their very first taste of free things to come.



Senior Allison Bullins (left) and junior Amy Motheral (right) welcome new students with cups and other freebies during the involvement fair.



Broadcasting major Brandon Turner briefly gave up his First Amendment rights to secure a free lunch as part of the First Amendment Week celebration in April.





Free Stuff!

Eastern is the land of the free where students enjoy all the freebies distributed on Powell Corner and beyond.

There are a lot of perks for students at Eastern - an expansive library, a full-size gym and more computer labs than you can shake a stick at, to name a few. But ask a student what the best perk of college is, and they'll tell you it's the constant barrage of all that is "free."

Free pizza. Free cups. Free candy. Free condoms. Even admission to Eastern athletic events is free. Campus organizations and event organizers learned long ago that if they want students to show up to anything, they had better give them something to walk away with (even if it's just a full stomach).

It shows at events like City Fest, the Student Involvement Fair, Bingo and Midnight Breakfast - some of the most popular student events of the year.

Giving away food is always a good idea. College students are infamously broke, and infamously hungry. Pizza is a popular option, but cook-outs and sandwich lunches in the Ravine are warm-weather favorites.

Students flock to the promise of free food, but one thing and one thing alone can make students jump through almost any hoop: free T-shirts. Entire drawers of shirts can be collected over the course of four years at Eastern. "EKU Intramural Champions," "Get Lei'd Before Spring Break," "Fire Prevention Week" and "Rocksoberfest" represent a mere handful of shirts available any given year, and students will do whatever it takes to get their hands on them. Well, except pay for them, that is. Lucky for them, they never have to.

The appetites are insatiable, the supply of free things never-ending.

It's hard to walk away from anything "free." It's good to know that as long as you attend Eastern, you'll never be asked to, and you can rest assured: there's always more where that came from.



The two largest swag-scoring opportunities of the year for students are Richmond's City Fest and the Student Involvement Fair (seen here), both of which take place in Powell Plaza.



Afsi Siahkoohi, a junior public relations major enjoys a free lunch on Powell Corner as part of a First Amendment Week celebration.





Patrick Graham, Brooke High, and Jacquelyne Roth celebrate the Faddywagun's return.



Students dacked out in green for St. Patrick's day enjoy the outdoor atmosphere on the Paddywagon's patic.

The

Returns

Popular Richmond bar re-opens its doors after tragedy strikes

If there's one thing Eastern students know, it's downtown Richmond. Those over 21 know it like the backs of their hands. They have to if they hope to find their way around after those great nights.

For a night in a hole-in-the-wall, good ol' fashioned bar, look no further than T-Bombs. But if you want something a little nicer and slightly more relaxed (not to mention better furnished), stroll on into the Paddywagon.

The Paddywagon has been a staple of downtown Richmond for some time, and is more than just a bar for members of the community. When it burned down in April of 2007, students were devastated.

In the months that followed, owners Chuck Fields and Greg Ferrell, both professors at Eastern, vowed to rebuild and gave hope to students that one day their favorite "Thirsty Thursday" destination would return.

In June of 2008, their dream became reality. The Paddy Wagon reopened its doors on June 26 and welcomed Eastern students back immediately.

Despite being in a brand new building, the Paddy Wagon has found a way to keep its roots as an old-style pub, and students have embraced its return.

On any given night - not just Thursdays - the Paddy Wagon offers a welcoming environment for students and their friends to sit, drink, and hang out.

That being said, it's also the unquestioned champion of St. Patrick's Day festivities downtown. Students were happy to welcome it back to its throne in style in spring of 2009.

Those who lived through its absence know Richmond wasn't the same without the Paddy Wagon. With any luck, those dark days are over for good.



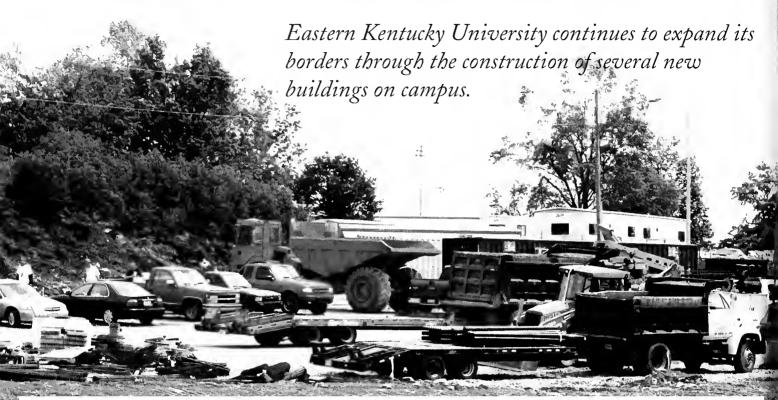
The facade of the newly rebuilt Paddywagon.



A group of Eastern students enjoy the St. Patrick's Day festivities.



Under Construction



Construction is nothing new to Eastern's campus, but just as one project comes to a close, another begins to enhance the quality of student life and education. These days, it has become routine for students to notice big changes from semester to semester.

In recent semesters, the changes have been drastic, but nonetheless beneficial to the students, as well as the campus. Parking lots have been repainted and roads repaved, extra parking spaces created and empty space converted to lots. As any regular student knows, there is no such thing as too many parking spaces on campus, and the need for more only continues to grow as the campus population escalates each semester.

Residents of the recently renovated Clay Hall are especially appreciating the conversion of the old bus lot into a new parking area, conveniently located right beside their residence hall. The restoration of residence halls continues to be a priority on the campus agenda, as Case Hall also benefitted from a few fix-ups. Next year, Walters Hall will enjoy some refurbishing as well.

Powell is a constant target of scrutiny as students find regular changes being made. But Powell isn't the only eating area bringing in a new look. In the fall of 2008, Eastern's grocery store, The Marketplace (known to students as the c-store) compacted its size by a third and continued to prosper even after the closure of Blimpys.

The Marketplace's new look may seem inefficient at first glance, but in reality is much more handicap-accessible to students. The open areas now feature wider passages so students or shoppers with wheelchairs or crutches may better pass through the store.

"It's basically just for everybody to have access to the store," said marketplace cashier Douglas Mitchell.

The atmosphere of c-store is still a relaxing place for students to go, not only to buy groceries, but to meet for study groups, religious studies, or watch movies in the spacious lounge area.

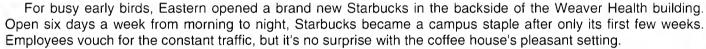




Construction began on the campus' new Starbucks in December. Now finished, Starbucks is located on the back side of the Weaver gym.



The stage is set for the construction of Part II of the Business and Technology Center, which is to include an impressive, high-tech auditorium.



Filled with an aroma so rich customers can taste the coffee in the air, the quaint and cozy shop needed no advertising to get the word out across campus. As the winter months came to a close and the sun came out, students happily enjoyed their iced coffees and frappuccinos on the patio area, shielded by the trademark green umbrellas.

With the summer came further opportunities to make positive changes on campus. Constant e-mails regarding construction blasts around campus and busy bulldozers did not go unnoticed by students.

Eastern employees worked tirelessly to erect better facilities for future semesters. The second phase of the Business and Technology Center will bring a brand new theater for the performing arts, and a state-of-the-art science building behind Clay Hall will draw students from all over the Commonwealth.

"Phase two of the performing arts center is a \$32.85 million project," said James Street, the associate vice president for capital planning and facilities management at Eastern. "And the science building is almost right at a \$64 million building, so it takes longer."

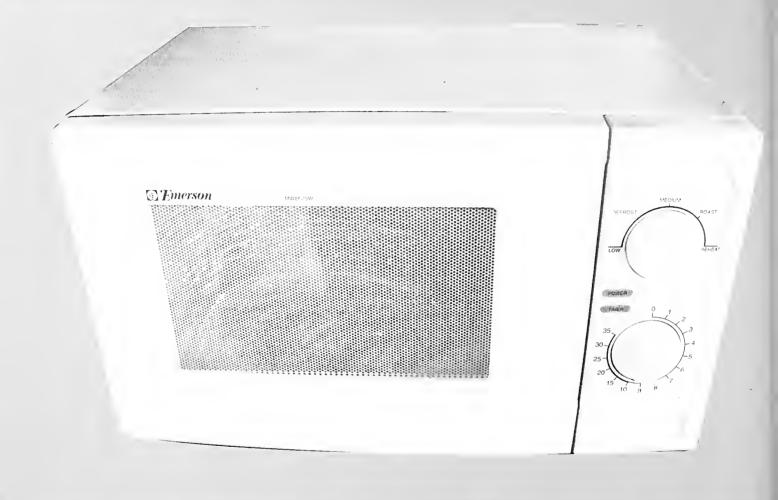
These new building projects are not expected to be completed for a couple of years, but their completion is highly anticipated for future and ongoing students. With each new change, Eastern strives to improve campus life and education, and students continue to reap the benefits.



















"If you can heat it, You can eat it"

Saving many from starvation, a microwave is a student's best friend.

During your first year at Eastern, you've got it made. You might complain about that pricey meal plan you're forced to buy the moment you step on campus, but you'll learn soon enough - you don't know what you've got until it's gone.

With meal plan in tow, you tire yourself out at the Fresh Food Company day after day, eating from station after station until it hurts. You find time to eat three squares a day, because why not? You've already paid for it.

The dining rug stays comfortably under your feet until that second year, when you get reckless and take your chances - surrender that meal plan, and it's you and your microwave vs. the world.

You learn quickly what you can and can't get away with. The fridge is too small, but pizza only lasts so many days when left sitting on the air conditioner unit in your room. Some foods you just don't reheat - like General Tso's chicken or a half-eaten bowl of oatmeal. And it won't take long for you to understand: if the directions say "heat, covered," they mean "heat, covered."

Yes, it's you and your microwave, and the odds are against you. How many days can you eat Ramen Noodles for lunch? Can you do it for 16 weeks? Don't forget you're broke - there's no going out to restaurants five nights a week if you want to keep your bank account out of the red. It's just you and the chef. Chef Boyardee.

Sooner or later you'll broaden your horizens. You'll test that pitiful freezer in your mini-fridge to see what you can keep cold. Hot Pockets? Check. Ben and Jerry's? Soup.

Some students get creative. Melt cheese over tortilla chips for a "meal," or dunk corn chips in chili, just to see. Ever put a potato in the microwave? Well, don't, especially not in the foil. Watch out for Arby's wrappers, too.

If you make it to Christmas break, chances are you know what works. Frozen dinners, microwavable rice, Easy Mac, canned soups and dinners, popcorn and, of course, Ramen.

Sadly, that's about it. But you did it. You took on the world - just you, and 700 watts of culinary power. Eat your heart out, Emeril.

_	Ramen
	Ingredients:
	1 package ramen noodles
	Water
	1) Open package.
	2) Remove flavor packet designed to destroy
	microwave.
	3) Put noodle brick in bowl. Add water.
	4) Microwave until "squidgy" and edible.
	5) Add sodium packet disguised as "chicken
	flavor."
	6) Enjoy?

Lasagna/Ravioli/Tortellini, etc.
Ingredients:

1 can Chef Boyardee Italian-style "dinner"

1) Open the can with the top tab (if no tab is present, you're probably screwed.)

2) Slop can contents into bowl. Dig out with a spoon if necessary.

3) Cover with paper towel if you know what's good for you, and heat.

4) Enjoy.

5) Wash bowl immediately, or suffer the consequences...

Mac and Cheese Ingredients: (Ages 3-11) 1 Package Easy Mac macaroni and cheese (Ages 11-18) 2 Packages (Ages 18 and up) 3 Packages water 1) Open pouch(es) and pour macaroni into bowl. Add water. 2) Microwave for a while. Feels like forever. 3) Stir in "cheese powder" for flavor and orange teeth.

Raising Awareness

Students bring attention to world issues in unique ways

From breast cancer to the treatment of animals, the dangers of drinking and driving to hate crimes, students at Eastern strive to raise awareness about a myriad of issues. Organizations are constantly patrolling Powell Corner and other sites on campus throughout the year holding signs, giving away free food or T-shirts, or even smashing up an old car in order to get their message across.

College students have always been America's champions of social activism, and Eastern students are no exception. Sure, there may be no need to burn draft cards or battle the National Guard in today's America, but that doesn't mean there's no need for activism. While some students may be satisfied merely studying during the week and partying on the weekends, there are many students on the Campus Beautiful who want to do more.

Groups like EKU Pride Alliance, Students for Social Consciousness, Feminists for Change and Genocide Intervention are just a sampling of those organized, created and run by students. These groups take action and the rest of the university takes notice. There's not much chance of avoiding a determined group of students on powell corner who want their voices to be heard or, in some cases, their silence to be observed.

Whatever their mission, whatever their inspiration, students at Eastern are working to make the world a better place and set an example for those outside of the university community. Whether students participate or merely observe, social activism is a part of the college experience.

It seems to happen as soon as students arrive at Eastern: fires are set in their hearts. For many, these fires won't burn out, even after they leave. It's just one more way Eastern leaves a lasting impression.

"How wonderful it is that nobody need wait a single moment before starting to improve the world." ~Anne Frank



A Luau Benefit in the Ravine brings students together in support of Prostate and Breast Cancer research.



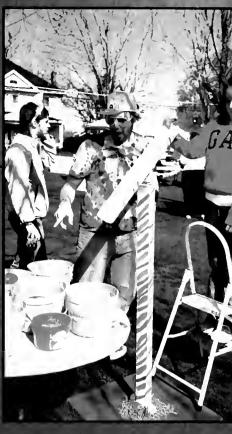
Lambda Chi Alpha's annual Car Smash brings awareness to the dangers of drunk driving.





Holidays away from





Above: Jonathan 'Goose' Goshom volunteers at the City of Richmond's annual Eastern Eggstravaganza.

Left: The Paddywagon Irish Pub is the place to be for students on St. Patrick's Day.

Opposite: The Halloween Ball always draws a variety of unique and exciting costumes.

When it comes to holidays, Christmas tends to hog the spotlight. That sure seems unfair. After all, for many Eastern students it's the only holiday spent tamely huddled beside a fire with their families.

That's fun and all, but holidays spent with friends away from home, on the other hand, are a different kind of fun altogether.

Halloween gives students a chance to dress up and cut loose, especially if they attend Eastern's annual Halloween Ball in the Keen Johnson Ballroom and hit up an afterparty later that night.

Valentine's Day, or "Singles' Awareness Day" as it's sometimes called, gives students a chance to kick off Spring romances while St. Patrick's Day spent somewhere like the Paddywagon gives them the perfect chance to ruin them.

Easter marks the end of the holiday season at Eastern, and allows students to reconnect with their meek side before heading home after finals.

Tame or wild, holidays at Eastern are as exciting as students make them. And students are capable of a great deal of excitement.



A leap of Aleap of Al

For many Eastern students, religion plays a large role in campus life

No matter your faith, belief, way of life or however else you prefer to describe it, there's something for everyone at Eastern. Coming to college is a time of personal exploration, and for some students, the road to self-discovery is best traveled with others who share their religious views.

From Baptist to Methodist, Catholic to Pagan or even non-denominational, one thing holds true on Eastern's campus: when students believe in something, they stick with it. That's not to say students aren't open-minded, but in times of adversity, many find strength in their unwavering religious faith.

Even with so much diversity in beliefs, the campus is still able to come together as one. Though students might not see eye to eye on religious issues, the common bond of being an Eastern Colonel holds them together through their college years.

It's no secret that for some students, their faith defines them. To many, life without a belief in a higher calling seems absurd, and a change of scenery doesn't change that.

Still, to others, the opposite is true. Some students lose their faith as they learn about other religions and ways of life, sometimes for the first time in their lives.

Regardless of what students decide, the choice is theirs alone. The freedom of college extends to religion, and many find that their faith is challenged by new ideas and true independence. Responding to this challenge can be a defining moment in a student's life.

Eastern strives to let students make that choice for themselves, allowing student organizations all over the religious spectrum to have their say.



The Baptist Campus Ministries (BCM)



The Wesley Foundation Christian Student Center



The Catholic Newman Cente



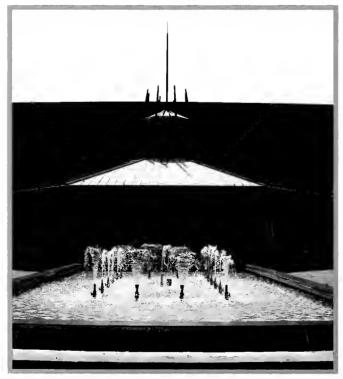


Top: Students prayed for nearly two days in the Mediation Chapel as part of the Forty Hours of Prayer event in March. Above: Britney Gray, Steve Kilburn, and Leslie Fry pray together during a CSF meeting.





(Left to Right) Brittany Toombs, Matt Finley, and Wanda Newman pose for a photo at a Christian Student Fellowship (CSF) gathering.



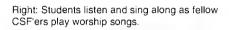
The Meditation Chapel in Powell Plaza provides students a quiet place of solitude where they can escape the hustle and bustle of college life.



"Hank" (seen here) is the Christian Student Fellowship's "love monkey," passed to a different member each Wednesday who has either inspired the group or who needs encouragement.



Above: Christopher Smith sings for the crowd at a Christian Student Fellowship get-together.







Junior Dana Garcia takes time to herself inside the Meditation Chapel. Students are free to use the chapel for religious activities like prayer or meditation, or for much-needed bouts of completely secular rest and relaxation.





What does the term "college professor" bring to mind? Someone in a suit and the front of your class giving a boring lecture? That's an uncommon sight at Eastern, but sterotype persists. Eastern prides itself on having a diverse, interesting, and even "hat Eastern, professors fill their time between classes and office hours with a variety nactivities.

"There's a fine line between being an educator and owning a pub," Dr. Charles Fiel criminal justice professor said. Fields would know: he's also the co-owner of the Paddy Irish Pub in downtown Richmond.

"I've wanted to open a hole-in-the-wall Irish pub forever. About five years ago, Dr. Gr. Ferrell and I invested (in) the Paddy Wagon and it grew more quickly than we ever

Other professors, like Jim Gleason of the communications department, like to rock "I've been playing since high school and have been active as a professional musican central Kentucky for 30 years," Gleason said.

Gleason plays in several bands. He is the lead guitarist and singer for The Johns a classic rock band. He also plays stunt guitar for The Bats, a "rock 'n roll cabaret plad guitar in The Sons of the Frigidaires, a classic rock cover band. To students' d Gleason's bands often play at Richmond bars like Tom Bombadil's, better known Bombs."

With hip professors like these, it's no wonder Eastern students enjoy coming to



►► Entertainers by night.



Left: Dr. Charles Fields, a professor in the criminal justice department, also coowns the Paddy Wagon, an Irish Pub and student hotspot on Main Street.



Fight: Jim Gleason, a professor in the communications department, is in several bands that frequently play clut's and bars around Richmond and Lexington. Here, Gleason plays a riff at T-Bombs, another student feverite downtown.









From under the sheets to — out in the open

Co-eds quickly learn how to co-mingle

Sex. It's the reason parents shudder at the mere mention of co-ed residence halls and why teenage boys can't wait to get to college. Like it, love it, or hate it, sex is a part of college life that can't be ignored. University programs are clearly aware of this fact. Each year, H.E.A.T. (Health Education Action Team) sponsors events such as "Sex and Chocolate," where peer educators come prepared to answer any questions about sex students may have and reward them with chocolate for having the nerve to ask their questions. Another annual event on campus is "Get Lei'd" which occurs just before spring break. This event features free leis, mocktails, and condoms to all students that attend. Even at the end of the infamous 2009 "Undie Run" a student was seen handing out free condoms to participants. Unlike other educational insitutions, universities acknowledge and accept that students are going to be participating in sexual activities. University officials want to make sure students do it in the safest way possible. At the on-campus health clinic, free condoms are available to any Eastern student who wants to make use of them. These efforts are especially important as next year Eastern will have co-ed floors in residence halls for the first time. Though the subject makes some blush, it is clear the best way to prevent students from getting Sexually Transmitted Infections or having unplanned pregnancies is to be open about the issues, just as Eastern officials and organizations have done.



Kelsey Bennet, a freshman nursing major and Mary Turner, a freshman physical education major, slip condoms onto fake penises while wearing "beer goggles" at an event during Sexual Awareness Week.

Did you know... Below are findings from an online survey of 1,051 men and women ages 18-24. of students said they thought they 60% could tell if someone was infected with a Sexually Transmitted Infection. 50% of women said they refuse to 40% have sex if their partner does not wear a condom. of women said they have forgotten to take their daily birth control pill at least three times in the past year.





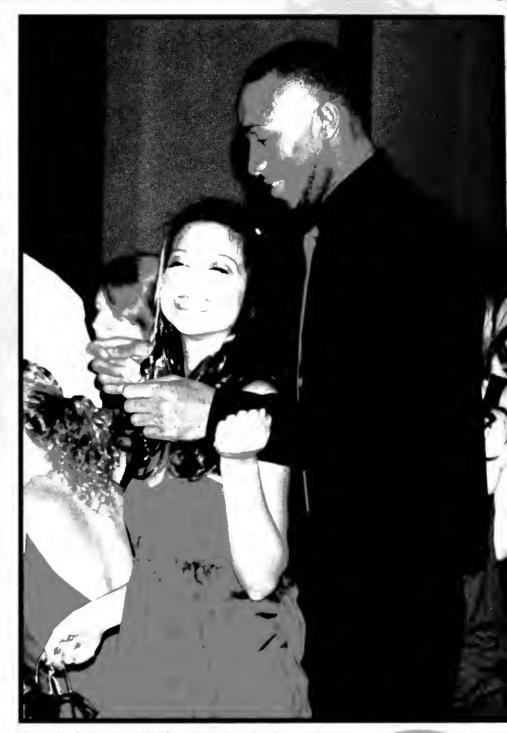


Top: A crowd of students tries its luck at the roulette table.

Middle: A slot machine whirls as an Eastern student

hopes for three in a row.

Bottom: Political science major Zac Caldwell gives the dice a roll at the craps table.



Above: Afsi Siahkoohi and Mike Rose hit the dance floor for a good time.

A Monte Carlo Night





Students fill their cups with punch from the impressive SGA ice sculpture

The lobby of the Keen Johnson Building was transformed into a glitzy and glamorous casino when the Student Government Association hosted the annual Casino Night on March 4. Over 300 students attended the free event and played casino games supplied by GG Greg Entertainment.

Students played roulette, blackjack, slot machines and entered a Texas Hold 'em Tournament. Winners of the Texas Hold em Tournament and other games were awarded prizes which included a camera, gas cards, food gift cards and a Nintendo Wii. SGA spent over a month planning the event.

Upstairs in the Keen Johnson Ballroom it was time to hit the dance floor. This year, the annual President's Ball coincided with SGA's Casino Night.

Chris Pitakos, SGA's Special Events Chair, said the idea of having both events at the same time was a scary thought at first in terms of workload, but in the end, it was well worth it.

"This year's (Casino Night) was more of a success than previous years because it was held during the president's ball," he said. "It gave students a chance to enjoy an evening away from studying."

In some ways, Pitakos said the atmosphere at both events was even better than ever.

"It really made it feel like a Las Vegas casino with everyone playing casino games in dresses and suits," he said. President Whitlock and his wife, Joanne were even seen hitting up the slot machines.

"We sold all of our tickets and it honestly wasn't till the last song that everyone left," Pitakos said. "It was a great event and hopefully will be a continuing event in the future."





Eastern students use tattoos as a means of expressing themselves for a variety of reasons

Part of the college experience is learning to express yourself by any means necessary - including permanent means. Tattoos are as popular as ever at Eastern, and every tattoo has a story, even if the "story" is simply "I was feeling wild," or "It seemed like a good idea at the time..."



Natalie Dunaway, a freshman English major from Richmond, explained that the script within her heart tattoo says "to live" in French, and the dagger through the heart represents overcoming great difficulties in life.



Heather Cundiff, a junior graphic design major from Casey County, said her tribal turtle represents her pet turtle, Fred. Cundiff said Fred is a Red-Eared Slider she found in Florida and brought back to Richmond during the summer of 2008.

Freshman Ashley Payne from McCreary County said her tattoo is in loving memory of her grandmother, and serves as a constant reminder that sacrifice is a part of life. "It didn't hurt as bad as I thought it would," Payne said. "It was totally worth it."





Alisa Vogt, a junior jewelry and metalsmithing major from Lancaster, said her tattoo is a Fleur-de-Lis she got in celebration of a trip to New Orleans and a wedding anniversary in Louisville. Vogt said it was her fourth tattoo.

Wes Schell, a sophomore geology major from London, said his tattoo is his cousin's racing number. A Fox Racing logo and the initials "J" and "S" can be seen as part of a collage of things that remind Schell of his cousin.





Words of Wisdom

Students gather to hear popular professor deliver his "last lecture"

Panic spread amongst the student body as fliers advertising "Dr. Dave's Last Lecture" began popping up around campus. Everyone began asking around to see if their beloved professor, best known for teaching intro biology classes, was really retiring. Students breathed a collective sigh of relief when they discovered that Dr. Dave Eakin's "last lecture" wouldn't really be his last.

The lecture was instead an event sponsored by Eastern's Residence Life Council. The idea came from several other universities that featured one of their most popular professors giving a lecture on life rather than academic material.

Dr. Dave was an obvious choice for Eastern - he often inserts life lessons into his lectures, anyway. Students know Eakin well, and have come to see him as a "father" figure around campus.

Students know his in-class traditions, as well. Dr. Dave famously pauses his classes to clap for loud noises or dropped supplies, and as the event began, a dropped clipboard yielded thunderous applause.

During his last lecture, Dr. Dave said that one of the most satisfying aspects of the event was the response from students who misunderstood the fliers. He said he was touched by the response from those who thought he was actually retiring.

Eakin admitted to shifting into "dad" mode in his classes, trying to give students pointers and make them aware of certain issues. Pointers delivered in his last lecture included choosing common sense over carelessness, remembering good things and forgetting the bad, and approaching life with the knowledge that you won't be around forever.

Dr. Dave amused the audience with anecdotes from his own life, splitting everyone's sides with his everpresent sense of humor.

While students no doubt enjoyed Dr. Dave's inspiring stories, the most inspiring part of the evening wasn't a story at all - it was the fact that Eakin would remain at Eastern for years to come.







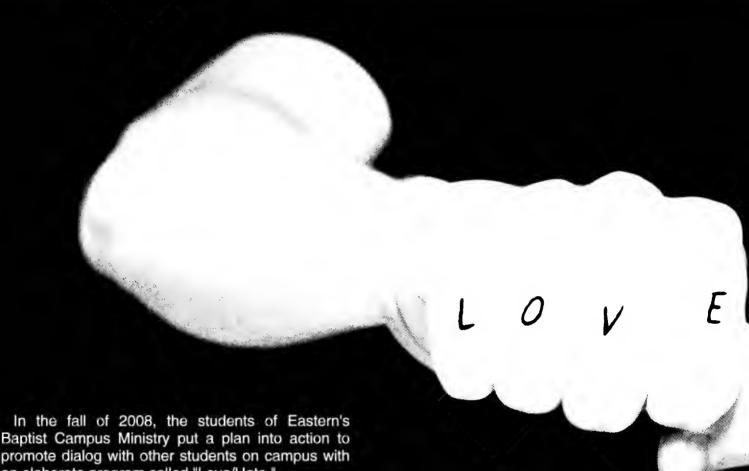
Above: Posters display students' comments about the well-known professor.

"Happiness

is not something that is automatic - happiness is a choice. II



Mysterious Posters on Campus Spark Discussions About "Love" and "Hate"

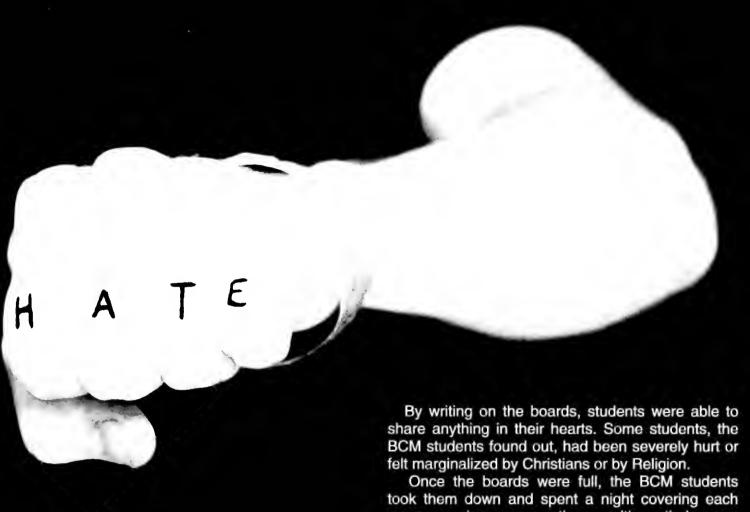


an elaborate program called "Love/Hate."

During the first night of Love/Hate, the BCM students inundated campus with sidewalk chalk, flyers and magnets promoting Love/Hate, but neither explaining what it was or who was behind it.

The next day rumors ran rampant throughout the dorms and classrooms and conspiracy theories were already forming.

Soon after, the next phase of Love/Hate was put into action. Giant poster-boards, each labelled with a single topic, were put in the Powell Plaza with markers provided for students to share their feelings on the board's topic. The boards were divided vertically into two columns: a column labelled "Love," and one labelled "Hate." Board topics included things like "School" and "Money," as well as controversial topics like "Church," "Christians" and "Religion." Students were very receptive, and filled the boards up with anonymous comments shortly after they were posted.



Once the boards were full, the BCM students took them down and spent a night covering each response in prayer, then writing their own responses. Many apologized for things Christians had done, sharing with the students that God loved them, even though sometimes Christians fall short.

The response boards were put up on campus to a generally positive reaction. The exercise was meant to create dialogue, allowing students to express themselves and share any and all their feelings anonymously.

In addition, the event created a setting where Christian students could reach out to other students in a loving way and even apologize for occasions when their fellow Christians had hurt others.

It was a learning experience for both Christians and Non-Christians alike, and a hugely successful event at Eastern.

"Do you believe me

Students piled into the Ravine when Jimmy Wayne came to Eastern in concert.

It was less than 30 degrees in the Ravine when country music sensation Jimmy Wayne stepped onto the stage. Fortunately, the freezing temperature didn't deter the hoards of Eastern students who packed into the outdoor arena. Many came with blankets draped across their arms, hoping to stay warm by hiding under their covers.

Students didn't worry about the chilly weather for long. Wayne quickly heated things up and in no time had the crowd on their feet. Singing all his hits, including "Do you believe me now?" as well as treating the fans to a few new songs, Wayne gave students a show to remember.

Students certainly got more than their money's worth. The cost of the concert: zero dollars. The concert was free to all students as part of Rocksoberfest 2008. Rocksoberfest is an annual event that attempts to raise alcohol awareness, but students said featuring Wayne at this year's Rocksoberfest really made the event stand out.

"Nothing like this has ever happened in my time here at Eastern," Alison Pumphrey, a senior broadcast and electronic media major, said. Pumphrey said she has to be front row at every concert she attends, and Jimmy Wayne's show was no exception.

"I showed up at the Ravine at 1 p.m. and waited forever and ever," she said. Pumphrey said seeing every aspect of the concert makes it that much more memorable.

"(My friend and I) were the only ones that got to hear Jimmy's sound check," she said. Pumphrey said she'd seen Wayne in concert before his radio fame, but his performance at Eastern was one to remember.

"Needless to say a lot has changed since then and he was awesome and I loved every minute of it."



Jimmy Wayne told the crowd of Eastern students just how happy he was to be in Kentucky.



The country star made the girls in the audience swoon when he sang his hit balled, "I Will."



Madnight... Breakfast?

Students flock to the Fresh Food Company for free breakfast during dead week...at midnight

It's not surprising that most nights of the year, foot traffic on campus dies around 10 p.m. Students aren't hitting the hay, of course, but they're settling into their dorms and apartments, one of the bars downtown, or the library if there's an exam the next day.

But for one night each semester, students are settling in somewhere else at 10 p.m. - the cafeteria of the Powell building. Why? Because it's time for breakfast.

Despite its somewhat misleading name, Eastern's "Midnight Breakfast" is handsdown one of the most popular student events of the year. It seems like an unusual way to draw a crowd - breakfast from 10 until midnight, that is - until you think of it differently: free food for students when most are getting around to their second or third meal of the day.

The schedule of a typical college-age student is baffling to most reasonable adults, but the moral of the story is this: breakfast at midnight? No problem.

Eastern's Student Activity Council sponsors the event each semester on the Wednesday of "dead week" - the week before finals. It's designed to relieve stress, boost morale and allow students to take a break from their studies to socialize and enjoy free eggs, bacon, buscuits, pancakes and more.

Needless to say, it works.

Though there was no live band like in semesters past, music blasted from stereos all over the newly-renovated cafeteria this year. The renovations at the Fresh Food Company nearly solved the seating problems of the past, as students took advantage of the additional tables, chairs, and space available.

Any time there's free food, students are bound to come running, but "Midnight Breakfast" is about more than just bacon and eggs. It has become a cult phenomenon on campus, and shows no signs of slowing down anytime soon.







Left: As always, the lines of students waiting to be served stretch to the back of the Fresh Food Company.

Right Page: Members of SAC and other volunteers serve eggs, bacon, buscuits, pancakes and more to the hundreds of students who turn out each semester.





Getting

out of the







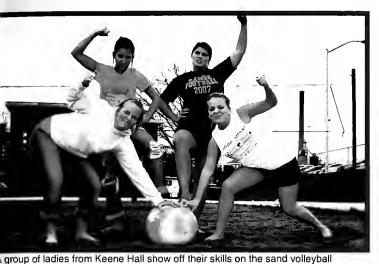








Sophomore education major Mackenzie Whalen scales a rock wall at Red River Gorge.



ladies from Neerle Hall show on their skills on the saind volleyball



Senior police studies major Andrew Kenner goes "out on a limb" at the Pinnacles

When cabin fever strikes, students turn to the great outdoors for a refreshing change of scenery

There are few aspects of going to school in Kentucky more exciting than the opportunity for adventures in the great outdoors. Kentucky's forests, lakes, rivers and rock formations make for some of the best hiking, camping, fishing and climbing in the U.S.

Students at Eastern know all too well what fun good weather and great friends combined can yield. From Cumberland Falls to the Red River Gorge, students have no shortage of choices for their outdoor activities.

One of the most popular locations near Eastern is the Pinnacles, a nature preserve owned by Berea College. It's not exactly easy to find, but students can explore a few miles of hiking trails and see the most scenic views in the county of Eastern and the surrounding forest. The Pinnacles are approximately a half hour drive from Eastern, which makes them a popular destination for organizations, retreats, or groups of friends.

Further from the Pinnacles but still within reach of students are Cumberland Falls (an hour south of Richmond), Lake Cumberland (two hours south), Natural Bridge and Red River Gorge (each an hour northeast).

These destinations can easily become full-day excursions of hiking, fishing, backpacking and rock climbing. In fact, world-class rock climbers from all over the globe come to Red River Gorge in Kentucky to test their skills.

If students need immediate relief from stress, they can find it at Lake Reba in Richmond. Lake Reba offers the community and students a serene lake, dog park, walking paths, picnic areas and recreational fields for sports and games. It's one of the most popular destinations in Richmond, especially for couples looking for somewhere quiet to enjoy the Spring.

And of course, no discussion of natural getaways would be complete without mention of Eastern's own Ravine. It draws students to Eastern year after year, and is always full of students laying out, reading, or relaxing. Eastern wouldn't be the same without it, and no student walks away from Eastern without memories made there.

College life is stressful and exhausting, but recharging your batteries is easy at Eastern. Get outside, and let nature take it from there.



tudent groups, like these Sigma Nus, get away from the daily grind with treats to the Pinnacles, a popular hiking destination in Berea.



Case Hall residents let off some steam (and ruin some clothes) with a "Paint War on the front lawn.

Spring Break '09

What happens on Spring Break, stays on Spring Break



A group of Eastern Alpha Delta Pis relaxes on the beach in Clearwater, Fla.



Eastern students soak up the sun in Panama City Beach, Fla.

In 2009, if Eastern students didn't return home or get stuck working during spring break, it seemed most of campus traveled to the wonderful Panama City Beach, Fla.

Laving out on the beach all afternoon, hitting up the bars at night and meeting new people everytime you turn around is only the beginning of the list of things to do while at Panama City Beach.

Not all students went to party the week away, however.

Panama City Beach was also a mission trip destination for some students from the Baptist Campus Ministry. The BCM gave free car rides to spring breakers who couldn't have made it to their destination safely. They also provided open ears to students and partiers and handed out business cards around the clubs. The cards advertised free pancake breakfasts and the car services.

Another group from the Baptist Campus Ministry went to Guatemala City where they befriended young girls in a Girls' Home. BCM members taught them about Christ, put in a water purification system, visited Antiqua and hiked a mountain.

Linsey Smahai, a sophomore fitness and wellness management major, said the trip was a once-in-a-lifetime experience.

"Antigua was beautiful; it was like nothing I have seen before," Smahaj said, "and hiking the mountain was the most adventurous thing I had ever done."

Smahaj said the hike was difficult but it was well worth it, and that she learned a lot from the trip.

"Communication is the common thread that connects all humans, no matter where you live," she said. "Even if I couldn't speak Spanish to a girl, and she could not speak English to me, we'd just smile and hug and I'd feel as if we had known each other for years."

Brooke Allison, a senior journalism major, travelled to Mexico for her own adventures. She said her favorite part of spring break was snorkelling.

"Mexico has the second largest barrier reef in the world! I also enjoyed visiting the Tulum Mayan ruins," Allison said.

Regardless of how students spent their breaks, one thing was for sure: it beat the hell out of going to class.

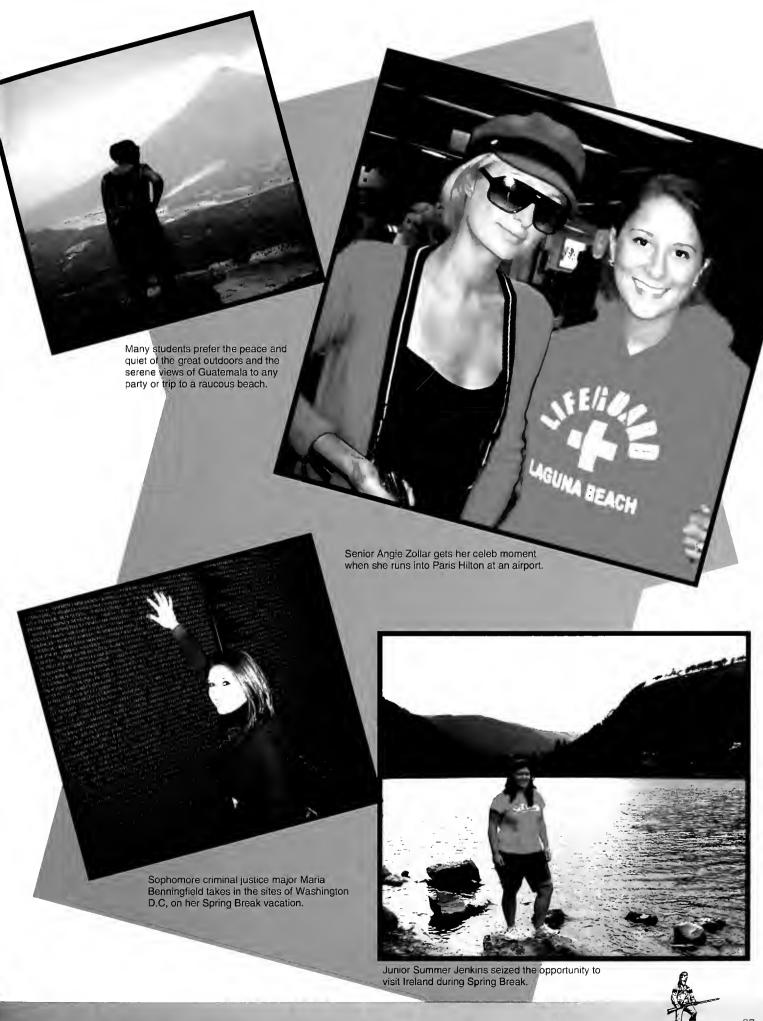


Bottom- Eastern student Jennifer Goin

(pictured left) traveled to Disney World with her sister and posed for a photo with Chip and Dale.











RUSH



Above. Members of Pi Beta Phi hang posters cheering on the men of Pi Kappa Alpha and Lambda Chi Alpha Right Lambda Alpha Epsilon hold a Rush event at the Glaxay Bowl

Rush brings new members to Greek life

While sorority and fraternity recruitment is an ongoing process throughout the year, during Rush Week it is the center of attention.

Rush Week is full of "Go Greek!" T-shirts, social events and getting to know the sorority or fraternity that fits you best. From mixers, dances and community service projects, Rush gives students a chance to take in what Greek life is all about and decide which Greek organization to join.

While students shop for a sorority or fraternity, the organization in return is shopping for new members. Once students get a bid - an invitation to join a sorority or a fraternity - the process of becoming a member of Greek life begins.

Rush and Greek life in general occasionally catch a bad rep, but many students who badmouth Rush have never

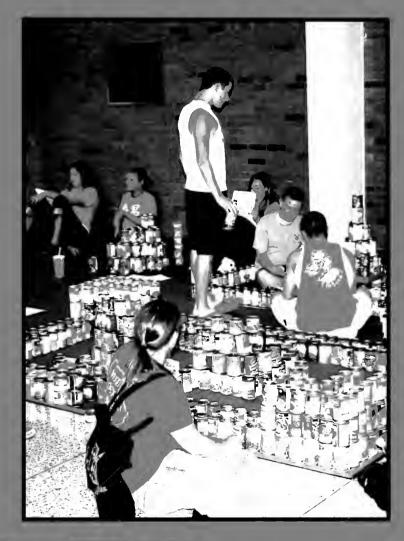


participated in the event themselves. Those who have Rushed, whether they ended up joining the Greek community or not, can tell you that it's less about "buying friends" and "looking pretty" and more about meeting people and being casual.

Rush Week is one the largest social events of the year, and is the precursor to a number or Greek events each semester.

The Can Castle build-off is one of the most popular Greek competitions all year and involves a huge number of sororities and fraternities. Greek groups also host their own events, such as bowling nights, softball or baseball games, dodgeball tournaments, dance marathons and more.

Greek life gives countless students the opportunity to make lifelong friends and memories at Eastern. Best of all, getting involved is as simple as getting out during Rush week and seeing what the future holds.





Above Greeks take part in the annual Can Castle Contest in Powell Lobby Left. The new members of Chi Omega celebrate with their new sisters.



Clockwish from right Members from Kappa Alpha Theta complete their can castle. Randy Hopkins of Sigma Nu competes in the Fraternity Dodgeball during Greek Week Can Castle building during Greek Week. Lambda Chi Alpha's annual car smash. Pi Kappa Alpha wins the Greek Week Baseball tournement.





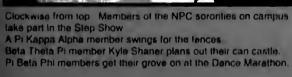


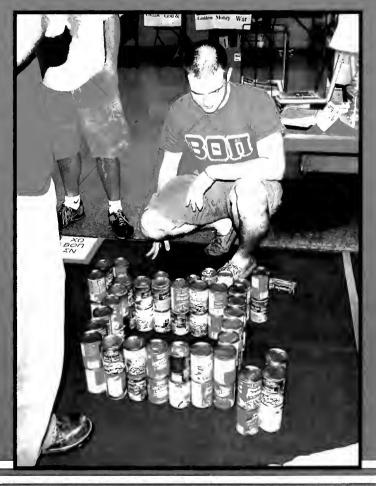












National PanHellenic





The National Pan-Hellenic Council (NPHC) is in charge of governing all six historically black greek letter organizations on Eastern's campus.

Eastern's NPHC's Web Site said it is responsible for creating and upholding national policy, programming, and informing chapter delegates with relative information needed for chapters to function effectively.

In 2009, NPHC sponsored its third annual step show, "Eastern Explosion." The show took place Saturday, March 28 as a conclusion for Greek Week in Brock Auditorium. The show hosted not only Eastern's NPHC members, but also welcomed the University of Kentucky's NPHC members and Madison

Central High School's step team

The groups competed for the title of Eastern step show champions in three different categories: best group in the exhibition step show, best among fraternities and best among sororities.

Madison Central's Steppir Indians placed second in thawards for the exhibition ste show.

The step show winners were Delta Sigma Theta sorority and Kappa Alpha Psi fraternity. The runners-up were Zeta Phi Beta sorority and Phi Beta Sigma fraternity. Winners and runners up were presented with trophies and the show's success this year ensures there's more to come in 2010.





Left Page: Audience members get a step lesson during the Step Show. Above: Members of the NPHC fraternities show off what it takes to step. Right: Members of the NPHC sororities show the audience how it's done.





Phí Sigma Pi

Eastern Kentucky University is home to the Epsilon Eta chapter of Phi Sigma Pi Co-Ed National Honors Fraternity. Although its 24 members are required to maintain a 3.0 GPA, serve on two chapter committees, and attend a plethora of chapter events, Phi Sigma Pi is anything but the stereotypical honors fraternity. Phi Sigma Pi hosts many events for the Eastern community, attends inter-chapter events at other colleges around the region, and most of all, have fun!

The foundation of the fraternity is a "tripod" of leadership, scholarship, and fellowship in order to develop a professional and fraternal atmosphere. In the past, Phi Sigma Pi has taken part in a variety of events, including: Extreme Community Makeover, a Halloween Carnival for the children of non-traditional students, fundraisers at Rainbow Bingo Hall, a semi-formal dance for Teach for America, Phi Sigma Pis national philanthropy, and Gamma Up Giddy-Up, an inter-chapter event with the University of Kentucky.

Thanks to Eastern's Student Government Association, the fraternity is sending at least four of its members to Louisville for the Phi Sigma Pi National Convention in August 2009. National convention is a great opportunity to develop professional and leadership skills while bringing new ideas back to Eastern.

Phi Sigma Pi takes pride in its diversity; the fraternity has education majors, criminal justice majors, nursing majors, psychology majors, and English majors. There is a place for everyone within Phi Sigma Pi.

Students typically join Phi Sigma Pi during their second semester of freshman or sophomore year, and stay actively involved until graduation. In the future, the fraternity looks forward to increasing its membership by recruiting dedicated students who are interested in finding out just how much they can achieve with the support of the Brothers of Phi Sigma Pi.



Heather Terrell, Nathan Jones, and Amanda House pass the hula hoop at the Big/Little Olympics.



Jacquie Shaver, Amanda House, Kati Garrison, Nathan Jones, and Heather Terrell dance the Cupid Shuffle at Maywoods Retreat.



Alpha Phi Omega



Left, Junior Courtney Blue plants flowers during a pledge service project Below: Senior Casey Baker pays dues during a chapter meeting.

Alpha Phi Omega is a national co-ed service fraternity. The brothers are dedicated to serving and bettering others' lives over their own. Some of their service projects include the Polar Bear Plunge, working alongside Habitat for Humanity, Relay for Life and much more. That being said, Alpha Phi Omega is not just about service.

The fraternity is also avid about friendship and leadership. Brotherhood is something that the chapter prides itself on, and brothers are always there for one another.

Despite the fact that members live in many different places (some on campus and some off) if a brother needs something they know that they can always call another brother and they will help them with whatever they need.

Leadership is something the group is also very active in providing. Alpha Phi Omega has many leadership courses that not only help to build the leadership of the individual and the chapter, but also help to strengthen the ties of the brotherhood.

Three goals: one organization. Alpha Phi Omega can truly be proud of its contributions to the Richmond community and beyond.









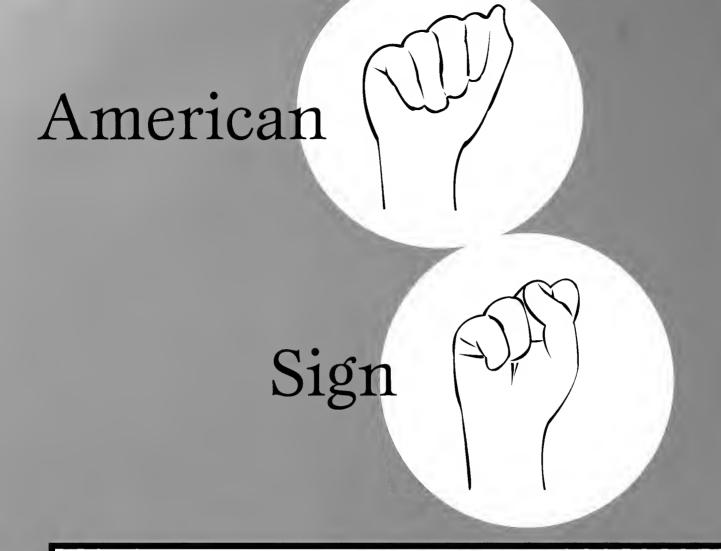
Left: Senior member Brooke Allison prepares the front of a store window for painting during a homecoming community event. Middle: Senior member Keishia Lasley cheers on Eastern during the Eastern/Western Game. Right: Junior Ashley Gilbert paints flowers on the rendering of campus.

Leadership, Friendship and Service



Junior member Luke McCain paints the front of the Party Store on Main Street during the Homecoming event, "Paint the Town Maroon"





American Sign Language Association (ASLA) is a Registered Student Organization on Eastern's campus. In 1996, it was formed by a group of interpreting students to help bridge the gap between the deaf community in Richmond and American Sign Language students and interpreter majors. Still today, the organization strives to bridge this gap and also educate local businesses and other RSOs in Student Life.

In the past year, ASLA, along with its team of leaders and members, has grown and taken the organization to new heights.

With the establishment of an American Sign Language Honor Society and partnership with the Office of Multicultural Student Affairs, opportunities are now available to students that previously were not even thought of. Gaining their support during this academic year (and more importantly maintaining their support) will help push ASLA to become one of the biggest groups on campus.

ASLA provides many benefits for students following through with membership. Bi-monthly 'Silent Game Nights' gave students exposure to sign language and how to use it outside of classroom walls. Members also got discounts on merchandise and access to the latest events with carpooling available to all local activities in the deaf community.

Members to the newly established honor society were rewarded with medals symbolic of their achievements, including meeting the strict GPA requirements. Among the medals obtainable were a Lurent Clerc medal and an Alice Cogswell medal. These awards were further motivation for all ASLA students to do community service and to maintain their GPA, though giving back is often a reward in and of itself.

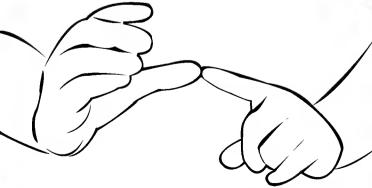
ASLA will continue to grow and serve both the deaf community and ASL students through the years. Through service and understanding, it has undeniably changed lives for the better.

Language





Deaf Culture











Clockwise from Top Left:
CRU members cheering during an event at Spring Break.
Freshmen Whitney Low and Todd
Gotcher swing dance together at the
Encounter Winter Conference.
A group of CRU members celebrated
Spring Break together in Destin, Fla.
Freshman Eric Powell offers junior Niki
Scott a flower on Powell Corner for
Valentine's Day.
Junior Derek Florence and sophomore
Tyler Marshall sing to one other at the
New Year's Eve Bash at the Encounter
Winter Conference.



Campus Crusade for Christ

Campus Crusade for Christ was started in 1951 at UCLA by Bill and Vonette Bright with the concept of "win the campus today and change the world tomorrow." More than 50 years later, with 1,029 campuses involved, CRU is going strong. It is without a doubt one of the strongest student organizations at Eastern.

By 2010, CRU's website said the ministry "hopes to increase evangelistic exposures to 25 million worldwide annually, trusting God for 350,000 evangelistic decisions

annually."

Eastern's chapter of CRU is doing its part to bring those goals into fruition.

Members of CRU at Eastern participate in several events throughout the year in order to share their love for Christ. This year, they handed out candy canes in December and flowers on Valentine's Day, each with a slip attached explaining their mission. They also spoke with students around campus just before Easter, reminding them what the

holiday means to Christians.

CRU's weekly meetings were held on Thursday nights this year, and, as always, were open to all students. The organization is popular to members and non-members alike because it urges its members to respect the beliefs and privacy of students with differing views. Student members of CRU are not known to be "pushy" about religion - simply available to all students interested in hearing what they have to say, and what they believe Christ has to offer.



Cheryl Krete prepares carnations for CRU's Valentine's Day flower giveaway project.



The Society of Professional Tournalists

Would you give up your First Amendment rights for free lunch? More than 200 Eastern students did. On Wednesday, April 8, 2009, The Society of Professional Journalists (SPJ) roped off a part of Powell Corner, creating the walls of The Republic of Powell.

Eastern students, faculty and staff were offered free food from Arby's under one condition: sign a waiver giving up their first amendment rights, allowing the king of The Republic of Powell and his goons to control their every move.

White the majority signed their rights away, a few students refused. They were completely insulted at the thought of signing a way such a freedom for a sandwich.

The group spent months planning and organizing this event and helping to plan other events for the First Amendment Celebration. The group received a \$1,000 Inglehart grant for T-shirts and a \$5,000 grant from The Liberty Tree Initiative to help fund events promoting The First Amendment.

The festivities kicked of April 6 with Eastern President Doug Whitlock signing SPJ's College Media Statement declaring that the university will not control the content of student media. The statement also makes it clear that colleges and universities cannot punish faculty advisers for the content of student media. The celebration ended with a speaker Wednesday night after the No Free Lunch event.

SPJ also attended the SPJ Region 5 conference in Indianapolis in April of 2009. Co-Adviser of Eastern's SPJ chapter, Dr. Liz Hansen is the director of the region. Region 5 includes SPJ chapters from Kentucky, Illinois and Indiana. At the 2009 conference, The Eastern Progress was awarded third place for best all-around non-daily newspaper at a university.





Left: Ryan Gleeson covers a logo on Annie Flaherty's shoe as she enters the Republic of Powell.

Above: Participants who followed the rules were allowed to sit at the blue table and eat chocolates.

Opposite Page; Stephen Hauser is escorted out of The Republic of Powell after revealing his political T-shirt and refusing to leave.



Lambda Alpha Epsilon



Fraternity for Justice and Safety majors

Lambda Alpha Epsilon (LAE) is a co-ed professional fraternity open to students majoring in criminal justice and related fields. Besides helping establish professional connections, LAE gives students in the College of Justice & Safety a place to belong. The chapter attends two conferences every year: regionals in the fall and nationals in the spring. At conference, members compete for ribbons and trophies in four events: firearms, crime scene, physical agility, and written knowledge. Between conferences, the brothers and sisters of LAE keep busy by hosting speakers from various law enforcement agencies, organizing fundraisers, and participating in community-service projects like Bowling For Kids' Sake. But LAE isn't all work and no play. The fraternity also sponsors social events, such as bowling nights and the wildly popular Hooters Nights. When you're in LAE, there's never a dull moment.

Above: Senior member Christine O'Neil practices her rille skills during a training exercise.



Left: LAE Members display awards won at this year's regional conference.



Above: Senior Kevin Kerr performs in a physical agility course at the 2005 Regional Conference in Tallahasse, Fla.



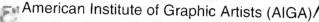
Above: Interested criminal justice students are welcome to RUSH Lambda Alpha Epsilon each semester, as these students did in the fall of 2008.



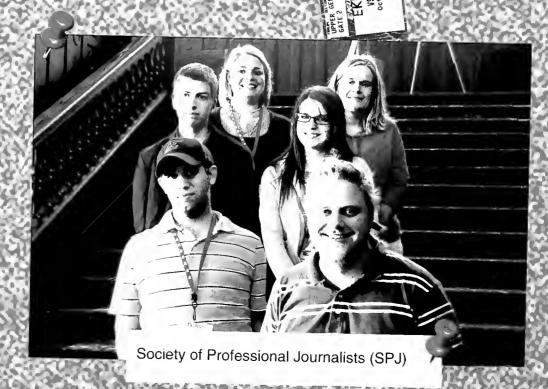


Organizations







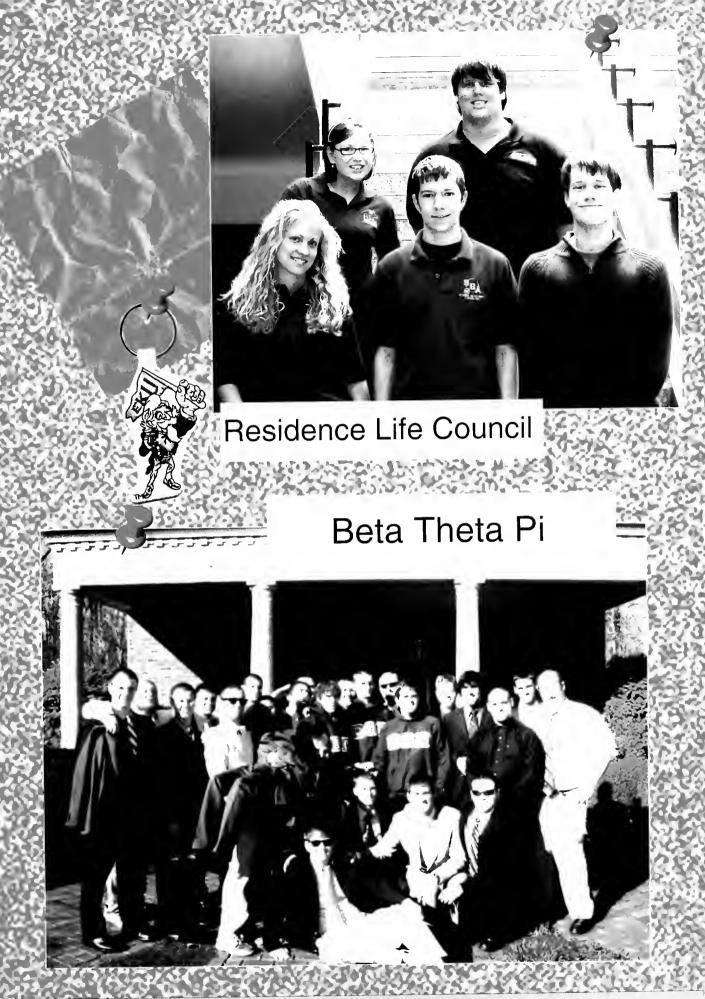














Delta Zeta

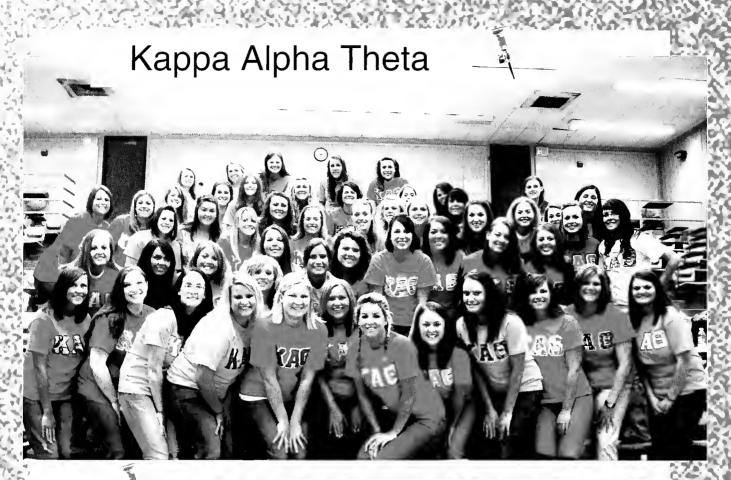
Alpha Lambda Delta





Student Activities Council





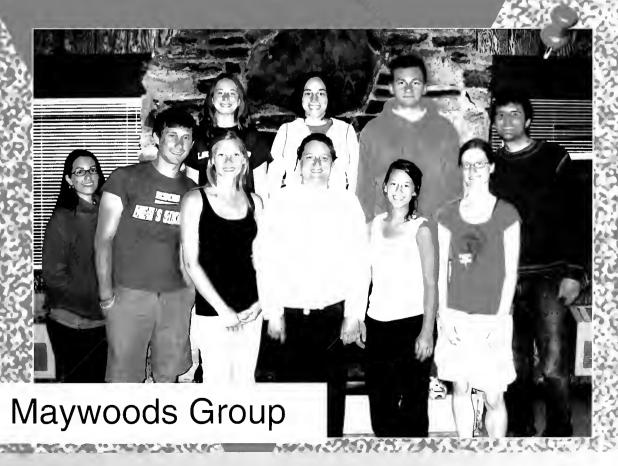


SGA Cabinet





Libertas en Veritas



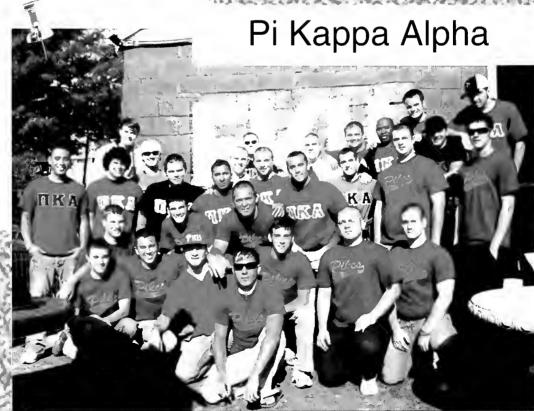


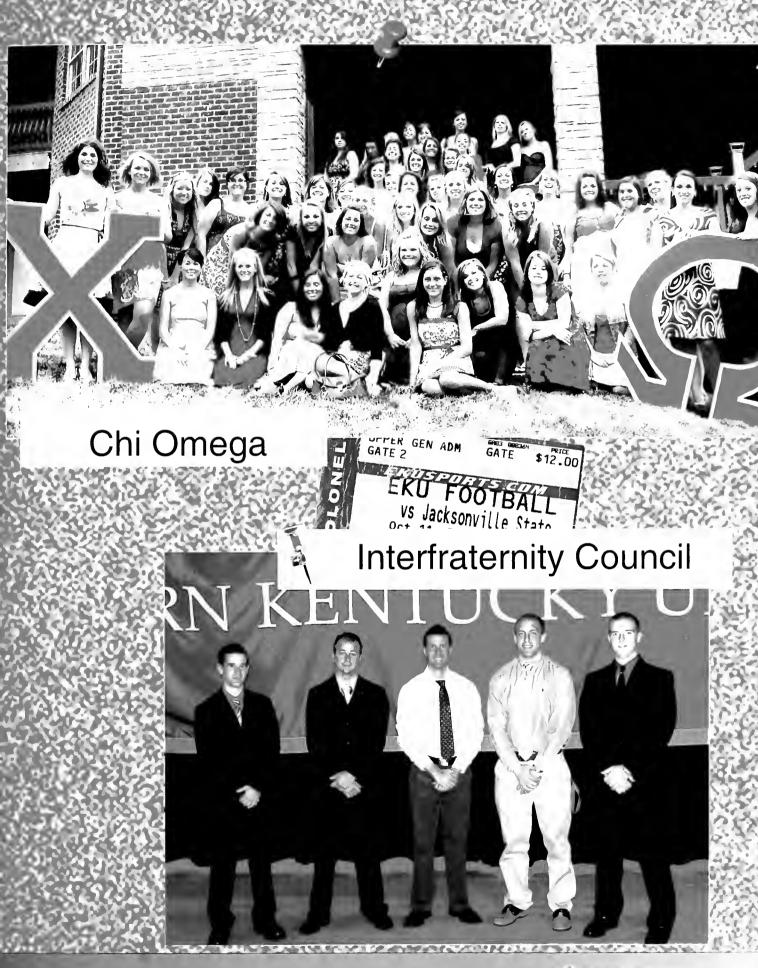














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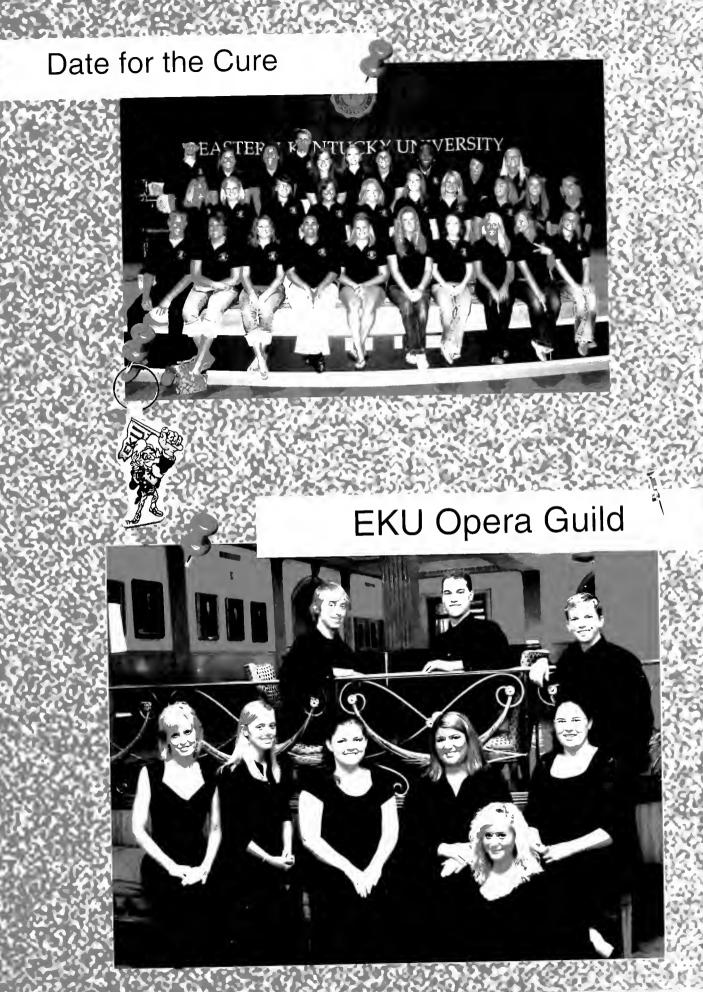
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Lambda Chi Alpha





Society for Human Resource Management



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Older Wiser Learners



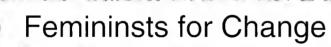
Phi Sigma Pi



Delta Omicron













Sisters In Spirit Through Achievement







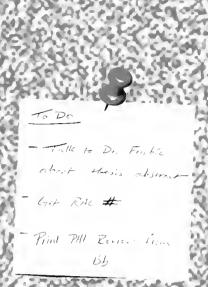








SCHEDULE



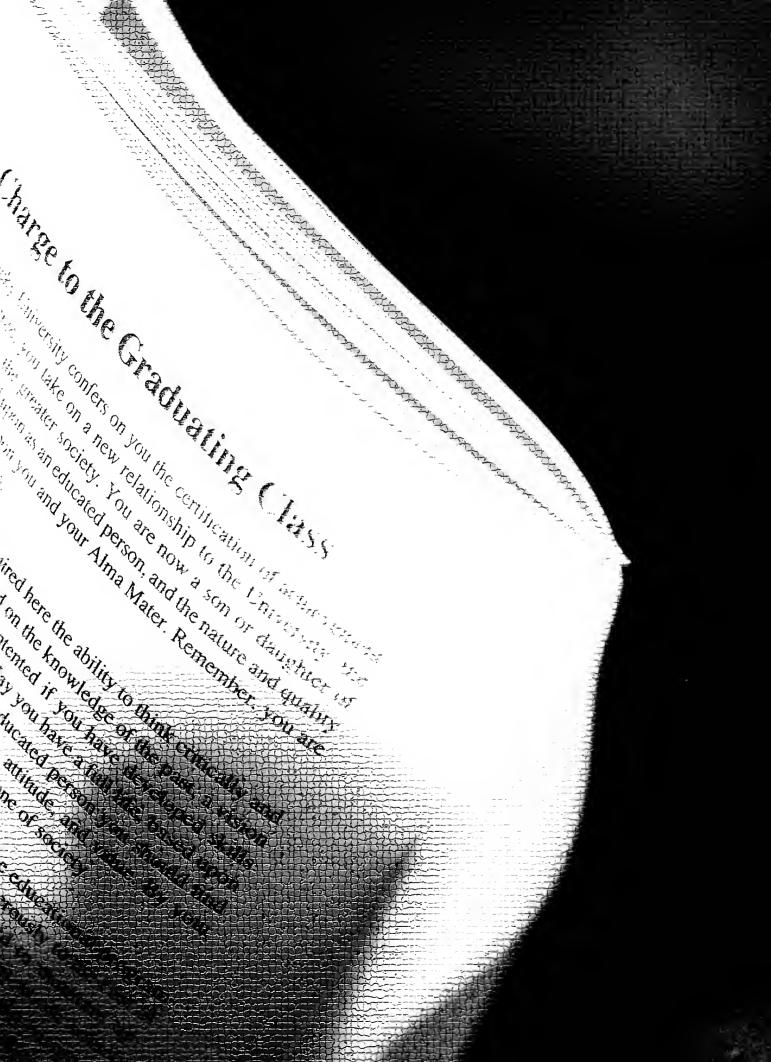




Organization

Academics





DIVERSITY DIVERSITY DIVERSITY DIVERSITY

We all should know that diversity makes for a rich tapestry, and we must understand that all the threads of the tapestry are equal in value no matter what their color, [gender, religion, ability, or sexual orientation].

- Maya Angelou

DIVERSITY DIVERSITY DIVERSITY DIVERSITY



Our Differences Define Us.

It's the differences among the students at Eastern that make being a Colonel so great



Diversity, It's a word everyone knows, at one students at Eastern understand after than most.

It begins with the students, and the accs they come from. At Eastern, udents from all over Kentucky find omselves shoulder-to-shoulder with udents from all over the nation, and lover the world.

In recent years, Eastern has strived not only help its students see other arts of the world, but also to bring udents worldwide back to Richmond an international experience. Eastern as sought to diversify students rough numerous programs to commodate the assorted cultures.

I think EKU...has made student versity a priority, which is something I spect," Kimiyoshi Inomata, a tofessor of Japanese at Eastern, said, nomata, a native of Japan, joined

Eastern's faculty in the fall of 2008. The hiring was just one more way for Eastern to diversify from within.

From talent shows to foreign movie nights, Eastern's foreign language club also draws curious crowds. Most importantly, it provides native and international students the means to come together and share their experiences.

"I think in a place like Richmond, and Kentucky in general," Inomata said, "where the population perhaps is not as exposed to diversity as other parts of the country, it is important to have these types of programs in place to encourage not only tolerance, but an understanding of our global society."

Eastern currently plays host to nearly 230 international students that hail from about 50 different countries.

"The reception of exchange students

by natives is from my brief experience here at EKU, almost universally with warmth and understanding," Inomata said

That warmth and understanding is extended far beyond international students

Eastern's student population represents many parts of the world, but diversity is about more than geography.

Diversity is about backgrounds, sexual preferences, political affiliations, religious beliefs, races and cultures - all united under the umbrella that is Eastern. Students can't help but notice that no two people at Eastern have the same story, or follow the same path. Our differences set us apart, but accepting those differences brings us together.

For the 16,000 students at Eastern, it's about more than being tolerant - it's about being a family.

Being International

Thirteen countries become one family uniting for a single cause: TENNIS.



Eastern's multinational tennis team and "Coach O" (Rob Oertel) traveled to Florida to compete over Spring Break



Myriem Mhirit from Morocco and Nadja Barz from Germany stand as teammates on the court.



Alyze Pagal from France and Niklas Schroeder from Germany are all smiles.



The team bonded as one on board the "rockstar bus."

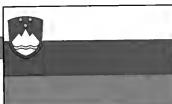




















Far Left: The womens' team takes time away from tennis to capture a moment.

Left: First-year assistant coach Frederico Goncalves strikes a pose alongside sophomore Anais Hamel from France.



Undefeated, senior captains Jemma Euers from Australia and Mel Segota from Slovenia proudly display their OVC plaques.

Eight girls, eight boys, 11 countries, 10 languages and three religions - each brought together to play tennis. This team is the definition of diversity! Not only do they represent an array of time zones, but they speak with an assortment of English accents. The qualities that make these international students unusual are the same things the majority craves more of; they contain a mystery that lures you to uncover the answer.

If you've ever seen an Eastern tennis match, you know how commanding each player is on the court. They possess both physical and mental toughness, and it shows. But amidst their intensity, they spread warm wishes like, "Good luck!" and, "Let's go Colonels!" from the first court to the fourth. When students observe this team, it quickly becomes obvious that they win and lose not only as a team, but as a family.

More times than not, when you see one player you will see a teammate by their side. Team members have team bonding nights, study together, share meals and even attend cookouts at head coach Rob Oertel's house.

"Coach 'O' wants to be seen as our brother, not our dad," Jemma Euers, a senior captain from Australia, said.

These students are normal people that do normal things, and they're all finding their place in this new home - together.

The simple differences from one country to the next are a challenge for each of them to overcome. Senior Mel Segota, a native of Slovenia, said the biggest difference is pacing.

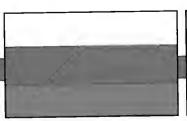
"Life in America is faster," Segota said. "Here everybody has a car, nobody walks. Back home it's more laid back and we eat lunch and dinner together."

Euers said the hardest part is "getting used to the weather and having to mature overnight, basically, and live alone."

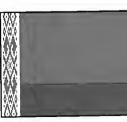
The strength it must take to start over in a place of prosperity! These students prove it's possible. Not only that, they show that the strongest bonds can sometimes form from it.

For these tennis players, it's the only time that LOVE is accepted near the net!









Below and Right: AFA students appraoched the program and "begged" for the once-in-a-lifetime trip to the presidential inauguration - a request program director Dr. Salome Nnoromele (below right) said she couldn't ignore.





Popular program offers more than mere classes to students

Eastern's African-African American (AFA) Studies Program took huge steps during the 2008-2009 academic year to cement its place in the campus community.

The program welcomed speakers with a variety of backgrounds, from authors Crystal Wilkinson and Nikki Giovanni to rapper Chuck D. Former civil rights activists and current Eastern professors Dr. Sherwood Thompson and Wardell Johnson offered a lecture about the civil rights movement entitled "I Was There," during Black History Month, a busy period for the program.

Arguably the biggest event of the academic year came before February, however, when the program sponsored a trip to Washington, D.C. to witness the inauguration of President Barack Obama. More than 45 Eastern students and faculty members took advantage of the trip, which included visits to Gettysburg, the African-American Civil War Museum and Mt. Vernon, the plantation home of George Washington.

Dr. Salome Nnoromele, the program's director, said the trip was requested by the students, and she couldn't say "no." She said the program was intended to provide opportunities just like that

Designed to teach students about the culture and history of Africans and descendents of Africans, the program seeks to benefit students of all racial and ethnic backgrounds. Students are drawn to the program because of its practical applications in a multicultural society, and because it broadens their understanding of global issues. There's no doubt it makes students more culturally diverse, and that makes them more marketable, and, more importantly, well-rounded individuals.











Above: Students pose for a picture during AFA's trip to the Inauguration of President Barack Obama in January.

Far Left: Roughly 45 students attended the inauguration in person and captured pictures like these.

Left: World-renowned poet and author Nikki Giovanni visited Eastern in April. Dubbed the "Princess of Black Poetry," Giovanni was recently named one of Oprah Winfrey's 25 living legends.



aura

Eastern's Literary Arts Student Publication

Each year since 1924 the best submitted creative writing Eastern has to exhibit has come out in Aurora, the university's literary arts publication.

Well, almost every year. Aurora was not published in 2008.

The Eastern tradition rebounded as a double issue in 2009 though, and this issue featured all the accepted work from both years 2008 and 2009. More than 20 students had fiction, non-fiction, poetry, photographs and printed art published inside.

Each year the Department of English and Theatre funds and produces the publication, but this year Aurora received some help outside of the Case Annex. Assistant Art and Design professor Chris Jackson and his senior class put together the new branding for Aurora. Aurora used the branding on this year's cover and it is planned to be used in upcoming years.

Three of this years published students stood out from the rest of their peers. William Griffin's "Leave" was selected as the best non-fiction piece, Matt McAlister's "Muse" was selected as the best poem, and "She Felt Nothing In The Forest," by Leann Stokes was selected as the best fiction inside of the art journal. All three were honored at a banquet for their work.

Each year there is also an online version that is produced. The digital version has an unlimited amount of publishing space and therefore accepts a larger amount of material from many different forms and genres to be published. The online version usually comes out in the fall and the print version comes out in the spring semester.

The 2008-2009 double issue was a huge success in both media.

April Benson

Ap

BULA SOURNAL LITERARY ARTS JOURNAL

C.A.C.T.U.S.

Underage Drinking: Legal or Illegal? EKU students decide

The Citizens' Assembly for Critical Thinking about the United States (CACTUS) is an exercise in deliberative democracy.

Citizens' assemblies are based on the idea that citizens, given adequate education and information, can deliberate and reason together and make informed political decisions on a consensual basis. Eastern's CACTUS model is based on those citizens' assemblies held in Canada and the Netherlands on electoral reform. The assembly is composed of students from a variety of backgrounds and majors in an effort to make it as representative of the campus at large as possible.

This is the second semester in which Eastern Kentucky University has had a citizens' assembly. The first was held in the spring of 2008 on the issue of electoral reform.

In spring of 2009 students were asked to tackle the issue of the legal drinking age and determine whether or not the age should be lowered.

The course is divided into three phases. During the learning phase, students studied the history of alcohol in the nation and learned about the current stances taken on the issue. During the public hearings phase, individuals from the community as well as university students, faculty, and staff were invited to come share their opinions on lowering the drinking age with the assembly.

The final phase is the deliberations phase. Here, students deliberate on the issue and develop a national and a state model for changing the drinking age. In theory, after the models are complete, the assembly comes to a consensus on which they believe is the better policy.

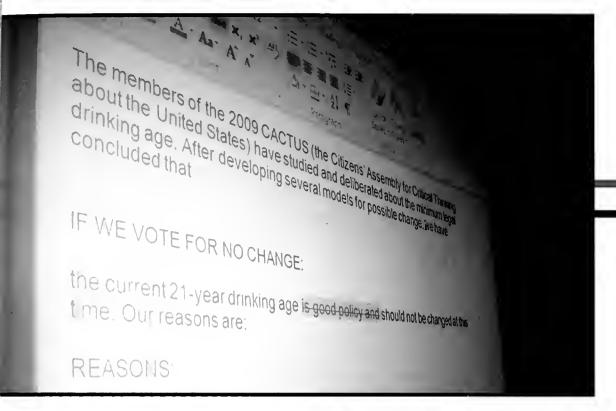
This year, however, after developing models, no consensus was reached. The campus community was given a chance to vote online to break the tie. The final results were as follows:

CACTUS majority position (keep current federally mandated age limit of 21): 330 votes (41%)

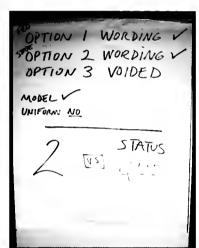
CACTUS minority position (model state law with minimum legal drinking age of 19): 484 votes (59%)

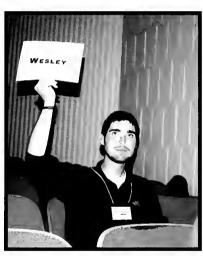
Regardless of results, the exercise itself was a huge success. CACTUS looks to continue the tradition of testing deliberative democracy on many more issues at Eastern for years to come.













Left Page: Professor Jane Rainey takes lead as students debate the topic at hand.

Above Left: Mike Kennedy expresses his view.

Above right: Wesley Miracle raises his name card to speak at the mock assembly.

"CACTUS is fun because I get to relate to students in a different sort of way. The reward comes in the last third of the course, when I get to watch students using what they have learned, debating and deliberating with confidence, and working together to try to make the best possible decision. The element of suspensenot knowing just what agreement they will reach—makes it exciting."

-Dr. Jane Rainey CACTUS Professor

ALL IN A DAY'S WORK

Linda Frost takes on the daunting task of becoming Eastern's new Honors Program Director

The Honors Program is one of the most prestigious programs offered at Eastern Kentucky University. At last count, over 650 students were involved and participating in the program. This past fall, faculty and students at Eastern welcomed the new honors director, Dr. Linda Frost.

Frost said she accepted the job after realizing she wanted to be in a position to greatly impact the mission and vision of an honors program. She said Eastern was the perfect place for her because it put her closer to her Ohio based family.

Frost is from Suffield, Ohio, but was born in Akron. In 2000, she married Russell Helms, a writer, publisher and editor who currently works with the Creative Writing Program here at Eastern. They have two daughters which Frost frequently brings to honors program meetings and events. Honors students gush for eight-year-old Lucy and six-year-old Cora. Frost said the family enjoys camping, reading and socializing with friends and family.

The honors program took great care in selecting its new director. Bonnie Gray had been the program's director for the past 20 years (the entire tenure of the program) before stepping down last year.

In Frost, the program found a qualified experienced and passionate new leader.

Frost received her bachelor's degree in 198 from Bowling Green State University. In 1990 she received a Ph.D in literature from the Stat University of New York at Stony Brook, and it the fall of 1993, Dr. Frost began teaching as a assistant professor of English at the Universit of Alabama Birmingham.

Her experience includes working for othe honors programs, as well. Before transferring to Eastern, Frost spent 15 years as the Associate Director of the Honors Program at UAB. She has published two books exploring America culture and literature and also founded a award-winning womens' literary magazine PM. (poemmemoirstory).

After just one year of service, it's obvious Frost is committed to making the honor students adventure in college the absolute best and most rewarding it can be. Already belove by the students and faculty, Frost appears to be the program's foundation for the future.



Dr. Frost helped pack up supplies and clean up the mess after the Honors Program Talent Show and cookout, proving that being the Honors Program director isn't always glamorous.







Top: Frost read a list of 20 humorous lessons she's learned in her first year as director at the annual Honors Program Talent Show.

Above: Meeting with other campus organizations is all in a day's work Frost met with Alpha Lambda Delta, a National Honors Society for first-year students, in April.

April.
Left: Frost's visibility at events and sense of humor have made her very popular with students after just one year.

Protecting Our Nation...

One Degree at a Time





Top: One of the first to graduate with a degree in Homeland Security, Rodney Pratt is now a member of the United States Coast Guard stationed in Huntington, West Virgina.

Above: Pratt's unit frequently patrols the Ohio River in boats such as this one. He said he loves his job in the Coast Guard. "My degree in Homeland Security has really helped me understand and better my career," Pratt said.

On September 11, 2001, Americans were made woefully aware of how unprepared the country was to handle a new type of warfare: terrorism. On 9/11, few people had ever heard the term, "homeland security." This is no longer the case.

Eastern's College of Justice and Safety (CJS) implemented

Eastern's College of Justice and Safety (CJS) implemented a Homeland Security B.S. Degree Program in 2007 to meet the demands of a rapidly changing world.

According to Mike Collier, the Homeland Security Program Coordinator, the goal of the program is to educate and train professionals to secure borders, airports, waterways and seaports, respond to natural disasters or terrorist assaults, analyze intelligence and research the latest security technology.

Since its inception, Eastern's homeland security degree program has quickly grown to 137 declared majors. Collier said this enrollment number is larger than many other homeland security degree programs started at other regional, coeducational, or public universities since 2001.

Several other Kentucky public and private institutions have undergraduate courses, certificates, or minors in homeland security, but Collier said Eastern is the only public institution to offer a bachelor of science degree program.

"(Eastern's) program has experienced a 226 percent growth (42 to 137) in registered majors from 2007-2008 to 2008-2009," Collier said. "Those are amazing numbers and future growth is expected as well."

"It is a great career path right now and I am excited to be at EKU and to be a part of this new program," he said.

Who's the Boss?

Dr. Michael Collier



Dr. Michael W. Collier is the program coordinator for the Homeland Security baccalaureate degree, and a recent addition to the Homeland Security Program, joining the faculty in August 2008.

Collier is the HLS program's third full-time coordinator in its short history. Eastern faculty Dr. Kay Scarborough, Dr. Parm Collins and Dr. Gary Cordner spearheaded the program back in 2016. Cordner was the program's first coordinator followed by Scarborough.

Collier's unique combination of real world experience in the United States Coast Guard and his academic experience in intelligence education make him a perfect fit for the new program.

"We are excited that he is a member of our faculty," said Dr. Larry Collins, chair of the department of safety, security and emergency management.

"On my journey to EKU," Collier said, "I spent 22 years in the United States Coast Guard, serving 12 of those years at sea. I retired in 1996 as a commander.

Collier's résumé reads like a "who's who" listing for safety, security, intelligence and emergency management.

Collier received his B.S. from the U.S. Coast Guard Academy, his M.S. in strategic intelligence at Defense Intelligence College and his Ph.D. in international relations at Florida International University. Collier also holds certifications and additional training in the fields of strategic intelligence, quantitative method of social research, U.S. defense attaché course, and Spanish language and South American-Andean studies.

Prior to coming to Eastern, Collicr served as the program manager for National Security and Intelligence Studies at the American Military University in Charles Town, W.Va. and the Director of Hesearch and Academic Programs, Latin American and Caribbean Center, Florida International University, Miami, Fl.

So how does a boy from land-locked Higginsville, Mo., end up in the U.S. Chast Guard for 22 years and commanding a ship?

"I didn't really envision my career back then happening the way it has," Collier said. "It started out as a competition to get into college and lasted 22 years. But teaching is something I worked toward and planned for and am looking forward to helping develop the homeland security degree program here at EKU to its fullest."

Linda Turner, academic administration specialist for the CJS, said five students have completed the Homeland Security degree program since it was launched in 2007. Three of the five students graduated in the Spring of 2009: Justin Auton from Walton, Martha Heist from Albany and Brent Lawrence from Richmond. They're interested in pursuing a graduate degree, obtaining a position with the intelligence community and joining the FBI, respectively.

Why have 137 students chosen Homeland Security as a

major?

"It's hard to explain, but my mom had a lot of influence on my decision," said Katie Lavictoire, a junior from Bowling Green.

Lavictoire said her mother is a major in the U.S. Army and

a state police detective in her civilian life.

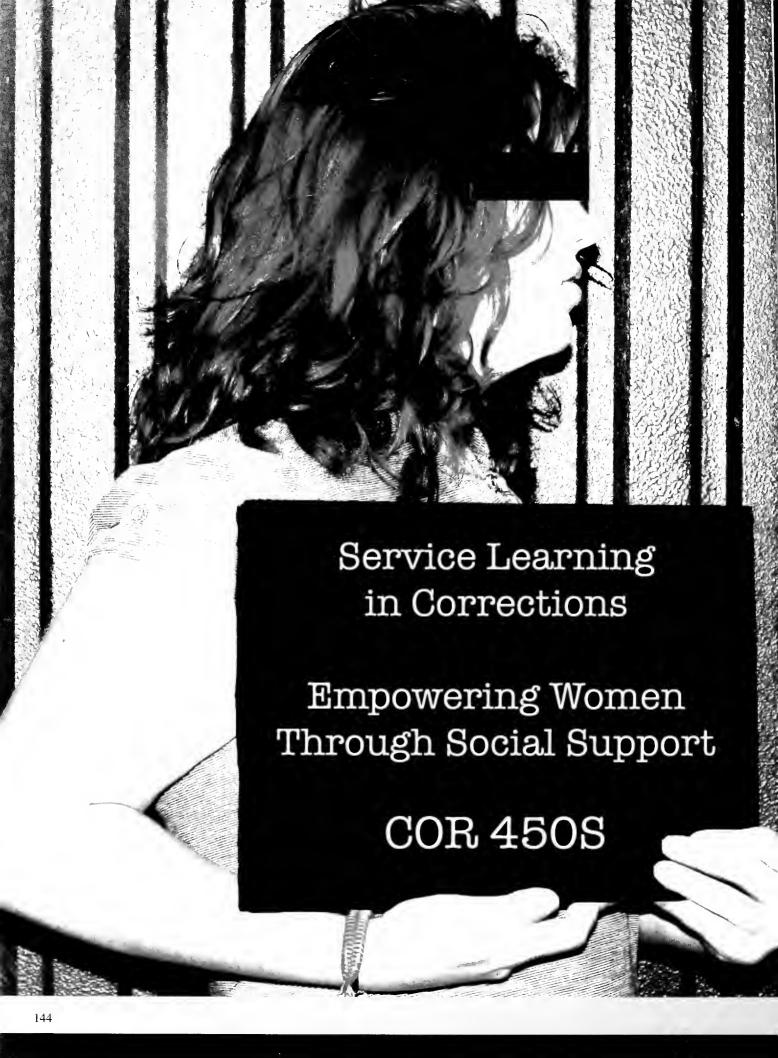
"I did not want to join the military," Katie said, "but I was always interested in the work my mom has done, so HLS seemed like a good alternative."

Lavictoire said she is interested in emergency management and perhaps a job with Federal Emergency Management

Agency (FEMA) upon graduating.

Some of the courses required by the HLS program include Emergency Management, Critical Infrastructure Protection, Cyber Security, Homeland Security Technology, Critical Problem Analysis and Prevention and Problem Solving.

For students who are undecided but interested in Homeland Security and anything from emergency response to counterterrorism - this may just be the program for them.





The Bigger They Are....



Large Animal Rescue
Program trains students
and community members
to save animals in danger

Each year, Eastern partners with USRider to offer a Large Animal Rescue program. The program involves the use of trained animals for live rescue simulations and is held annually on Eastern's campus in two sessions.

The first session was March 27 - 29 and was open only to Eastern students; the second session, which took place March 31 April 2, was open to the public.

On the morning of April 3 a special HAZMAT Decontamination of Large Animals session was offered; this session was free and taught participants how to assist large animals that have met with chemical, biological or radiological contamination.

Dr Larry Collins and James Pharr from the College of Justice and Safety are excited that Eastern is a part of this valuable program. Dr Collins says the program is necessary

"When a rescuer doesn't have the proper training, they will sometimes cause severe or fatal injuries to an animal that initially has only minor injuries," Collins said

Pharr said people and rescue workers alike underestimate the danger of a scared and injured animal.

"They may not only hurt or kill the animal, but injure or kill themselves in the rescue attempt."

Because of this, the training emphasizes the personal safety of first responders and teaches them proper rescue techniques in order to alleviate potential risks of injury or death to themselves or the animals.

The large animal rescue training educates fire and rescue personnel, first responders, veterinarians and large animal owners in proper techniques. Special procedures to assist large animals involved in transportation accidents and other emergencies are also taught.

Participants receive instruction in the use of sedatives, tranquilizers, chemical restraint, rescue ropes and knots, helicopter rescue, rescue from fires, mud, and water, and other emergency situations.

The class consists of 30 hours of classroom instruction and hands-on training. Each participating student is qualified to receive FSE 489 academic credit for the class, but due to the hands-on nature of the training, each seminar is limited to 30 participants.

USRider, the primary sponsor of the event, is an organization that offers Equestrian Motor Plans to large animal owners. These plans provide roadside trailer assistance, including towing and roadside repairs for tow vehicles and trailers with large animals, emergency stabling, veterinary referrals and more.







Top to Bottom: The lake adjacent to the Stratton building comes in handy as students learn to secure and rescue animals stranded in bodies of water.

Tempera paints were used to represent hazardous materials during HAZMAT training sessions.

Keeping animals calm during the exercises and rescue procedures is always a struggle in the field. Techniques for securing animals and calming them are taught, and, of course, no animals are harmed during the rescue workshops.

Opposite: A horse is lifted to safety during a drill via a crane and a harnass secured by students.



Eastern students learn to polish their drafts using the guidance of gurus

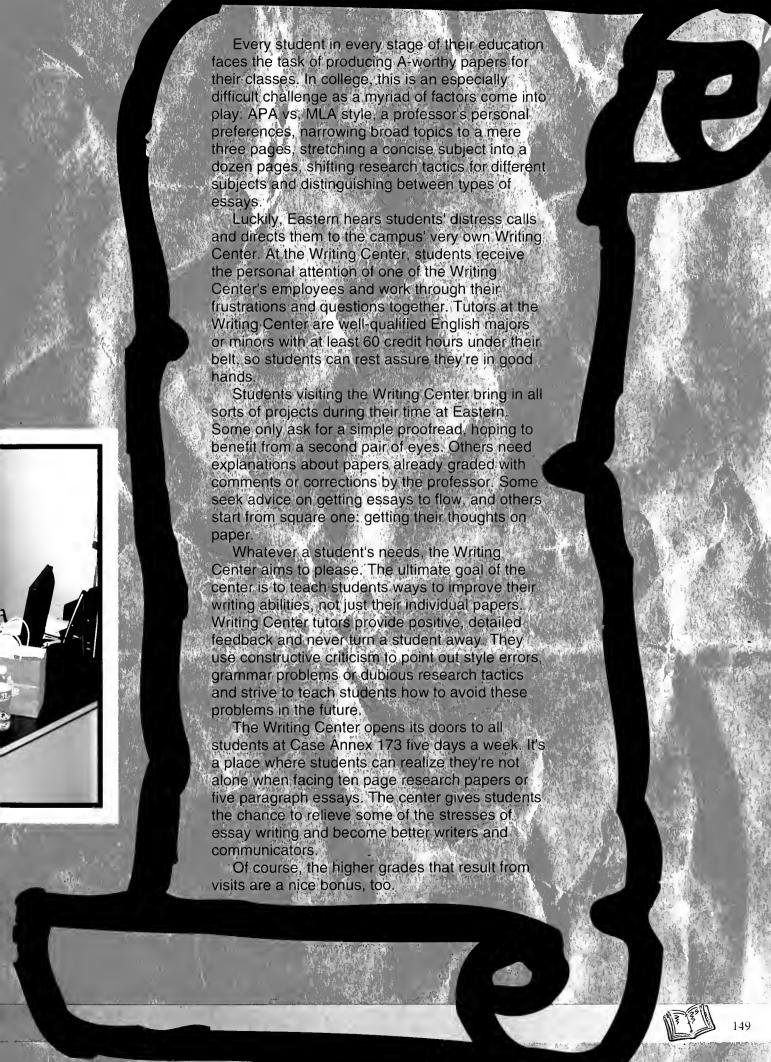






Above Left. Jean Smith helps Abdullah Alhussain revise a paper and hone his skills. Above Right, Dead week is the busiest time of each semester for the writing center, as students look to wrap up research papers.

Left: Located next to the Case Annex courtyard, the writing center is a naturally lit and inviting place for students to improve their writing ability.



IN-PROCESS: 27.00 HOURS --> NEEDS: 40.00 HOURS

+ 2.000 GPA IS SATISFIED IN ALL 100 LEVEL AND ABOVE COURSES ATTEMPTED FOR GRADE, INCLUDING TRANSFER, WHETHER OR NOT USED TOWARD PROGRAM REQUIREMENTS. (61.00 HOURS TAKEN)
61.00 ATTEMPTED HOURS 152.00 POINTS 2.491 GPA

+ 2.000 GPA IS SATISFIED USING JUST EASTERN COURSES. 21.00 ATTEMPTED HOURS 51.00 POINTS 2.428 GPA

TRANSFER COURSES USED TOWARD GRADUATION.
(40.00 HOURS TAKEN)
40.00 ATTEMPTED HOURS 101.00 POINTS 2.525 GPA

+ AT LEAST 32 HOURS TO BE COUNTED TOWARD GRADUATION HAVE BEEN TAKEN AT EASTERN.
(21.00 HOURS TAKEN)

IN-P ---> 27.00 HOURS

- AT LEAST 43 HOURS MUST BE TAKEN AT THE 300 LEVEL OR ABOVE.

12.00 HOURS ADDED

IN-P ---> 18.00 HOURS NEEDS: 13.00 HOURS

AN APPLICATION FOR GRADUATION MUST BE ON FILE IN THE DEAN'S OFFICE PRIOR TO GRADUATION. DEADLINES: DECEMBER CANDIDATES - APRIL 30; MAY CANDIDATES - OCTOBER 31.

▼ X !!!!!!!! WRITING INTENSIVE REQUIREMENT !!!!!!!!

You are required to complete a writing intensive General Education course upon completion of your Block 1A and Block 1B Written Communication requirements. Courses that meet the writing intensive requirement are designated with a "W" suffix.

The University Registrar will waive the Writing Intensive Course Requirement for all students graduating Summer 2008, Fall 2008, Spring 2009, Summer 2009, Fall 2009. The waiver will be applied at the time of graduation verification.

ORIENTATION REQUIREMENT IS COMPLETE OR IS IN PROGRESS.

What do you mean, "Writing Intensive?"

Most students don't sign up for classes planning to see a "W" on their transcripts or CARES reports at the end of the semester - but students who enrolled at Eastern in the fall of 2007 or later will need to have at least one "W" on their CARES report in order to graduate. Instead of indicating a withdrawal from a course, this "W" will actually help fulfill the newly established Writing Intensive Requirement.

The requirement was instituted after a visit from the Southern Association of Colleges and Schools (SACS) - a council on school improvement that visited Eastern in April 2007.

Deborah Core, an English professor and new director of the Thinking and Communicating Across the Curriculum (TCAC) committee, said SACS and Eastern agreed they wanted to help students think critically and communicate more effectively through writing.

Core said if the courses are successful, it'll be worthwhile for students.

"With these writing intensive courses, students won't have to submit Hail-Mary papers where they throw it in and hope it works: they should be able to turn in papers they've thoughtfully considered and are proud of," Core said.

Amy Thieme, a communication professor and member of the TCAC committee, said that's what the courses are designed to do.

"We came up with the idea of writing intensive courses which will give assignments designed to focus on the process of improving writing, as opposed to just turning in assignments and seeing what you did wrong," Thieme said.

Unfortunately there have been a few snags in the plan. One major problem has been the limited number of classes offered.

Thieme said the committee is working on that, constantly encouraging general education faculty to turn their classes into writing intensive courses. The committee is also working toward

incorporating more major courses, she said.

Thieme said turning a course into one that satisfies the writing intensive requirement takes quite a bit of work on the professors' parts, too.

"Professors have to develop a plan which meets strict requirements that won't just throw more writing assignments at students, but rather focus on revising and critiquing," she said.

And then there's the issue of student confusion.

Core said students who have completed the university writing requirement, have transferred to the university and have completed general education requirements, have an associate's degree, or are graduating on or before the December 2009 graduation date are exempted from the requirement.

All others should see the requirement on their CARES report, and should take it seriously.

"We don't want students to be handicapped in any way by this, but it is important. You can't just blow off the requirement," Core said.

Thieme said students shouldn't stress if they haven't been able to find a class that works in their schedules yet.

"Hang loose," she said. "The university is on top of things and thinking about how to make this requirement accessible to everyone. More classes are on the way."

Thieme said SACS pushes universities to make their degrees mean something and is holding Eastern accountable for the degrees it awards.

"We want our students to be shining examples of exemplary writing and critical thinking," Thieme said. "We know the job market is tough, so let us help you be ten steps ahead of someone who can't write as well. We want an Eastern degree to make you competitive in the job market."

Available Writing Intensive Courses

Fall 2008

PHI 240W - Philosophy of Religion

PSY 200W - Introduction to Psychology

PSY 300W - Social Psychology

Spring 2007

AUT 35 1 W - Archaeology, Writing Intensive

HIS 204W - Intro to Latin American History

PSY 200W - Introduction to Psychology

PSY 280W - Lifespan Developmental Psychology

THEL 301W - World Religions

Fall 2009

#IS 204W - Intro to Latin American History

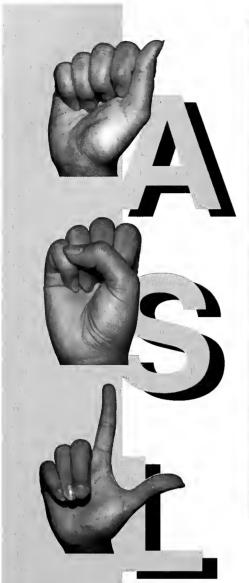
NAT 380W - Science and Society

PHI 110W - Intro to Philosophy

PSY 200W - Introduction to Psychology

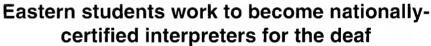
PSY 300W - Social Psychology

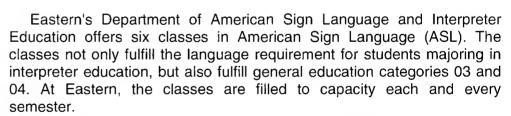
REL 301W - World Religions











The ASL courses focus on the basic knowledge of ASL while also incorporating cultural features of the deaf community. As students progress through the six courses, their ability to express themselves in ASL grows, as does their understanding of the culture of the deaf community.

In any given fall or spring semester, approximately 250 students are enrolled in ASL courses. Of those students, 20-25 are juniors or seniors who have been accepted into the interpreter education program with the goal of becoming nationally-certified interpreters for the deaf. Another 40-50 students are freshmen and sophomores who are pre-interpreter education majors.

The classes are some of the most popular at Eastern, and give students a chance to learn a new language while exploring a different culture. It's a chance many can't pass up while at Eastern.



Top: ASL 102 student Leslie Booth communicates with a fellow classmate by asking, "Where?"
Above: Vicki Brashear instructs her ASL class through demonstration.



"The only thing a deaf person cannot do, is hear."

 I. King Jordan,
 First deaf President of Gallaudet University

Top: ASL students develop a special bond with one another over the course of the semester, learning and developing communication skills most others do not possess.

Right: Chasidy Zimmerman fingerspells her answer to another ASL peer.





First-time students build a community within a community

The NOVA Program, Eastern's TRiO Student Support Services program, is designed to serve Eastern students with academic potential who are the first in their family to pursue a four-vear degree.

In 2009, the group had many accomplishments to be proud of: one of which being the formation of the NOVA Stars registered student organization (RSO). NOVA Stars is a student-run organization developed by one of the service-learning teams in the program this past spring semester. Its primary goal is to fulfill the social needs of NOVA participants as well as help facilitate NOVA projects (such as peer mentoring, service-learning projects, and orientation).

This year has allowed many students to shine. Courtney Spradling (NOVA Stars President and three-time peer mentor) won the highly sought after regional SAEOPP Scholarship for TRiO participants.

Stephanie Moore, Khyati Patel, and Sarah Royce were all accepted into the extremely rigorous and rewarding McNair Scholars Program for students who will go on to

earn their Ph.D.

NOVA also has a Study Abroad participant - Jessica Slone. She plans to travel abroad to London, England.

The program offers classes to its members as well. This is the first year all spring Peer Leaders for GSD 225S, the second course in the NOVA Program's cycle of success, were all NOVA active participants. Seven Peer Leaders (Gina Miller, Laney Miller, Kayla Sergent, Danni Burch, Brian Fultz, Jonathan Slone, and Courtney Spradling) will receive the Ethel Stewart Leadership Scholarship this coming fall for their excellent mentorship and dedication to the program.

Megan Sevier and Courtney Spradling won the Nancy Hindman Leadership Award, offered to the most outstanding NOVA participants who have given back to the program.

Forty-three graduates from the fall and spring are now NOVA Alumni, and overall, the academic year was extremely productive and eventful for the program.



Close bonds form quickly in NOVA. Here, NOVA member Glen Smith wraps an arm around Peer Leader Danni Burch.



The NOVA service-learning team surrounds Peer Leader Kayla Sergent.



Paige Crabtree and Shayna Runyan became two of NOVA's newest stars during the fall semester of 2008.

NOVA

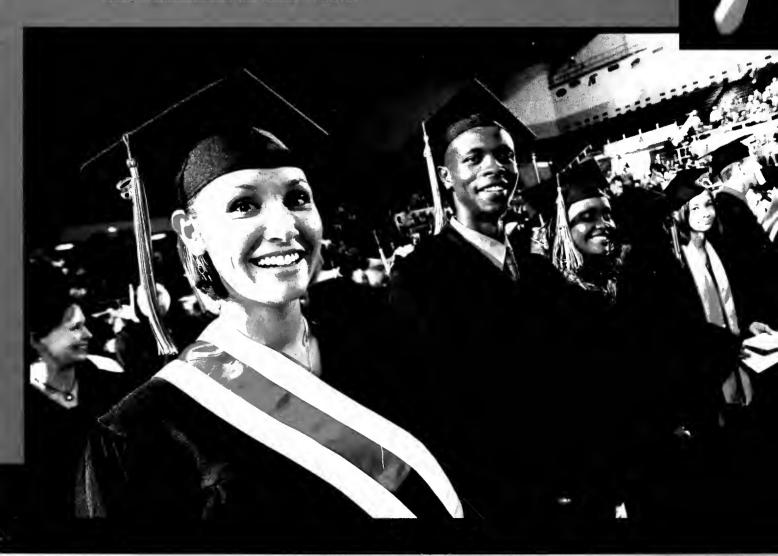
A Walk to Remember

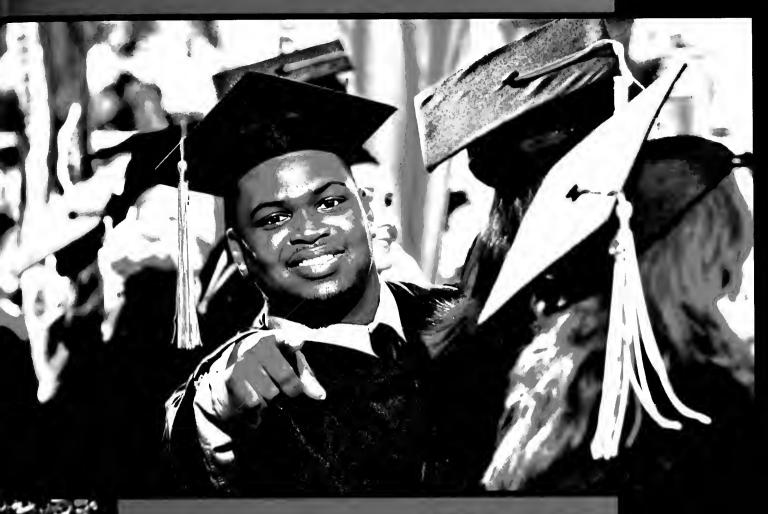
A graduation is a drawn out goodbye. It is a ceremony that all students look forward to, for it is another door closed, another chapter completed, another step closer to the real world. On October 20th, 2008 the fall graduates were honored with their diplomas. This accomplishment would be the first of many down their own individual paths of success.

Most students are more than a bit nervous when introduced to the college life. Some find the missing pieces to the puzzle and have no trouble adjusting at all; others never really find their groove. Whatever category you fit into, hard work pays off. Whether procrastinating on a paper or cramming with a midnight study session in the library, walking across the stage brings a sense of relief, and you can finally say it was worth it.

As the mothers cry and the fathers pat their wallets, acknowledging it was money well spent, graduation is a moment that is simply irreplaceable; the seconds of recognition, well worth it.

Leaving campus will be unlike any other time before. It's when you realize that though some relationships accumulated over four years may fade, those that last will remain forever.





You are educated. Your certification is in your degree.
You may think of it as the ticket to the good life. Let me ask you to think of an alternative.
Think of it as your ticket to change the world.

- Tom Brokaw



Pomp and Circumstance

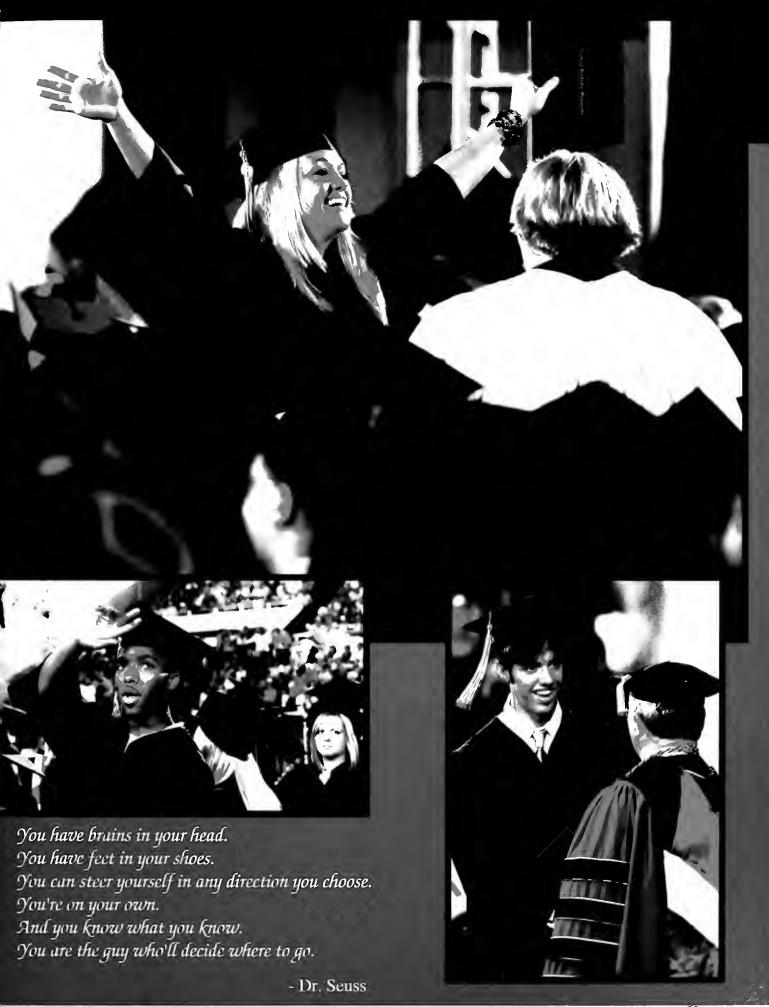
After all those late nights in the library and endless hours in the classroom, more than 2,100 Eastern students became alumni as they walked across the stage in Alumni Coliseum on May 9, 2009.

This year's festivities started earlier than previous years and won't soon be forgotten. The ceremonics for the Colleges of Arts and Sciences and Business and Technology began at 9:30 a.m. and for the Colleges of Education, Health Sciences and Justice and Safety at 2 p.m.

The ceremonies will live in infamy for other reasons as well. Traffic was the worst some said they'd ever seen for graduation. Eastern decided against a summer commencement ceremony and offered summer graduates the opportunity to walk in May. While the overflow of friends and family remained an obstacle, the audience stayed focused on the reason for the ceremony and it was ultimately a success.

The university awarded 1,526 bachelors degrees, 424 masters degrees, 148 associate degrees and nine specialist degrees during the ceremonies.









The End of an Era

When the final whistle blew at the end of the Battle of the Bluegrass in 2008, it signalled not only the end of the game, but most likely the end of a storied rivalry.

Eastern and Western have been rivals in virtually every way for nearly a century - two schools of comparable size just hours from one another, competing to draw the same students from Kentucky and the surrounding region. For all the contests between the schools, there was perhaps no greater than that of the Eastern/Western football game - the Battle of the Bluegrass.

The annual tradition, which began in 1914, gave students from both schools the chance to express their mutual hatred for one another -harmlessly, of course. For years, students at Eastern have been almost expected to own something that expresses anti-Western sentiment for sporting events, including shirts, hats, signs and flags.

After 2008, however, all that is likely to change.

Western will remain a rival in many other sports, but in football, the sport with the most fan attendance at Eastern, the annual rivalry game is almost certain to disappear.

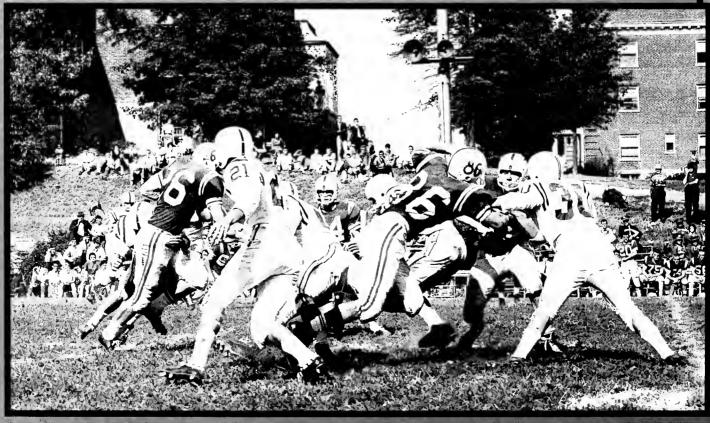
Western is transitioning to a I-A team in the Football Bowl Subdivision, while Eastern remains a I-AA team in the Football Championship Subdivision. That means Western couldn't use its potential victory over Eastern to be bowl-eligible, and could never come to Roy Kidd Stadium to play. In addition, Eastern would receive less money for traveling to away games to play in Bowling Green. The situation is a lose-lose-lose situation: for Eastern, for Western, and for the fans.

Unfortunately for the Colonels, the Hilltoppers will go out on top of the series 47-34-3. Also unfortunate, the final Battle of the Bluegrass for the forseeable future ended with a 37-13 victory for Western.

The series, however, has always been about much more than wins and losses. Colonel fans have always embraced their mutual disdain for their biggest in-state rival, and players were surely no different. The many years that the game coincided with homecoming were especially popular, and former students will always treasure their fond memories of the games.

Truly, it will be missed.





Above: Often the Battle of the Bluegrass coincided with homecoming at Eastern, pouring fuel on a palmed by lit fire. Here, a monacing pile-up in 1961 shows the ferodity of the rivalry between the Colonels and the Hilltoppers.



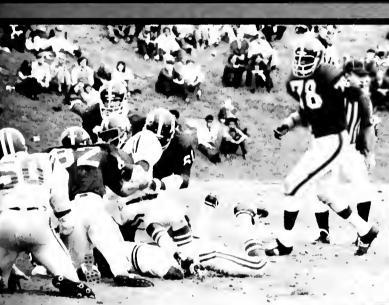
Left: An Eastern receiver spikes the ball in front of a Western defender in 1979.

Below Left: James Croudup (51) and Mark Shireman (82) tackle a Hilltopper in Eastern's homecoming game of 1971.

Below Right: A student in 1979 proudly displays her disdain for Western with a flag that speaks for itself.

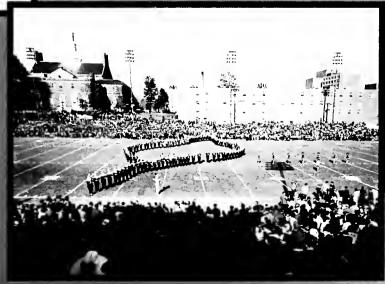
Bottom Left: Some of the biggest games in Hanger Field history have come against Western, and the Battle of the Bluegrass was typically the most-attended game each and every season.

Bottom Right: This 1967 photo of the Marching Colonels at halftime shows Eastern's field beside the Keen Johnson Building and Case Hall, where Powell and the Meditation Chapel currently stand.









The Final Battle



t is a rivalry that has spanned more than 90 years. It has featured 84 meetings. And at Roy Kidd Stadium on Sept. 6, 2008, 18,500 fans watched history in the making as East met West in the Battle of the Bluegrass for the very last time. In recent years Western has chosen to move from the Football Championship Subdivision to the Football Bowl Subdivision, thus terminating the Eastern/Western rivalry due to Sun Belt Conference rules. The rules prohibit FBS schools from playing at FCS schools, and since Eastern has declined to play at Western every year, the rivalry will come to an end. The game itself was a tale of two halves when Eastern played Western for the very last time in Roy Kidd Stadium. In the first half the Colonels kept pace with Western and at times outplayed the Hilltoppers. Still, Western led 16-13 at the half. Eastern was outscored 21-0 and fell 37-13 in the second half for their second straight loss to start the season. Western moved down the field on their first possession, utilizing its ground game. After scoring a touchdown on their very first possession, Western led 7-0. Eastern had a short field on their first drive after the kickoff went out of bounds, but the drive stalled at the Hilltoppers' 29-yard line. Senior Taylor Long hit the 46-yard field goal and put Eastern on the board.

EKU vs WKU

Western then led 7-3. Western suffered a major loss on its next drive when their quarterback went down after a scramble with an arm injury. Western reported he suffered a separated shoulder and did not return to the game. "If you get the starting quarterback to go out, that's always a good thing," Eastern head coach Dean Hood said. Despite the injury, the Hilltoppers sustained their drive and took a 13-3 lead early in the second quarter after a touchdown and a missed extra point. The Colonels responded with three pass plays of over 15 yards on their next drive, including a 37-yard pass over the middle to Stephon Fuqua. Eastern quarterback Allan Holland ran the ball in from six yards out for a touchdown and cut Westerns lead to 13-10 after the extra point. Western's backupquarterback struggled on his first full drive, but the Hilltoppers made up for his problems with the ground game. They moved the ball down to Eastern's 31, and made a 48-yard field goal to push the lead to 16-10. The passing game continued to be successful for the Colonels as they moved the ball through the air down to the Western 24; Long hit a 41-yard field goal to make it 16-13. "We were moving the ball; we just didn't get in the end zone," Holland said. "We need to find ways to score. That comes back to haunt us later on in the game. "With 32 seconds left in the half, Western moved the ball down to Eastern's 28. Chris Harris blocked Westerns 45-yard field goal attempt and the first half ended on a high note for the Colonels.

If you get the starting quarterback to go out, that's always a good thing

Eastern head coach Dean Hood



Some Chapter A Adam Holland, fires a bullet to his servor Tight End. Support 1986 of the Schrift Bown.





i i Laurine, Deboorie Di i Harrino Combour pogr







Eastern wins OVC Championship for second straight year

First-year head football coach Dean Hood wasted no time reasserting Eastern's dominance in the Ohio Valley Conference in 2008.

The Colonels finished the season with a record of 8-3, 7-1 in the OVC. For the second year in a row, the Colonels took home the OVC title, bringing their total to 20 all-time. The Colonels clinched a spot in the playoffs for an FCS-record

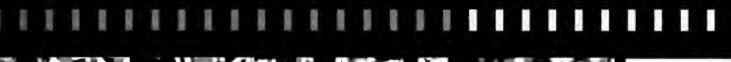
19th time, but lost 38-10 in the first round to the Richmond Spiders.

Eight Eastern players were named to the All-OVC team, including senior tight end Stephen Sizemore, senior defensive lineman Chris Coy and senior defensive back Brandon Gathof. Senior kicker Taylor Long also earned a spot with the first-team specialists.

Eastern rallied from a 1-3 start to win

their final seven games and clinch the OVC title. The turnaround earned head coach Dean Hood the OVC Roy Kidd Coach of the Year award, bringing the award to Eastern for the second year in a row.

With its 8-4 overall record, Eastern completed its 31st consecutive winning season and shows no sign of trailing off in the OVC anytime soon.











Senior DB Brandon
Gathof makes a
perfectly executed
tackle on a UT Martin
wide receiver. Gathof
is one of eight threetime All-OVC
selections in Colonel
football history. He led
Eastern with 12
tackles, two
interceptions and a
blocked field goal
during the OVC title
game, pictured here.

Top Left. Junior running back C J Walker plows through Cincinnati defense in Eastern's first game of the season

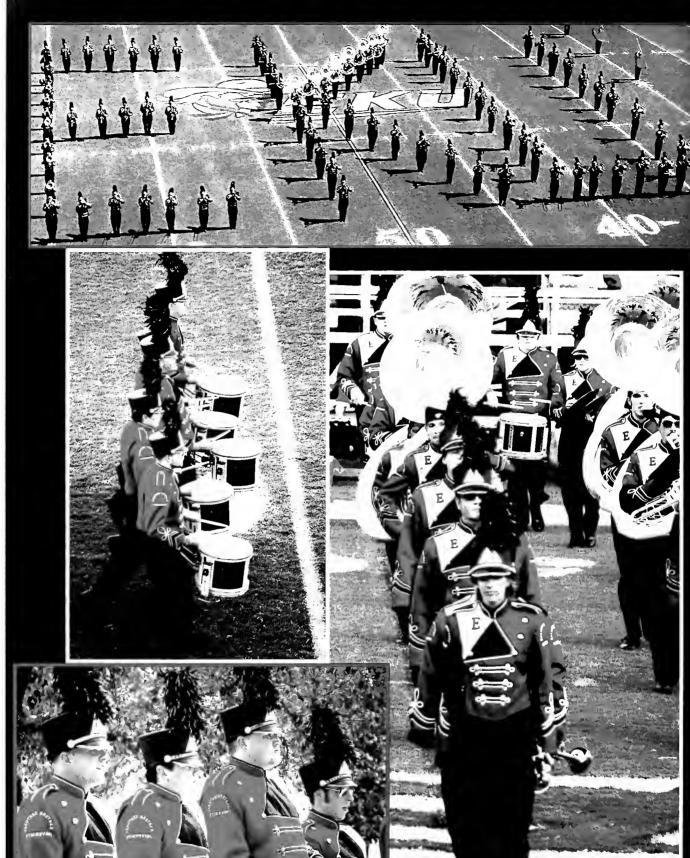
Right The Colonels celebrate after winning their second OVC title in as many years Senior Brandon Gathof blocked a last-second field goel to defeat UT Martin 33-31 in the title game

Left The Colonels defensive line waits for the snap to try and sack the Eastern Illinois quarterback. The Colonels won this Homecoming game 20-7

Bottom Left Senior quarterback Allen Holland stands firm in the pocket. After two years as a Colonel starter Holland will leave Eastern third on the all-time passing list with 4, 5 yards.



a n g e t r



Above Left: The drumline is always a crowd-pleaser. Eastern's 2003 line consisted of five bass drums, three sets of tenors, three merching cymbal players and five snares, pictured here.

Above: The Marching Colonels stand at "attention" between sungs of a halftime performance at Aby Kidd Stadium.

ett: The Marching Colonals spell 'EKU" on Hanger Field. Hanger Field. Is a crowd Isverite year in and year out.

Right: Senior scusophone
Tim Hill marches with the Colonels for his final season.



Being a Marching Colonel: more than just a half-time show

The 2008 Marching Colonels started their season off like any other. Band camp was exhausting, practices were grueling, and performances on the field were cherished. But as the days went on the band began to realize that 2008 would be a great year. The leadership on the field was different than in the previous years, and off-field chemistry translated to energy on the field. Members meshed well together and all aspired to the same goal: to entertain crowds and each other on and off the field.

The theme for 2008 was Guitar Hero. The band took this show with them when they performed in exhibition during a high school marching band competition in Boyle County. Members said the performance in Boyle County was one of the more memorable moments of the season. It was one of the bands best and most energetic shows of the season.

The bands popular Marching Colonel For A Day event returned in 2008, as well. High school musicians from around Kentucky joined the Marching Colonels for their halftime performance on Nov. 15. Incorporating students from counties all over Kentucky, the event is always a fan favorite and this year was no exception.

The Marching Colonels season was not officially over until Dec. 1. The months of camps, practices and performances finally came to a close, but would not seen be forgotten. In honor of the seasons end, Easterns music department rewarded the students with a banquet catered by Sonnys.

The students worked hard and showed great leadership on the field, but the 2008 Marching Colonels wouldnt have been the same without their director, Mr. Ken Haddix. Members of the Marching Colonels say Haddix is a strong-willed leader who single-handedly makes being a Marching Colonel an unforgettable and enjoyable experience.

Easterns marching band program has much to be proud of. Saturdays at Roy Kidd Stadium wouldnt be the same without the enthusiasm of the band in the bleachers and at halftime. Music students who miss out on their chance to be a Marching Colonel know theyre missing the chance to be a part of something special. Unity can be difficult to find in college, but not for the Marching Colonels. For them, unity is something that lasts all season long. The friendships made will last even longer.

Crossing the Line











(Top to bottom): Maria Doerger, Kat Pagano, Josephat Melly, and Katie Honigford all finish strong on the Wood Trip Trail. Both the men and women defeated Marshall University by a margin of ten or more points.

Right: Eastern's Cross Country team captured the OVC title for the third year in a row.

The Colonel cross-country team takes home OVC championship for the third year in a row

The Eastern Kentucky cross country team completed its season with great honors. For three straight years, both genders' OVC Championship titles have belonged to the Colonels.

In men's OVC competition, five of the top six finishers were Colonels. Eastern's men's cross country team showed its ability to dominate with its performance at this year's competition.

The women captured their third consecutive win at the OVC Championships this year as well. These women faced tough and close competition throughout the season, pushing them to perform their best and keep their title of OVC Champions in 2008.

Still, it's not all about winning and losing. One of the most honorable awards in cross country competition is the OVC Sportsmanship Award, bestowed this year upon Eastern's men's team. Voted on by the student athletes and coaches of the

respective sports, the sportsmanship aware is given to the conference squad deemed to have best exhibited the standards of sportsmanship and ethical behavior accountlined by the OVC and NCAA. Included in the areas for evaluation are the conduct of student-athletes, coaches, staff and administrators and fans.

Long-time Eastern assistant track and field and cross country coach Tim Moore was inducted into the Kentucky Track and Cross Country Coaches Association Hall of Fame. Moore was given the honor at the association's 4th Annual Awards and Hall of Fame Banquet. Head track and field and cross-country coach Rick Erdmann, who was inducted into the association's Hall of Fame in 2007, was named the 2008 University Mens' Cross Country Coach of the Year, at the banquet. Erdmann and Moore are the only current head and assistant coacl tandem in the Hall of Fame.



Top right: The mens team huddles to psych themselves up just' betare the race is on

Right: Sophomore David Willis rounds a corner at Eastern's own Wood Chip Trail. Willis linished eighth, helping the Colonels defeat Marshall University

Far Right: Sophomore Kat Pagano completed her single two-mile leg in 12:13.1, finishing sixth at the Wood Chip Trail meet.

Below: Evans Kiptoo (left), Joseph Maina (center) and Elkana Kurget (right) all hail from Kenya, end have helped bring tremendous success to Eastern's cross country team.







New field, Same game.

The path that lead to Eastern's women's soccer team's historic 2008 season was filled with wins, losses, ties, shootouts, highlights, and program firsts that defined the Colonels' 2008 campaign.

"It just shows the kind of leadership on this team. The six seniors this year embody what it means to be hard workers, and this program will miss them," head coach Lindsay Basalyga said.

In its first game of the 2008 season, the women's soccer team battled cross-state rival Western Kentucky University. After a scoreless first half, the Colonels responded to the Hilltoppers score by tying up the game with six minutes left, resulting in a 1-1 tie in soccer's edition of the Battle of the Bluegrass. The team experienced competition as well as camaraderie with games at Fresno State and San Francisco, returning from

California 1-1 after losing a heartbreaker to Fresno State 1-0, and then bouncing back to defeat San Francisco by the same score.

"I love getting to compete with quality players each day," sophomore Alex Raich said. "It is awesome getting the opportunity to travel the country to play the game we all love," she said.

the game we all love," she said.

The colonels battled for a 2-0 victory at conference opponent Jacksonville State in the regular season finale.

The team finished the season with a program-best record of 8-8-2 (5-3 OVC) and entered the OVC Tournament for the first time ever as the number two seed.

"The first year of the program, the team won only one game," senior captain Jessica Goshert said. "Not only have we come together on the field to break program records and have success, but we have developed so much off the field as a team as well."







Above: Junior Ashley Green tries to get the ball away from the Southern Illinois-Edwardsville opponent. The Colonels snuck by with a 1-0 win in their last home game of the season.

Right: Senior midfielder Laura Caldon was one of six seniors on this year's team.









Top: The Colonels gather for a last minute huddle before a game to try and get some adrenaline pumping.

Left: Sophomore goalkeeper Emma Werner makes a great leaping save to save a goal against the Hilltoppers of Western Kentucky. The Colonels ended the game with a respectable 1-1 tie.

Bum? cex Spike

The Colonels look ahead following tough season

It was a long season for Eastern's 2008 women's volleyball team - a season that saw the team finish 6-23 overall, 4-14 in the OVC.

The Colonels faced a tough schedule from the very beginning. Eight of their opponents won 20 or more matches in the previous year, and seven climbed to the top of their respective conferences. In the first three weeks of the season alone, the Colonels faced powerhouses like Kentucky, Ohio, Pittsburgh, Indiana and Florida State.

The team struggled in the OVC, as well, eventually finishing 4-14 in conference play. Much of their struggle was the result of the injury bug, as two projected starters were forced to miss the entire 2008 season with injuries.

Seasons aren't all about wins and losses, however, and the Colonels gave invaluable experience to eight new players in 2008.

One of those newcomers was junior Lindsey Loesher, a transfer from McHenry County College. Loesher proved to be a stand-out player for the Colonels, leading the team in kills (371) and aces (21), and finishing third on the team in digs (197). Her play earned her a spot on the OVC All-Newcomer team, and her 3.67 kills per set placed her second in the OVC.

Head coach and Eastern alumni Lori Duncan coached her 11th season at Eastern this year, and despite a tough year, is ready for her 12th.

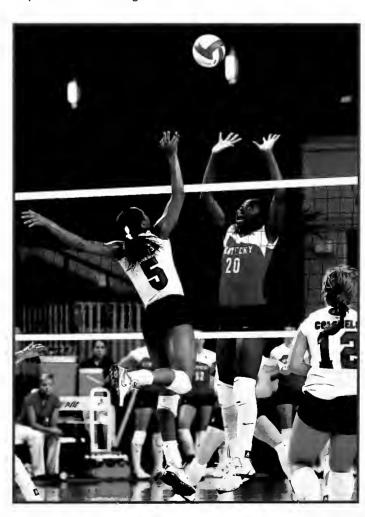


Senior Amanda Wilson spikes on a Kentucky Wildcat for a hard earned point. Wilson plays middle blocker for the Colonels.

Senior middle blockers Amanda Wilson and Bridget Mustard will be sorely missed next year, but Duncan hopes that several of this year's rookies will step into prominent roles in 2009.

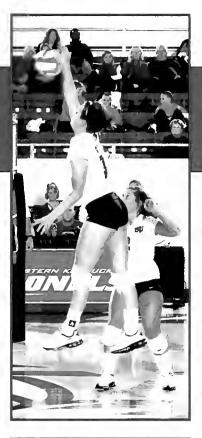
Sophomore Abby O'Connor, named defensive MVP by Duncan will return to the team, as will offensive MVP Loesher.

The program is known for pristige, having won consecutive regular season titles under Duncan in 2004 and 2005. With the talent returning and having had a complete season under the newcomers' belts, the Colonels will look to improve their standing in the OVC in 2009.









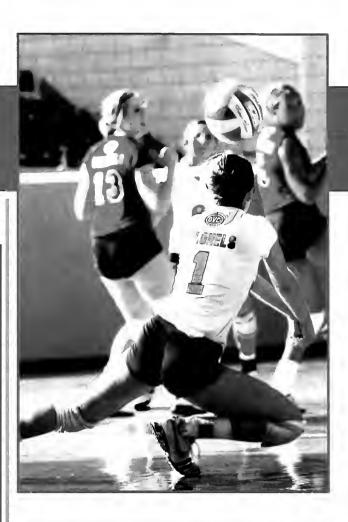
Above and Top Right: Sophomore Abby O'Connor spikes, then digs one out for the Colonels agianst the Redhawks.

Left: Senior Bridget Mustard sends a spike into the Southeast Missouri State Redhawks backcourt for a point.

Right: Freshman Hannah Groudle locks fingers with her teammates before a match.

Below: The Colonels celebrate after a point earned against the very tough Kentucky Wildcats.







Nothing but Net



The Colonels go 12-2 in McBrayer Arena, but fall to 18-13 on the season after a first-round loss in the OVC Tournament

Head coach Jeff Nuebauer and the Eastern Kentucky University Men's Basketball team had a season to be proud of. During Nuebauers fourth year, the Colonels ended the season with a record of 18 wins and 13 losses. Eastern knocked off three OVC powerhouses during the regular season, beating UT Martin, Austin Peay and Morehead State University, the eventual OVC Tournament Champions.

The Colonels were only swept by one OVC team, Murray State, and suffered a grueling loss to IU Northwest on Dec. 22 by one point.

This year the team received national attention when they played on ESPNU against SEMO on Feb. 20.

The Colonels went 3-0 against Mid-American Conference opponents and were a force to be reckoned with at home. The Colonels went 12-2 against teams that traveled to McBrayer Arena.

The 2009 season concluded with a tough loss to Morehead State in the quarterfinals of the OVC Tournament, which was held at Morehead State University. The Colonels put up a strong fight but failed to connect as the Eagles beat the Colonels 91-72.

Left: Junior guard Robin Mestdagh beats his defender and lays in a finger roll.



Above: Junior guard Papa Oppong drains a three pointer as his teammates on the bench pump the team up.

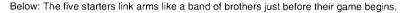
pointers. Two of these three-point shots were hit at the buzzer allowing Eastern to knock off Chicago State and SEMO.

During senior Ryan Wiersmas stint at Eastern, the Newark, Ohio native averaged more than 18 minutes per game and played in 99 games.

Other contributing players included freshmen Josh Jones and Jorge Camacho who both earned OVC Freshman of the Week honors.

Sophomore Justin Stommes, who averaged more than ten points per game, and juniors Josh Taylor (10.9 PPG) and Papa Oppong also helped assist Eastern's winning season.

Colonel fans can anticipate red-shirted junior Josh Daniel to contribute and lead the Colonels squad next season.







Above: Senior Mike Rose's leadership and ball skills will be missed. Rose was the first Colonel to win back-to-back first team All-OVC honors since 1980 and finished his career second on the EKU all-time scoring list with 1,763 points.

Above Right: Junior Josh Taylor dunks on the Colonels' home court. Taylor finished the season second on the team in scoring with 10.4 ppg.



#20

#24

#31

Mike Rose

Position: Guard

Height: 6-3

Weight: 195 Class: Senior

Hometown: Naperville, III.

Josh Taylor

Position: Forward

Height: 6-7

Weight: 245

Class: Junior

Hometown: Pittsburgh, Pa.

Justin Stommes

Position: Guard/Forward

Height: 6-7

Weight: 200

Class: Sophomore

Hometown: Cold Spring, Minn.









Above: Senior guard Mike Rose led the Colonels in scoring, rebounds, steals and assists. Rose averaged 20 points per game and finished the 2008-2009 season as the top three-point shooter in the NCAA, shooting 48.1 percent from behind the arc.



Left: Head coach Jeff Neubauer talks strategy with the team up during a time-out. Neubauer's Colonels finished 18-13 overall, bringing his record after four years at Eastern to 67-57 (.540).

2008-09 Schedule/Results November 54-57 L 14 at FIU 18 Winston-Salem State 69-44 W 84-98 L 22 at Texas Tech 25 Thiel College 91-43 W 28 at Fairleigh Dickinson 83-47 W 29 vs. Akron 69-57 W December 4 Murray State 50-58 L 6 UT Martin 78-75 W 9 Covenant College 93-50 W 13 at Ball State 71-58 W 20 at Cincinnat 77-85 L 22 IU Northwest 73-74 L January 3 at Tennessee State 63- 69 L 5 at Austin Peay 79-82 L 8 Jacksonville State 75-67 W 85-80 W 10 Tennessee Tech 15 at Eastern Illinois 48-58 L 17 at Southeast Missouri 74-71 W 20 at Chicago State 71-68 W 24 at Morehead State 64-68 L 27 Austin Peay 73-70 W 31 Tennessee State 77-59 W February 5 at Tennessee Tech 80-73 W 7 at Jacksonville State 70-75 L 12 SE Missouri* 84-64 W 14 Eastern Illinois 73-55 W 18 Morehead State 74-70 W 21 Ohio 73-51 W 26 at UT Martin 55-74 L 28 at Murray State 65-70 L

March

3 at #4 Morehead State 9

91-72 L



Time will Tell...

Despite a rough season, the Lady Colonels look to the future with 10 of 12 players slated to return

The 2008-2009 Eastern Kentucky University Womens basketball season was a rebuilding year for the program.

Throughout the year, the Lady Colonels struggled to be productive behind first-year coach Chrissy Roberts. The Lady Colonels finished the year with an overall record of 7-20, and a record of 4-14 in OVC conference games. The four conference victories came against the University of Tennessee at Martin, Jacksonville State University and Tennessee Tech University. A key loss during the season was against Murray State University. That loss sealed the fate of the Lady Colonels - they would not have a bid to the OVC Tournament.

Coach Roberts laid heavy expectations on standout freshman guard, Kayla Drake, Drake rounded out the season averaging 16.0 points per game and 4.5 rebounds per game. Drake scored a game and career high 33 points against Chicago State in November, During the season, Kayla Drake was named OVC freshman of week 7 times and earned OVC Freshman of the Year honors.

Roberts also depended on sophomore forward Nadia Mossong, who averaged more than 9 points and 6 rebounds per game, and sophomore center Collette Cole, who averaged 8.5 points and more than 5 rebounds.

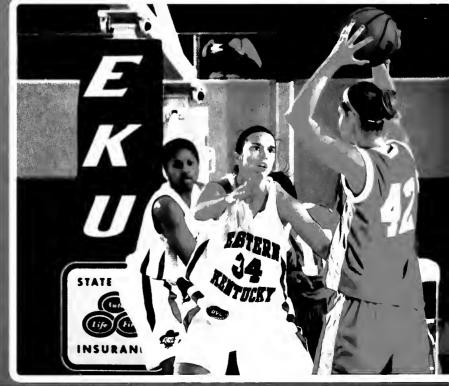
Other contributing players included sophomore Cheric White and senior Llona Muszak.

Despite a tough year, Coach Roberts and her coaching staff have a very positive outlook about the 2009-2010 season. The staff will be bringing in a very talented, versatile and diverse recruiting class which includes two players from Kentucky Although the freshman standout Kayla Drake will not be returning to the Lady Colonels squad, next season is sure to bring new faces and excitement to the Lady Colonels.

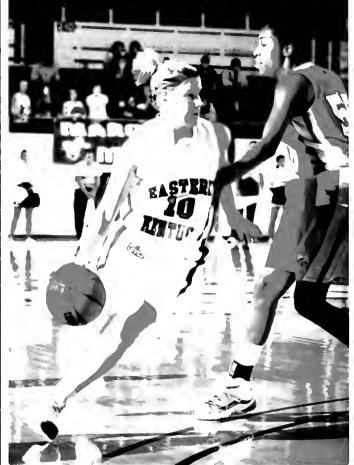


Left: Freshmen guard Kayla Drake drives past her defender for the easy lay in. Drake was named CVC Freshman of the Week seven weeks Juring the 16-week

Below: Sophomore forward Nadia Mossong averaged more than nine points and six rebounds per game.





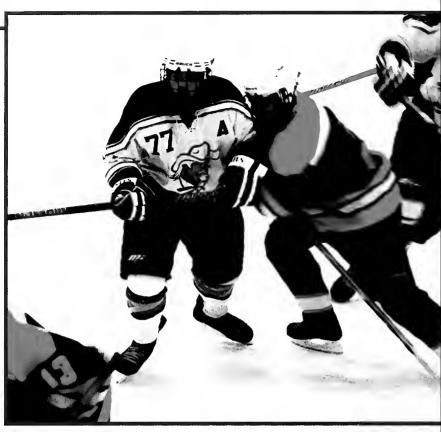


Allows: Junior guard Sarah Fraser-Jones drives past a defender. Frasier-Jones started 22 of the Lady Colonel's 27 games in 2005.

Left: Frashman guard Kayla Drake led the Lady Colonels in minutes played, scoring, steals and assists. She was named OVC Frashman of the Year, and recorded 20 or more points nine times this season.

Relow: Sephemere frieward Chane White fights for a rebound against the eventual OVC regular season champs. White averaged more than a points, more than θ rebounds and nearly two pssists per game.











Underdogs on Ice



The Ice Colonels' popularity allows the club to flourish -\$5 dollars at a time

Eastern's Ice Colonels have their determination and their fans to thank for it. Hockey, after all, is the third most-attended sport by students at Eastern.

The Ice Colonels, as a program, are a non-profit organization. The games start at midnight, and they charge five bucks at the door. The \$5 dollars each fan pays goes directly to rent the ice center, for travelling expenses and other team costs.

"The entrance fee goes directly to ensure that the fans will still have a hockey team to support," Alex Derthick, senior forward and Club President, said. "We honestly couldn't do it without the fans."

The fans play such a big role in the organization they have become somewhat famous

"I'm from Michigan, an area that has a lot of hockey," Derthick said. "People have neard about how wild and crazy our fans are even that far north, fans of a Division 3 organization. That says a lot," he said.

Derthick also said some teams express interest in playing the Ice Colonels because they have heard so much about the fans.

While the fans are obviously important to the Ice Colonels, the ice is where the magic really happens.

"In practice, we try to work on fundamentals, basics, and strategy. We practice hard. If we don't practice hard, we dont play good. It sounds cliché, but it's the truth," Derthick said.

Derthick said practicing so hard is necessary when you play teams such as the Universities of Dayton and Cincinnati, particularly physical teams.

Derthick said the University of Dayton was especially difficult, resulting in injured Ice Colonels.

"On the ice, we focus on things that will happen on the ice. We can focus on other things later," Derthick said.

The Ice Colonels finished their 2009 season ranked 15 in the North Region.



We Are Colonels

There's no off-season for Eastern cheerleaders

Cheerleader - noun

Definition: A person who leads spectators in traditional or formal cheering, especially at a pep rally or athletic event.

To some, cheerleading is not considered a sport, although it is as common as football and basketball and can hardly be thought of as delicate and effortless. Ask any past or present cheerleader, and you would hear a different story.

"Practices are hard, unlike what people may think," senior Colonel cheerleader Amy Ellis said.

"At times we feel like we live in our practice roomespecially over Christmas break, when we have two-a-days getting ready for nationals, meanwhile still cheering boys and girls basketball games," she said.

Eastern Kentucky University offers a cheerleading squad for anyone interested in cheering or getting the fans excited for the football or basketball teams during their season. Whether an individual has prior experience cheering or not, they can become a part of Eastern's cheer squad provided

they can perform the required stunts and moves that the coach deems necessary during tryouts.

Cheerleaders perform year round - during football season, basketball season, and also cheer competitions. They are responsible for spirit during home and away games, representing their school well during competitions, and also making time for practice, schoolwork, classes, and personal time.

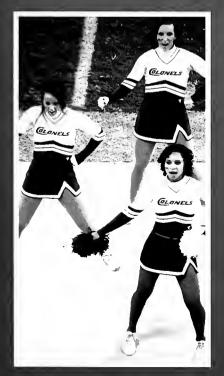
Cheerleading is as entertaining as any other sport, requires as much (if not more) time and dedication and effort, is as dangerous as any sport (just ask the girls that get thrown up into the air while performing stunts, and trust their squad to catch them), and is as much fun for participants as any other sport.

"My favorite part of cheering for EKU is the games," senior Brittany Brown said.

"I really enjoy getting the crowd involved, as well as being in front of people with the rest of my teammates."











Team Spirit

Eastern's Dance Team shows students and fans what it means to have Colonel Pride



While the dance team and the cheerleaders are both organizations that are considered spirit groups, there are major differences between the two. The dance team entertains the crowd at the football and basketball games, participates in competitions, and also periodically performs with the Marching Colonels.

"I have met a lot of people from being on the dance team at Eastern. From the Athletic Department to Student Affairs to athletic teams and clubs," senior Kate Fox said.

Tryouts begin in early April. They take up ten hours of practice and instruction, demand almost a dozen dance techniques, the memorization of a jazz and hip hop routine and the Fight Song routine. Participants must also choreograph and perform their own routine. The hard work and dedication pays off with a stellar group of dancers that not only love dancing, but love performing.

"My favorite part of dancing at EKU is the feeling that I get when I walk onto the football field or the basketball court. It is an adrenaline rush that is hard to explain," Fox said.

In order to perform to their fullest potential, the team can often be found practicing in the studio. The team practices multiple times a day, balancing performances, practices, home and away games, schoolwork, classes, and personal time. Before competitions, there are often additional practices scheduled as well.

All of the hard work pays off. When the dance team enters the court or field during a halftime performance, the crowd is presented to a great performance, and greeted with smiling faces showing that the team shares a true love for the sport. These girls gush team spirit and Colonel Pride, and crowds of adoring Colonel fans know it.



Youth Before Experience

The Colonels finish the season 27-24, one win short of making the OVC Tournament

Eastern's baseball team finished the season with a crushing loss to Eastern Illinois, eliminating them from the OVC Tournament. Still, after a season of adversity only five seniors will leave the Colonels, giving the young roster a chance to shine for the next several years.

The 2009 team started its campaign by hosting Oakland University in a three-game series at Turkey Hughes Field. Though the Colonels dropped the season opener, the season looked promising.

The Colonels hosted Western Kentucky University and Berea College in a double header, entering with a four-game winning streak. Eastern walked away victorious from The Battle of the Bluegrass (vs. Western Kentucky) and the Battle of Madison County (vs. Berea).

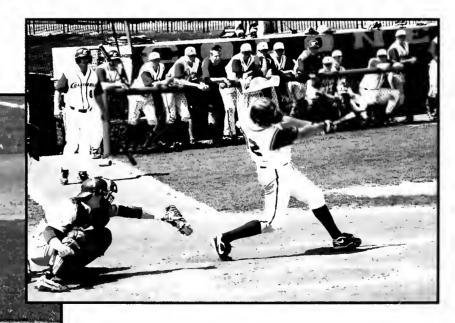
Eastern claimed wins against teams such as Buffalo, Western Kentucky, Louisville, Bucknell, Connecticut, Vermont, Toledo, and Austin Peay, but fell short against Kentucky, Bowling Green State, UT Martin, and Western Carolina, finishing the season at 27-24. Like so many Easern sports this year, the team played well at home (19-7).

"You will never remember the amount of hits or strikeouts you had in a game, but the memories you make together and talk about 20 years down the road," senior Aaron Barrows said.

Sophomore Jayson Langfels led the OVC in batting average (.441), RBIs (72), on-base percentage (.506) and slugging percentage (.830). The third-baseman is also tops in the country in RBI per game (1.64).

While a great season is surely something to be proud of, there are other aspects of the sport.

"The best part of playing baseball for EKU is being able to play the sport that I love, while representing an excellent university. I am also able to say that I was part of a great organization that has a bright future," senior David Owens said.



Far Left: Freshman righthander Matt Harris puts some heat on a pitch. Harris hails from Lexington.

Left: Sophomore infielder slugger Jayson Langfels cranks a hit. Langfels finished the regular season batting .441, the best among the Colonels.

Above: Senior outfielder Aaron Barrows sprints around the



Above: Freshman catcher A.J. Jamison slides into second.

Right: Stand-out senior infielder Matt Davis grips the bat and prepares to step up. Davis finished the regular season batting .418, the second-highest average on the team.

Below: Right-handed pitcher David Owens fires a fastball. Owens is a senior from Glendale.

Bottom Right: The Colonels pound Berea College 32-4.











Above: Junior catcher Jena Handley signs to her pitcher the perfect pitch to get the Calonels a strike jut.

Left: Freshman , ticher Brittany Mockbee throws a strike to and the inning for the Colonels.

Game On

Eastern Kentucky University's 2009 softball season began Friday, Feb. 13 at the Tiger Invitational hosted by Auburn. The Colonels scored their first runs in the top half of the fifth. After a single by freshman Diane Gallagher, senior Pam Webber followed with a home run over the left field fence.

After the EKU Softball Invitational was caticelled, the Colonels hit the road and were 5-3 in Kissimmee, Fla. before returning back to Gertrude Hood Field. The Colonels split a double header against the Morehead State Eagles, taking the first game 2-1, and falling in game two 12-7.

The team ended their season with a record of 17-27. Their conference record was 8-13.

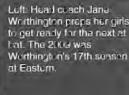
The Colonels will lose senior pitchers Chelsea Butler and Kalyn Fox, utility Jodi Pence, and outfielder Pam Webber, who were honored before playing their final home game. Fox earned her final win as a Colonel at home, defeating UT Martin 4-2.

Junior Shyenne Hussey and freshman Dianc Gallagher were selected first team All-OVC. Senior Kalyn Fox was chosen second team all-conference. Gallagher also earned a spot on the OVC All-Newcomer team. The team will look for Hussey and Gallagher to lead them to success in 2010.



Left: Junior catcher Jena Handley hits a single into left field.

Below: Sophomore infielder Amber Lenz looks for her sign to steal second base.



First Times a Charm



Lady Colonels make history by clinching first-ever OVC title

Eastern's women's tennis team had a dream season as they clinched the program's first-ever OVC crown and made their first ever NCAA Tournament appearance. The Lady Colonels fell to #16 Fresno State in the NCAA tournament by a score of 4-0

The Colonels concluded the season with an overall record of 22-6, received the OVC Regular Season title by posting a perfect 9-0-conference record and a first ever OVC Tournament Title by defeating Murray State. This OVC title allowed the Lady Colonels to earn a bid to the NCAA Tournament held in Urbana, Illinois. The Colonels also remained competitive in and out of conference matches with wins over Georgetown College and Northern Kentucky and key losses to nationally ranked #22 Kentucky and #32 Ohio State.

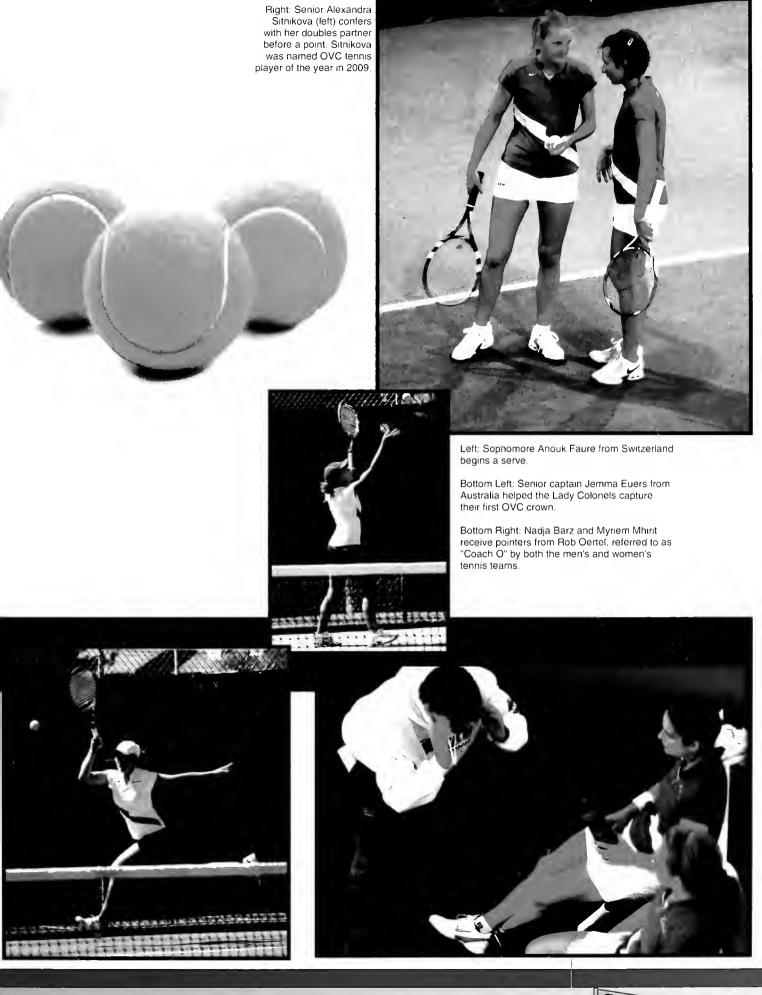
The top-seeded Lady Colonels tennis program, coached by Rob Oretel, was led by a pair of powerful seniors. The 2008 All-OVC first team selection and two-time OVC Player of the Week, senior Alex Sitnikova and two-time All-OVC first team selection, senior Svetlana Pimenova. Other contributing players included sophomore Myriem Mhirit who was named an All-OVC player of the week, senior doubles player Jemma Euers, sophomores Anouk Faure, Anais Hamel and freshman Nadja Barz and Alyze Pagal.

The 2009-2010 women's tennis team will miss the leadership and power of the seniors but have strong freshmen and sophomores to look to pick up the slack and continue the road to a second NCAA tournament bid.



Top: Anouk Faure, a sophomore from Versoix, Switzerland returns a serve during a doubles match. Above: Freshman Nadja Barz from Berlin, Germany, serves during an indoor match in February. Right: Senior Alexandra Sitnikova from Kazakhstan earned OVC first-team selection honors.





Now Serving.



The Colonels score OVC regular season crown with perfect 8-0 conference record

The Eastern men's tennis team concluded the 2009 season with disappointment, but had overall a successful year. The top-ranked Colonels finished with a record of 18-9 overall, but were defeated in the final round of the Ohio Valley Conference tournament by the second-seeded team, Jacksonville State. The Colonels earned the 2009 OVC Regular Season title by posting a perfect 8-0 conference record. Three of the team's nine losses came against conference-ranked teams; #44 Indiana, #39 Louisville and # 21 Kentucky.

In his eighth season of coaching, Coach Rob Oretel developed a young men's team into successful OVC regular season champions.

The Colonels were led by the 2008 All-OVC second team senior Mel Segota, and two-time OVC player of the week sophomore Alex Das Izquierdo.

Senior Vadzim Ivanis also aided th Colonels' success as a powerful baseliner in the singles category.

Other contributing players included Niklas Schroeder, Carlos Valdenebro, Parul Verma, Carles Pons Escanilla and Emilio Piriz, all freshmen at Eastern this season.

With such strong underclassmen, the Eastern men's tennis team will continue to succeed and hope for a birth in the 2010 NCAA tournament with the talented returning players.

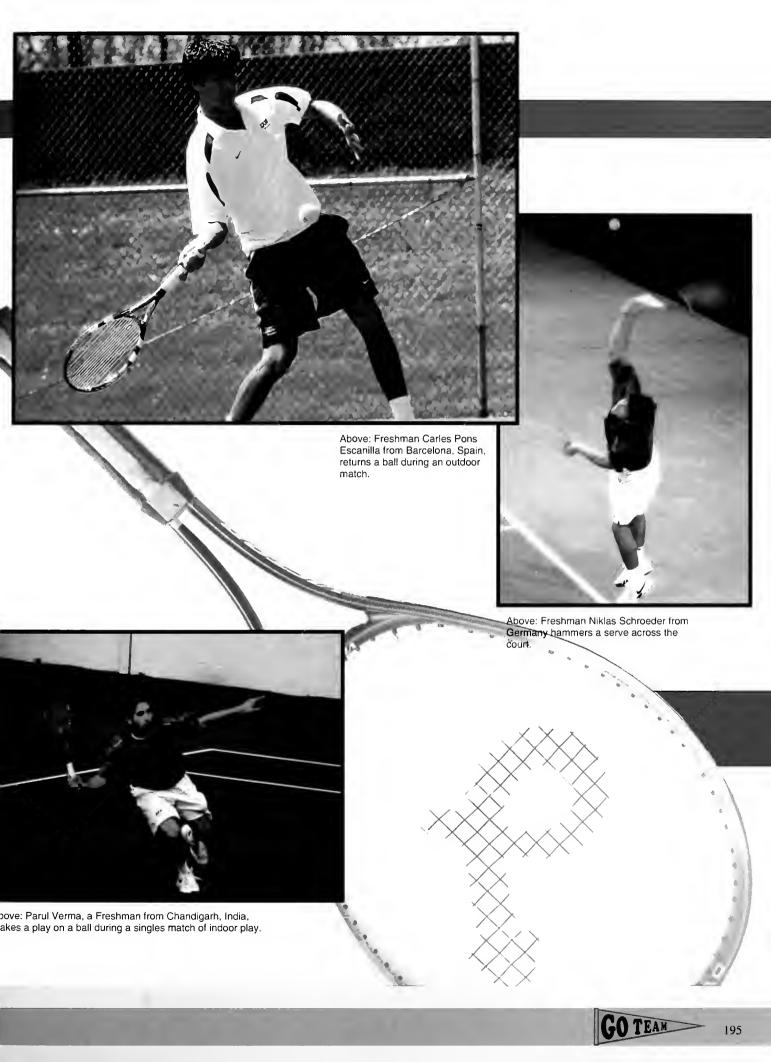


Top Left: Senior captain Mel Segota from Slovenia powers through a serve.

Above: Doubles partners Alex Das Izquierdo and Niklas Schroeder chat before a match.

Left: Sophomore Alex Das Izquierdo from Spain smashes a serve.





Going the distance

The 2008-2009 season was great for the Eastern Kentucky University Track Team. The Colonels defended their home field as they hosted the OVC outdoor championship competition this year and proved to be very successful with the mens second place finish and the womens sixth place finish overall. During the outdoor season, Shannon Davis, Stanley Mugo, Katherine Pagano, Joseph Mania, Evans Kiptoo, and Andre Evans captured six individual first place finishes. From the mens team, there were five OVC champions and 13 OVC All Conference athletes and there was one OVC champion and six All Conference athletes on the womens team.

The indoor season went well, too. The men placed third and the women fifth in the OVC indoor championships hosted by Eastern Illinois. One of the highlights of the indoor competition was when freshman Diamond Benjamin broke the OVC 60-meter dash record.

This year, in addition to their second and sixth place finishes, the team made 17 all-time best performances by an Eastern track team. In both indoor and outdoor championships, all the Colonels preformed exceptionally well in their competitions and look forward to an even more successful season next year.

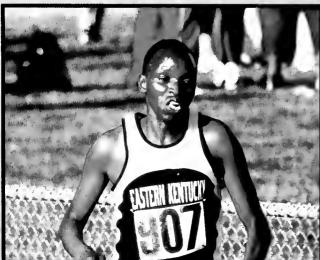


Far Right: Senior Randall Hopkins muscles the shot put as far as he can to get his team more points.

Right: Female Freshman of the Year Diamond Benjamin stretches for the 200-meter dash.

Below: Freshman Josephat Melly sprints to the finish line on his final 50 meters.









Senior Katy Ankrom rounds a turn trying to pace herself and pass the leader on the outside.



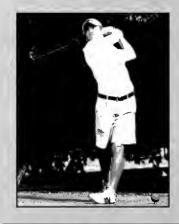
Teammates Evans Kiptoo and Joseph Maina lead the pack in their race at the OVC Track Meet.



Freshman Katie Honigford keeps up with the leader from Eastern Illinois University.

Tee Time









Eastern's Golf Teams get into Full Swing

Eastern's 2009 Men's Golf Team entered the year as the defending OVC Champions. Following a sensational 2008 campaign, the 2009 team didn't disappoint. At the end of the year, the team finished in a tie for third place in the OVC.

Standout senior Trey Bowling finished tied for fifth overall in the tournament championship round, earning him a spot on the all-tournament team. Bowling eventually finished 24th in the NCAA at the 2009 Division I Men's Golf Championship.

Other notable team members were freshman Brian Fister, who tied for 13th in the OVC tournament, senior Jesse Massie who tied for 16th and senior Brandon Berry who finished 20th.

The women's team placed seventh in the 2009 OVC Championship, led by sophomore Gabrielle Andersson. Andersson finished the tournament tied for fifth place, earning a spot on the all-tournament team herself.

The women's team was significantly younger than the men's this season, which gives them a promising future. Four freshmen, Linda Hogberg, Katie Wiedmar, Taylor Church and Kara Fant, finished in the top 32 in the OVC Tournament (tied for 19th, 21st, 23rd and tied for 31st, respectively).





Left: Freshman Taylor Church waits as her teammate, freshman Lindsey Rankin, tees off.

Left: Sophomore Gabrielle Andersson from Stockholm, Sweden, drives off the tee box into the fairway.

Far Left: A player from the men's team smashes a drive into the center of the fairway. The team finished tied for third in the OVC in 2009.







Above: Dillon Nickell makes a very difficult shot from the woods, a tough shot for even the most experienced disc golfers.



Above: Jay Embree throws a forehand out of the woods for a great approach shot on the basket.



Left: Colin Nickell takes his approach shot or the first hole to set himself up for an easy pa

Below: Dillon Nickell throws his driver with authority into the fairway.



Throwing for Par

Students find their niche through the sport of "Frolfing"

Disc Golf will become an official student organization at Eastern in the Fall of 2009.

Although the team will not actually kick things off competing until the 2009-2010 school year, they have been practicing and getting together already.

Jay Embree, a sophomore statistics and economics major started the club at Eastern. As the president of the organization, Embree, who has been playing disc golf for around seven years now, said he saw the need for the sport.

"I wanted to start a disc golf club at Eastern because I knew there was the interest to do so," Embree said.

Embree said disc golf is one of the fastest growing sports in the world and Eastern needed to jump on organizing people to play and get better together. When Richmond got a course at Camp Catalpa, it offered fellow disc golfers a place to meet and play together on a regular basis.

"We have about 12 members right now, without advertisement, just from people I have met up at the course playing," Embree said.

The team already has two events planned for next vear.

"We're hoping to hold a fundraising tournament at Catalpa in the fall," Embree said.

The proceeds from the tournament would help the team compete at the 4th National Collegiate Disc Golf Championships in Augusta, Ga. next spring.

Though it may seem odd to some, students shouldn't knock the sport until they try it. With Eastern's newly-formed team, they'll have their chance.

Below: Jay Embree takes his second shot from the fairway for a good approach and an easy putt for his third shot.



Below: Colin Nickell drains an easy putt for par from about eight feet away.





Above: Both teams tally up points at the end of each round to see who is in the lead.

Above: Cornhole doesn't exactly require the players' full attention, which is precisely why it is so successful with college-age students always trying to multi-task.

Right: Players battle each other during an intramural tournament in the spring with a sober sense of where the cornhole boards are located.



Cornhole

Staple Sport of the Bluegrass

Go to any tailgating event, outdoor celebration, family reunion or greek get-together and you'll find people playing the unofficial sport of the Bluegrass: Cornhole.

Though the name sounds peculiar, the game is at least somewhat aptly named. Cornhole is played with cloth bags traditionally filled with corn and sewn shut. The object of the game is to take turns tossing the bags at a gameboard with a hole in it - thus the name, "Cornhole".

The beauty of the game is that it's easy to learn. The rules are simple, and lucky beginners can easily match up against seasoned veterans. Players partner up to form their teams, and then take turns tossing 4 bags each at a slanted board roughly 30 feet away. Land a bag on the board and score one point; land one in the hole and score three. The first team to 21 points wins.

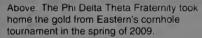
It's as simple as that, and that's what makes it so much fun. Cornhole is a game that is meant for people to have a good time, and while it's easy to play, it's tough to master.

If the game sounds similar to Horseshoes, well, that's because it is. Rumor has it that Cornhole was initially invented to replace Horseshoes at outdoor events. When people get to drinking and having a good time, hurling heavy horseshoes can get to be a little out of control, and people can get hurt. Cornhole solves the safety problem and maintains the fun.

Cornhole has left its mark on Eastern, especially at greek events like Rush and during intramural tournament season. As long as students in the Bluegrass embrace it, it'll be here to stay, too.







Left: The underhanded throwing technique seen here may not look so cool, but it's by tar the most common and effective tossing technique.



Their "crosse" to bear

One of Eastern's youngest club sports gains momentum in 2009

When students think of traditional big-name sports on campus, lacrosse doesn't exactly fit the bill. In fact, Eastern's men's lacrosse team was formed in 2007, making spring of 2009 only its second season as a club sport.

The team was formed by Jeff McGrath and Gareth Saums who both played lacrosse in high school and felt the need to start a team at Eastern. Lacrosse had been a club sport at Eastern until 1994 when it ended due to lack of interest. The team's first season was a challenge, as they only had about 15 players on the roster and played just one game against the University of Louisville.

In spring of 2009, however, the team's schedule increased from one game to three. Though they lost all three games, the team flourished. More students joined the team in '09, boosting the roster count to 25 members. The lacrosse team received brand new uniforms as well as new helmets this season thanks to the sport club organization.

With the intramural fields closed, the lacrosse team struggled to find fields to practice on. This inconvenience prevented the team from practicing as much as they'd hoped to, but also helped them find partners in the Richmond community willing to help them in any way possible. The team practiced at Madison Indoor for half the season, helping them to prepare for their games.

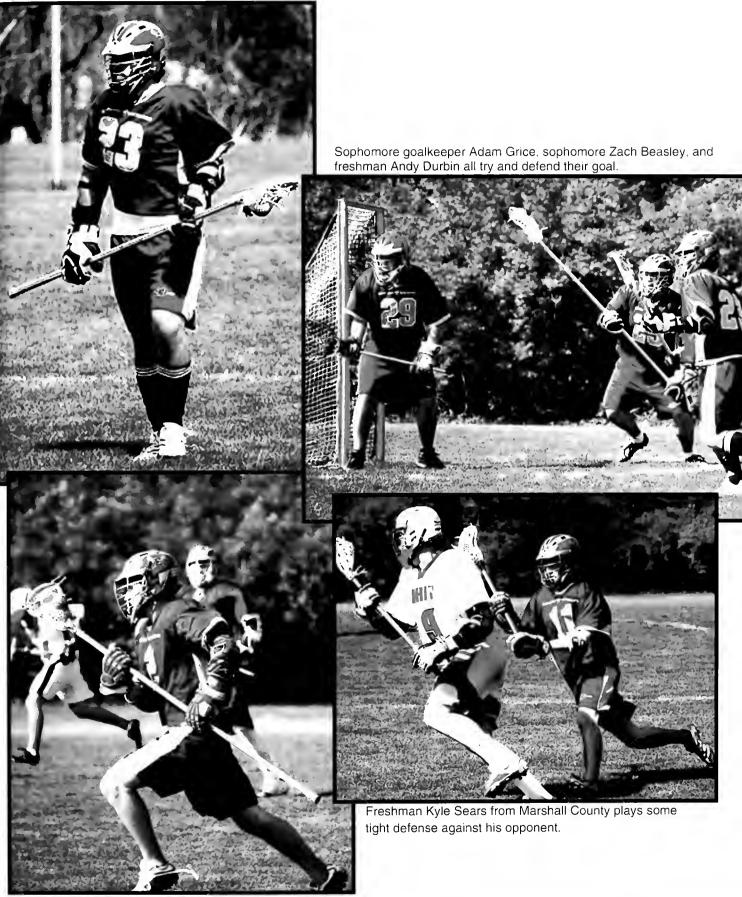
The men's lacrosse team is one of the youngest club sports organizations on campus. The team has had a slow two seasons, but is progressing rapidly.

Next season the team will be entering the National College Lacrosse League. The NCLL is a organization of colleges and universities that have club lacrosse teams. It helps teams schedule games against one another, and at the end of the season sets up a national championship for competition.

As always, the Colonels have their sights set on success.



The action rarely ceases in lacrosse, but here freshman Andy Durbin from Lousville waits patiently to make a



Freshman Trevor Tuckey from Cass City, Mich. pushes the ball upfield to try and beat the defenders.

Ready, aim,

SPAN STAN

Any kid who grew up playing cops and robbers or running-around with squirt guns will understand the appeal of paintball. Diving behind obstancles and spraying bullets at opponents makes the war game feel oh so real. So does the pain.

Paintball enthusiasts at Eastern have a chance to join Eastern's paintball team and compete with other schools nationwide.

Eastern's team plays in the National Collegiate Paintball Association (NCPA) in Class A, the highest division. Class A is an interior-conclass reserved for the highest level competitors, and Eastern received its bid to enter the class in summer of 2008.

It's no small feat: there are around 90 schools currently in the NCPA and only 15 teams were given bids to play Class A. Before the Eastern value a Class AA school - a class open to all colleges. The format the team plays is known as "Xball." It's played on a 150-foot by 125-foot field and features inflatable bunkers.

If "Xball," matches consist of two 20-minute halfs of play with no sobre limit. Teams consist of five players, and players are siminated if they are shot anywhere including the gun.

win win a game, a team must hang a flag in the other team's "dead box," but "Xball" is not a capture-the-flag style match - the

flag is positioned in the center of the field in the open, and is very rarely pulled unless all opposing players have been eliminated.

Each time a game is won, the winning team receives one point. At the end of the match the team with the most points wins.

Eastern plays in the Midwest conference, along with three other schools - Purdue, Illinois State, and Illinois. The team plays three regional tournaments, then competes nationally. The regional tournaments are used to seed the National Championship, and all teams are eligible for the National Championship held in Lakeland, Fla

Eastern's team struggled this year - their first in their new conference. The Midwest conference is said to be the toughest of all of the Class A conferences, and took home the national championship 1009.

The teach of work payed off in the National Collegiate Paintball of Ship, however, as Eastern went 6-3 on the first day and many cut to day two.

"We are very leased with how the season went," Will Hatten, a team members aid, "We competed with the best of the best this year and made a name for EKU in the college paintball scene."



Above: The beginning of the game is called the "break out". Here, the Colonels break out against the Purdue Boilermakers.







ove: Will Hatten (Left) and Cameron Clements (Right) open fire against Illinois State iversity.



Above: Will Hatten (standing) and Mitch Pace (crouching) shoot at their opponents. Will attempts to cover Mitch as he makes it to ground.

The Ultimate FRISBEE



Eastern has its share of unorthodox intramural sports. From the obscure to the unheard of, there's something for everyone. Occasionally a sport appears that is both obscure and unheard of: enter "Ultimate Frisbee."

Some students may know it as "Frisbee Football," but most have likely never heard of it at all. Those that have give the sport its cult following, and enthusiasts on college campuses nationwide have developed it into a competitive intramural. Eastern is no exception.

The game itself is fairly simple - two teams of seven pass a Frisbee from teammate to teammate until a player catches it inside an end zone for a score. If the Frisbee hits the ground or is intercepted, it changes possession, and the first team to 21 points wins.

Seems simple enough, but here's the catch: when a player catches the Frisbee, he or she must stop moving. Players are allowed to pivot, but taking any steps with the disc in hand (beyond what it takes to stop momentum) is against the rules. You have to pass the disc to advance it, and therein lies the challenge.

It's a non-contact sport, which makes it accessible to all players. If you can throw a Frisbee, you can play Ultimate. Of course, to be a true asset to your team, it helps if you can master a few techniques.

One-handed catches are a necessity, and the traditional way you're taught to throw a Frisbee will only get you so far when you're being guarded. The best players learn an arsenal of throws, including sidearm throws that use the thumb as a spring, wrist snaps that use the fingers, and even an over-the-head throw called the "hammer."

Eastern sets up intramural leagues for both mens and co-ed teams each Spring, but be warned: the competition is fast and fierce. This isn't your childhood "throwing in the park" game of toss.

If you want to compete, you had better be ready to run, sweat, and dive for discs.





Above: Michael Brumme moves into position to make a play on the Frisbee. Players can on move when they're not i possession of the Frisbee.

Left: Senior Derek Adan raises the Frisbee to ale the opposing team. The other team raises their hands to indicate they're ready, and the point begins.

Right: Freshman Kevin Canterbury snags a pas in the endzone behind a defender. Momentum can't carry a player into the endzone, so one-onone matchups near the goal line are common.



Left: Freshman Jessy Geary shows off his home-made shirt with team motto "Scoop-n-Score" before the intramural Frisbee championship game while Alex Henegar and James "Jimmer" Dudley read the backside.

Below: Senior Derek Adams performs a "throw-off" to begin a new point. Throw-offs are similar to kick-offs in football and give possession to the receiving team.

Below Right: Freshman Kevin Canterbury (right) looks to the endzone to complete a point. Following traditional rules, each score earns one point and the first team to 21 points wins.







Ready to REACK



One of the perks of being a college student is the feeling of invincibility that comes with your 20's. Nothing can hurt you, or so you're convinced, so why not get into some dangerous, if not crazy, situations? This is about the time when bungee jumping, skydiving, mixed martial arts and rock climbing seem like the best hobbies.

Rock climbing is by far one of the most popular activities for students who love the outdoors, and there's no better place to do it than at Eastern and in central Kentucky. The Red River Gorge, located just an hour east of Eastern, is one of the top rock climbing locations in the nation - maybe even the world.

Of course, strapping into all those harnasses and clinging to cliffs for dear life might seem a little intimidating for beginners, but fear not: Eastern is here to help. Eastern's state-of-the-art fitness center features three ways for students to hone their skills: on the rock wall, on the bouldering wall or on the Treadwall.

Roped climbing is open to students on the main rock wall daily during the week with certified instructors to supervise, teach and assist. Access and shoe rentals are free to students, and designated colored paths on the wall are changed periodically to add variety. Bouldering passes are required to use the bouldering wall, but are free to students once they learn proper techniques from instructors.

Finally, any student can hop on the Treadwall to see what it's like to climb before making any commitments. Students should be careful, though climbing is addictive and may lead to unexpected excursions to the Gorge during class hours.





Out of the nine football teams in the Ohio Valley Conference, seven of them have a turf other than natural grass. That number will soon be eight, because when the Colonels kick off their 2009 season, it will be on a newly installed synthetic turf.

On March 13, Hanger Field in Roy Kidd Stadium began preparations for the installation of synthetic turf. Vescio Sports Fields, the winning bidder on the project, surveyed the current field and began moving dirt.

The first step was to remove the crown on the field that allows water to drain off. With the new artificial turf, no crown will be needed for drainage.

Vescio has experience working on real and artificial fields. The company also has experience working for Eastern. It leveled the women's soccer field several years ago and also leveled the intramural fields this academic year.

The turf being installed is a synthetic turf similar to the turf currently at the Presnell practice facility on campus.

Vescios winning bid was \$586,723. It has 90 days to complete the project from the day the contract was awarded - March 13. The athletic department thinks it will take the whole 90 days to complete and doesn't believe it will be finished any earlier than the deadline of June 11.

In addition to the new field turf, the athletic department is taking the time to make some other improvements to the home of the 2008 OVC Champions.

A new scoreboard is being put up, for starters. The video board will remain, but the current scoreboard and play clocks will be replaced with LED boards so they will not have to deal with pesky burnt out light bulbs.

Behind the visitor bleachers, a 40-yard area will be cleared out, and Bermuda grass will be put in for the offensive line to use during practice.

The football locker rooms will also be renovated. The team currently has about 80 lockers for game-day use. The locker room will be expanded to 100 lockers to hold all of the personnel needed on a practice day. The training room will also be removed because of the proximity to Moberly and the state-of-theart training room located there. A lounge for players will also be added to the locker room.

Once the field project is completed, all operations will be moved into Roy Kidd Stadium, and Campus Recreation will use Presnell. The athletic departments target date for completing the locker renovation was mid-May.

All construction should be done in time for the start of practice for the 2009 season, and Dan McBride, Assistant Athletic Director for Operations, said the athletic department feels the construction will noticed by all.

"When people show up to the first game next year, they're going to see some pretty big changes in the field itself," McBride said. "It will look good 365 days a year. You don't have to worry about field getting brown during the winter, and this will help with recruiting."

Hanging a New Look on Hanger Field





Making a Racquet

Senior Alexandra Sitnikova became the fourth Colonel in history to net the OVC Tennis Player of the Year Award

In the United States, sports like basketball, football and baseball have been known as the nation's pastimes. Unlike these, however, tennis is a sport more embraced by the world.

To compete in tennis at the Division-I level, it takes a certain international influence. The Colonels have just that.

Leading the charge for the Colonels in 2009 was senior and Kazakhstan native Alexandra Sitnikova.

Sitnikova posted a 16-7 record in the spring of '09 on her way to becoming an All-OVC selection for the second consecutive year and the 2009 OVC Tennis Player of the Year. She became only the fourth Colonel in Eastern history to receive the Player of the Year award, and she certainly earned it.

Voting for the award winner is handled each year by the head coaches throughout the OVC. Sitnikova no doubt left an impression on her opponents and their coaches, as she managed to win all nine of her OVC matches at No. 1 singles. Seven of those nine matches were decided in straight sets - a truly dominant performance sustained throughout the season.

Sitnikova had mainly played at No. 2 singles the past two seasons, but was asked to shoulder some of the load at No. 1 singles in 2009.

"It's a bit different," she said. "The level of tennis is higher, and the level of responsibility is higher at No. 1."

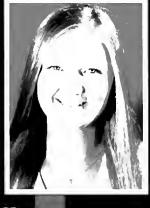
Sitnikova has a unique perspective on things, having played tennis all over the world. She said the NCAA is different.

"Here, you have teamwork," she said.
"In Europe, it's individual, so you don't play for the team: you play for yourself."

The team aspect of college tennis was a transition for Sitnikova, but gave her the chance to help her team grow as a unit and hone her leadership skills.

"Every single time we have new players, they need some help," she said, "and if you're a senior, you have the responsibility to help them adjust."

Without Sitnikova, the team will have to adjust in 2010, but winning as a team is their specialty.





Race to the Finish

Eastern's fastest man bids farewell after two years of leaving opponents in the dust

On the track in 2008, Eastern cross country senior standout Joseph Maina crushed the opposition, earning three OVC Runner of the Week honors, a slew of top 5 finishes and quietly leading the Colonels to their third consecutive OVC Championship.

For Maina, though, it hadn't always been so easy. Hailing from the town of Ruiri, Kenya on the continent of Africa, it had been a long road, both literally and figuratively.

Maina said he got his start in running back in Kenya. He said he participated in a race between the dormitories in his high school to get out of doing mandatory chores. He finished last in the three-kilometer race, but said it was something that changed his life almost immediately.

That last-place finish encouraged Maina to try running more. He began running three laps on a local track a couple of days a week. He described his progression in running as "very painful," but Maina challenged himself. He soon increased his running to seven laps with a steadier pace. Those laps equaled to a mile and three quarters and suddenly, he had an epiphany: He really liked this running thing.

"I didn't know that I was conditioning myself. It was like magic," Maina said.

His high school track coach took notice of his skills and urged him to utilize his running and apply for college.

Maina agreed. He said he wanted to come to the United States because it offered a broader education and more running opportunities than in Kenya.

After spending time at Butler Community College in El Dorado, Kansas, Maina yearned to face bigger competition.

Eastern Cross Country head coach Rick Erdmann eventually succeeded in recruiting Maina. Erdmann said he had no doubt Maina could succeed at a higher level. When Maina visited Eastern, he felt right at home.

"I trusted the program would make me better," Maina said.
Upon arriving at Eastern, Maina found a new role model in
Jacob Korir, a former Colonel runner who shattered OVC
records and track records alike in 2007. Erdmann said Korir
really took Maina under his wing.

"[Maina] took great advantage of having Jacob around," Erdmann said.

Maina remembers his time under Korir's tutelage fondly.

"We used to do runs together in the evening on the EKU trails," Maina said.

With Korir gone in 2008, Maina rose to become the team's top gun, leading them to an OVC Championship just as Korir had the previous two years.

"[Maina is] a leader by example with his competitive attitude," Erdmann said. "[I am] very proud of his progress."

Maina hopes to be able to continue training to keep up his conditioning for a chance to compete in the 2012 Olympics in London, England. He said he also aspires to continue his education by striving for a graduate degree in a nursing program of his choice.

Recognizing a new challenge, Maina added: "There's a lot of competition in the field."



Left: Maina leads his teammate, Stanley Mugo, to the finish line.

Right (left to right): Joseph Maina, Stanley Mugo, and Evans Kiptoo pose for a picture after running Eastern's Woodchip trail. The men's cross country team was awarded the 2008-2009 OVC Team Sportsmanship Award, presented to the team that functions best as a unit and has the best team chemistry.







Rose by any other name...

Senior Mike Rose leaves Eastern after leading the nation in three point percentage

For athletes, their senior year is a very important one. It can dictate their future in the sport. And every senior wants to go out in style.

Few go out with as much style as Mike Rose did this year.

The Illinois native had been a hallmark of Colonel basketball the tast three and half years, and his performance this year was one of the greatest in Eastern history.

"Being it my last year of college playing ball, I just wanted to go at it hard," Rose said. "It seemed like I had more of a focus this year that I

didn't have my other years.'

For mid-major schools like Eastern, the goal is winning the conference and securing an automatic bid in the NCAA Tournament. Rose experienced this as a sophomore.

After winning the OVC Tournament in 2007, Eastern played North Carolina in the first round of the tournament. They lost 86-65, and Rose had 13 points.

Getting back to the tournament was a goal Rose had in '08-'09.

This season Rose averaged 20.0 points per game - nearly five points more than his sophomore and junior years, and nearly 10 points more than any other Eastern player.

"My driving game has improved a lot," Rose said. "It was something I knew I was going to have to improve this year, because everyone knew I was a shooter. So if they stop that, then I have to have another part to my

Rose also feels like his shot selection has improved this season.

Hose turned his senior season into a farewell tour and has left opponents with tears in their eyes.

On Jan. 17 at SEMO with the score tied 71-71, Rose hit a three from

the corner at the buzzer to give Eastern a 74-71 win.

Three nights later at Chicago State, he did it again. Trailing 68-67 with four seconds remaining, Rose got off a three. The trey fell and Eastern took a 70-68 lead.

For many players, this would be a pressure situation, but not for Rose. He's been there before. He's hit the big shots.

On Dec. 7, 2006 - a date which will live in Eastern history - Rose hit a three from well beyond the arc against Murray State to force the game into overtime. The Colonels would go on to win, 72-66.

"Whenever it comes to one of those plays in my head, I'm just like If I get it, we're going to win," Rose said. "I don't have a negative

thought in my head at all."

Rose wasn't just a buzzer beater: He was a workhorse who had 110 starts in his career and never missed a game due to injury.

Teams feared him for his shooting ability, and they should have. Rose scored 20 points or more 13 times this season and reached double figures in all but three games.

"Since I've been here, [shooting] is what I've been known to do," Rose said. "I've been getting a lot better at it - hopefully it's only going to get better."

He says the key to being a good scorer is shooting every day and having a lot of confidence.

"If you don't have the confidence, it can affect you a lot," Hose said.

He said he not only used confidence and skill to play so well; he fed off the crowd. He said he loved the feeling of having a good crowd in an intense game.

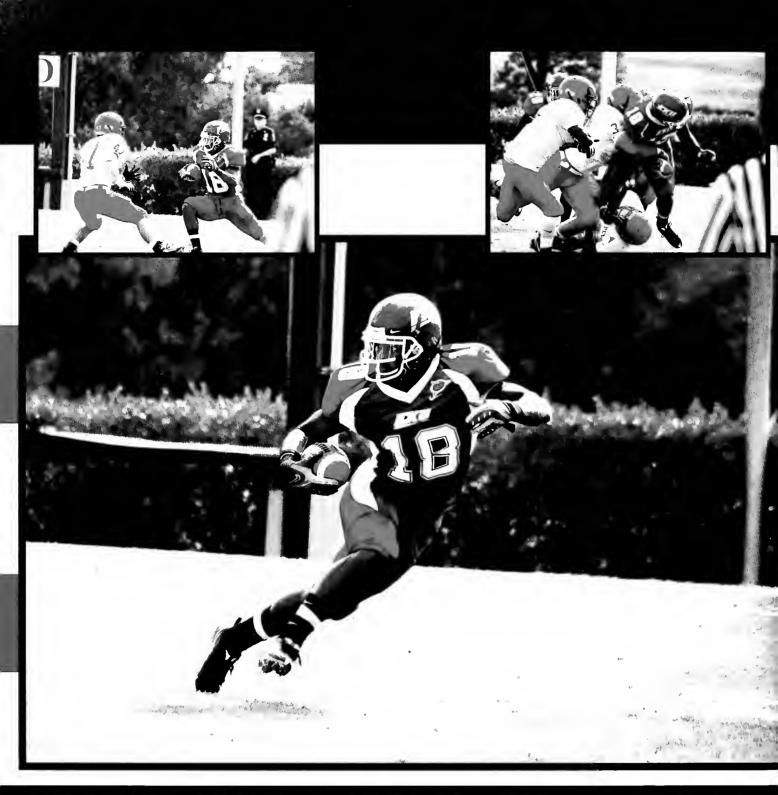
Hose was one of the first players that head coach Jeff Neubauer recruited. In their time together, Neubauer and his staff have molded and helped Rose to become the player we see today.

Rose's time in maroon came to an end, but he knew it was coming all season long. Despite that, he still strived for himself and the team to play even better and to keep getting better.

Rose was an iconic player in Eastern basketball history, finishing second all-time on the school's scoring list with 1,763 points, and second in three-pointers made with 271. He finished first in the nation in three-point percentage after 2008-2009, an astounding feat. Rose finished the year with 99-206 three-pointers made, giving him a 48.1 percent shooting percentage from behind the arc.

Students who watched him play won't ever forget it, and thanks to the record books, Rose's name will live on in Eastern's history.











A Rare Breed

Graduate and Wideout Stephon Fuqua Led all Colonel Receivers in '08... as a Grad Student

For most student-athletes, their college playing careers end at graduation. A select few are picked up in a draft by a professional team, while the rest are forced to come to terms with life without competitive sports.

Stephon Fuqua, however, is one of the rare exceptions. Fuqua played on Eastern's football team, and emerged in 2008 as one of the team's key receivers. The odd thing about Fuqua's story: he wasn't attending college - he graduated with a degree in communications in 2008.

Rather than trade in his cleats for dress shoes and hit the career trail, Fugua did one better: he did both.

The 22-year-old from Cleveland, Ohio, furthered his career as a graduate student at Eastern studying sports administration, all the while donning the pads and helping the Colonels win their 20th Ohio Valley Conference title.

"I learned football at Akron (University)," Fuqua said. "I was under a great offensive mind, J.D. Brookhart, and he taught me the receiver position. He coached Larry Fitzgerald, so he knows everything about being a receiver and he taught me everything I know about being a wideout."

Fuqua graduated from Akron in May 2008 with a degree in communications and one year of elligibility left.

Even with a degree in hand, Fuqua yearned for more knowledge and more football. Luckily, Fuqua had remained in contact with several high school football teammates, including former Eastern cornerback Antwaun Molden and current Eastern cornerback Andre Evans, and he asked them about Eastern's football program.

"They are most of the reason I came here," Fuqua said. "I heard about Eastern through them...(T)hey told me how great of a university it was and how coach Hood was the new coach and he was doing some good things over here. It piqued my interest right away."

Three months after graduating from Akron, Fuqua enrolled at Eastern as a graduate student and was soon back on the football field catching passes.

"We needed someone like him to come on for us," head coach Dean Hood said. "He was an answered prayer."

In just fourteen games at Eastern, Fuqua became one of the team's go-to receivers. He finished 2008 first on the team in receiving yards (535) and third in receptions (33). He was also named to the OVC All-Newcomer Team in 2008.

"I know my role in the receiving corps, and any time a ball's thrown to me, I want to make a play on it," Fuqua said. "My role is to help the team, help the receiving corps - not necessarily be the star, but just make the plays."

Even with all of the honors and success on and off the field, there is still one thing missing: a touchdown. Fuqua never did score a touchdown in his four-year collegiate playing career. He said he hopes to continue playing football, however, and that the touchdowns may still come.

"The situation hasn't arisen," Fuqua said. "I'm a patient person. I know my time will come one day."

If Fuqua doesn't find his future on the field, he said he looks forward to still being around the game of football.

"My goal is to stay in football somehow, whether it be coaching or playing," he said. "I'm going to try to try out for the NFL. This is my last season, so I figure why not try? It's not my main goal in life. My main goal is to someday settle down and support myself and my family. I love sports and I love coaching and feel that what I've been taught I can teach someone else."







View from the Top

The Lady Colonels' Christy Roberts rises from Hall of Fame student athlete to high-calibur head coach

The women's basketball team at Eastern Kentucky University welcomed a new head coach for the 2008-2009 season after long-time head coach Larry Inman retired. Former player and assistant coach Christy Roberts accepted the position as the eighth head coach in EKU Lady Colonels history.

Roberts, a Louisville, Kentucky native, is an Eastern alumni and helped lead the Lady Colonels to their first ever NCAA tournament appearance. In the 1996-1997 season, the Colonels managed a 24-6 record and claimed the OVC Championship while being led by the University of Kentucky transfer junior, Christy Roberts. Thanks to Roberts' outstanding three-point shooting ability, she was honored in 1997 with the Edward S. Steitz Award and her basketball gear was enshrined at the Basketball Hall of Fame in Massachusetts. During her senior year at Eastern, Roberts averaged a team high 15.2 points per game and earned first team All-OVC honors. In 2007, Roberts was inducted to the EKU Athletic Hall of Fame and also still holds numerous school records.

After graduating as an unforgettable student-athlete from Eastern, Roberts joined the Lady Colonel coaching staff as the graduate assistant for the 1998-1999 season. After her short coaching stint at Eastern, Roberts accepted a full-time assistant coach position at Tennessee Tech. In 2001, Christy Roberts returned once again to Eastern under head coach Larry Inman to serve as assistant coach for two seasons. During this time, Roberts helped lead the Lady Colonels to a 45-14 record and a run in the WNIT tournament. In 2002, she became a guard coach and recruiting coordinator at Eastern Carolina University. Roberts once again helped lead a school to the big dance when ECU captured a berth to the NCAA tournament in 2007.

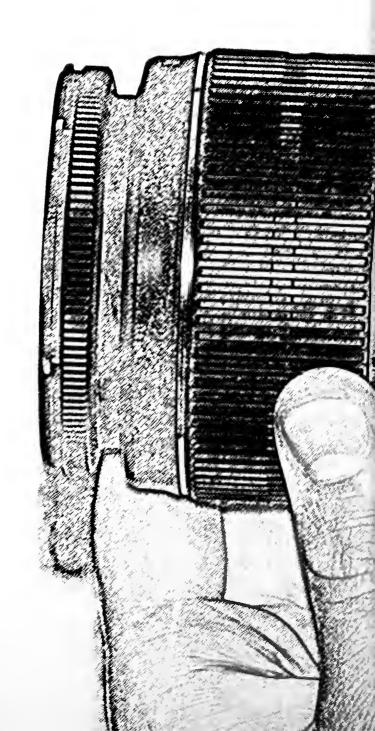
When she took the head coaching position at Eastern, Coach Roberts had great plans and visions for the Lady Colonels' basketball team. After the disappointing 2008-2009 season, Roberts is looking to a strong, versatile and complete recruiting class for the upcoming 2009-2010 season. She hopes to get the program going in the right direction and has a very positive attitude for the upcoming season.

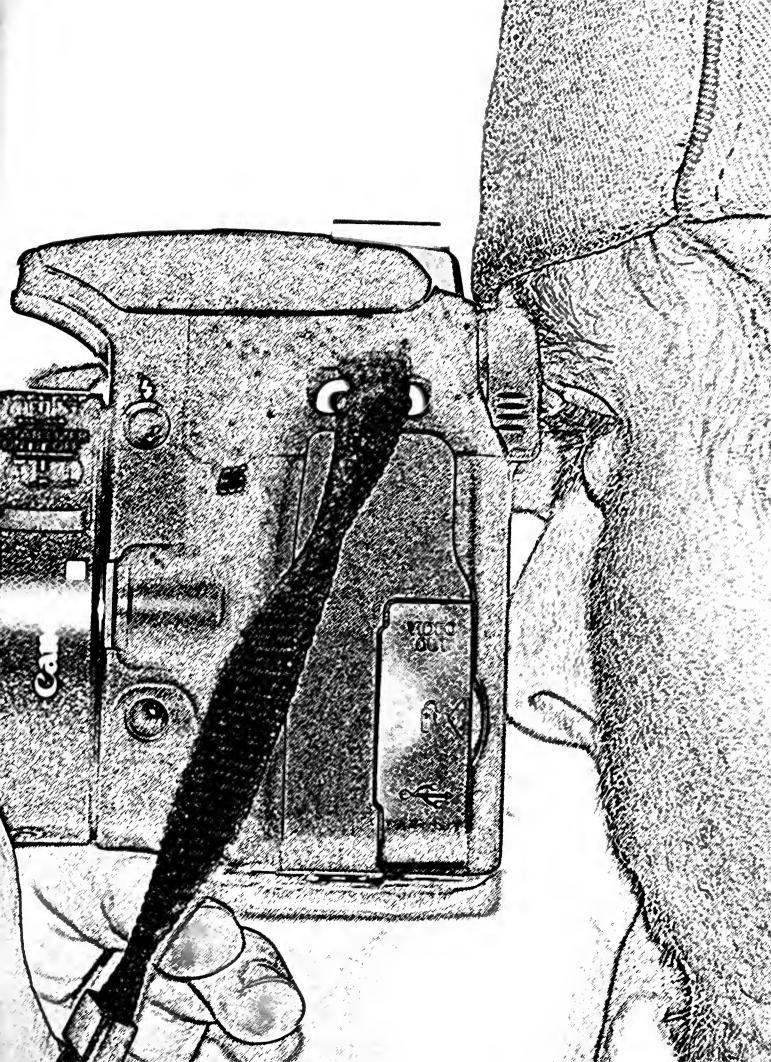






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At the top of in Cluss

Graduates from Summer 2008 - Spring 2009



Craig Anderson Criminal Justice Lexington, Ky.



Amy Arlinghaus Middle Grade Education North Olmsted, Oh.



Lori Jo Arnold Forensic Science Richmond, Ky.



Pavan Balabathula Chemistry Richmond, Ky.



Jessica Baumgardner Medical Assisting Tech. Louisa, Ky.



Latonyah Bentley Art and Science Richmond, Ky.



Sara Bentley History Lexington, Ky.



Anna Bermudez Psychology Richmond, Ky.



Crystal Blackwell Fire & Safety Engineering Technology Shelbyville, IL.



Angela Bohannon Office Systems & Technology Richmond, Ky.



Shawnda Bourne Psychology Winchester, Ky.



Tina Brown Environmental Health Science Lexington, Ky.



Maria Church Geography Georgetown, Ky.



Kimberly Conner Social Work Jamestown, Ky.



Laura Cook Police Studies Richmond, Ky.



Daniel Costanzo Economics Richmond, Ky.



Brandon Cowan Biology Eubank, Ky.



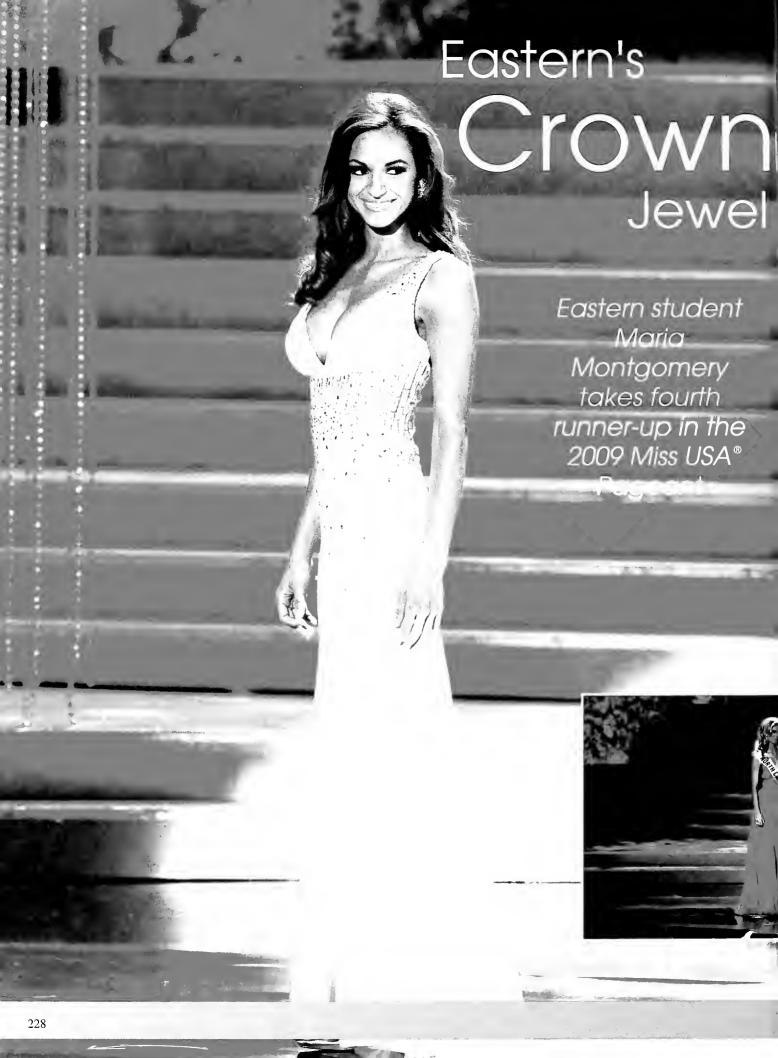
Debra Cox Nursing (Post-RN) Irvine, Ky.



Jamie Creech Child & Family Studies Paint Lick, Ky.



Justin Daniels Middle Grade Education Pineville, Ky.



Most students across the nation make their résumés and complete their applications for part-time jobs and various internships to earn a little extra dough. But when she applied for her job, Eastern student Maria Montgomery traveled to Las Vegas wore an evening gown and a swimsult and answered interview questions on live television in hopes of earning a jewel-studded crown.

Montgomery, a sophomore communications disorders major from Danville, represented the state of Kentucky in the 2009 Miss USA competition. At 19, Montgomery was the youngest contestant in the pageant and competed against 50 other women between the ages of 19 and 27. She traveled to Las Vegas to begin pageant training on Friday, April 3, made her first appearance before judges 10 days later and appeared live on NBC in over 125 countries in the finale on Sunday, April 19.

Montgomery said the work to get to that point started quite a while ago - around the age of 14, while watching her older sister compete in scholarship

"I wanted to start doing pageants after watching my sister do a few and I was drawn in - it was like any other hobby," Montgomery said. "I was stuck and got pageant fever. I just wanted to keep doing more and more."

Montgomery's sister, Tracy Meiers, a 22-year-old program, said she and her sister grew even closer through competing in pageants, whether it was from cheering each other on in the audience or sitting backstage in the hair and makeup chairs.

"I'm supportive of her, and she's supportive of me,"
Meiers said. Eastern graduate student in the occupational therapy

Montgomery has earned six titles from pageant competition so far, including being crowned Miss Kentucky USA® on Dec. 19, 2008, the stepping stone to entrance in the national pageant competition.

Montgomery said she was prepared to compete in the eveningwear portion, the swimsuit competition and even the interview segment, open only to the top five finalists. The guidelines don't ask contestants to participate in a lalent competition, though many other pageants do.



Montgomery beams on stage with the other top-live finalists.

But Montgomery refined a different kind of latent in

preparing to compete in the national pageant a keen sense of time management.

"My typical day is crazy," Montgomeny said.

"Pageants are my extra-curricular - It's true multy like a full-time job."

With 12 hours of classes compressed into MWF courses, Montgomery said she had little time for anything but completing her workout regiment, rehearsing for the competition and completing her

Montgomery said physical litness is key to winning competitions, and that's the goal. She visits Eastern's gym whenever possible during the day to lift weights

gym whenever possible during the day to lift weights and do her favorite exercise - walking on a treadmill for 30 minutes at the highest incline.

"It may be super early or late at night or a lew minutes in between classes, but I try to do it as much as I can," she said. "You can see me at the gym here almost every day. Anything you can think to work out,"

When Montgomery was not on campus working out, she traveled four hours to work with a personal trainer supplied to her as a prize for winning taking home the state pageant crown. She also said she traveled to Princeton and Nashville to work with dress designers and her pageant consultant - typical ways she spent and her pageant consultant - typical ways she spent her Tuesdays and Thursdays outside of class.

"I travel so much - sometimes it feels like I live out of my car," she said.

my car," she said.

Montgomery said that while she knew preparing for the pageant would require a lot of traveling, she wanted to remain a dedicated student. Instead of taking the semester off for pageant preparation, Montgomery said she chose to take a lower number of credit hours for the semester and took a class at the Danville campus, closer to where she lives.

In the pageant itself, Montgomery was awarded tourth runner-up, making her a top-five finalist in a field of 51 of the most beautiful women in America.

"(The pageant) was an experience of a lifetime," Montgomery said. "It was non-stop celebrity treatment."

Montgomery said. "It was non-stop celebrity treatment something new every day.

"I dreamed about doing it my whole life," she said. "It was better than I ever imagined."



Montogramy stunned the crowd with her winning smile during all portions of the contest.



Matti Daniels Dietetics Pineville, Ky.



Brittany Davenport Journalism Berea, Ky.



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Your Friendly Neighborhood

Serior James Ficker takes costuming to the next level

Spider-Man's uncle Ben always said "With great power comes great responsibility," but for senior forensic science major James Ficker, with great costumes, great time constraint.

Ficker said his interest in costume-making began at a young

age, watching his brother.

"He started to make some props and costumes himself from scratch, for Halloween and just for fun. I began helping him and he started making costumes for me," Ficker said.

Eventually, Ficker started making costumes and props for himself.

"Each costume is different, and they all require different

amounts of time to research and construct," Ficker said.

On average he said it takes him a couple months per

On average he said it takes him a couple months per costume from start to finish.

Ficker takes his skills beyond just something to wear on Oct. 31. From costume balls to DVD release parties, birthday parties to charity events, his trade goes beyond making the costume. He also has to play the part - from a certain walk, stance or just letting loose if it's an event for children.

"Getting into character depends on the event, and the costume. If I'm doing a more formal event as a Stormtrooper, like something official for Lucas Film such as a movie or DVD release, then you always stand at attention and you don't speak to the guests - you really play up that Imperial Military aspect of the character, and channel the on-screen representation," he said.

As Spider-Man, Ficker said he tries to stay as low to the ground as he can to get down with the kids on their level and interact with them.

"I also goof off a lot more and tell jokes, because that is a part of the character. He is more friendly and funny," Ficker said.

With other costumes, like the Master Chief from Halo, and the Resident Evil Umbrella Guard, Ficker said he maintains a more silent persona. "That's what people expect of the character," he said.

Ficker has won Eastern's Halloween Ball Costume Contest two years in a row, the first year as Spider-Man and the second year as the Master Chief.

"I have also won a few smaller costume contests around Halloween, but I mainly make costumes just to make them and wear them, not for competition," he said.

Every year Ficker attends Dragon*Con in Atlanta, Ga. The convention over Labor Day Weekend is one of the largest of its kind on the East Coast.

Ficker is also a member of "The 501st Legion of Stormtroopers," the premier Star Wars costuming organization.

"The Legion is a volunteer club formed to bring costume enthusiasts together and give them a collective identity within which to operate," Ficker said.

The Legion's aims are to celebrate the Star Wars movies through wearing costumes, promote the improvement of costumes and props, and, most importantly, contribute to the local community through charity and volunteer work.

There are more than 4,000 active members worldwide taking part in charity work with organizations such as Make a Wish and Juvenile Diabetes Research Foundation and making appearances at local birthday parties.

"They may be showing off their costuming and propbuilding skills or just making a child smile, but wherever they go, they demonstrate strength, honor, and goodwill in the Ohio communities and throughout the Empire," Ficker said.

Ficker really enjoys using his costumes to make kids smile. He often works with children and charities wearing either his Spider-Man or Star Wars costumes.

"It's a very moving experience to take a sick kid and just give them a moment of happiness and hope...to hang onto during all the bad stuff they have to endure at such a young age," he said.





Left: Ficker's after costumes include an Imperial Starmtrooper from Star Wars, seen here. Ficker customized the helmet to include cooling fans for extended use. Above: Also in Ficker's aresenal is a completely homemade Spartan Warrior suit from the video game Halo. He said he made each piece of the suit from thick folded paper, then fiberglassed, painted and detailed it by hand.

Right: Though Spider-Man never revealed his identity, we figured Ficker deserved some recognition for pulling off this pose (left). 233



Nancy Jenkins Paralegal Science Lexington, Ky.



Shavonne Jones Sociology Richmond, Ky.



Richard Keeler Biology Saint Bernard, Oh.



Allison Kiefner Psychology Louisville, Ky.





Grant Knowles Broadcasting & Elect Media Madeira, Oh.



Yuvita Kurniawan Industrial Technology Lexington, Ky.



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Recreation & Park Admin.
Lexington, Ky.



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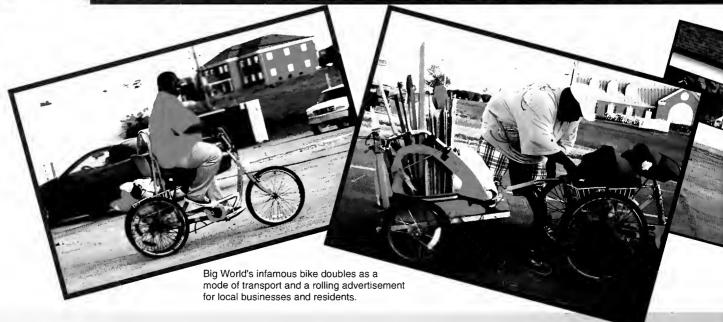


Jonathan Stark Journalism Louisville, Ky.



Martha Stearns Heist Homeland Security Albany, Ky.





Above: Anthony "Big World"

Above: Anthony "Big World"
Mitchell always has a smile on his
face - especially when he's stopped
by Eastern students.

You don't have to be a celebrity to be famous

A town the size of Richmond is not exactly brimming over with local celebrities. While you might be able to play a good game of six degrees of separation, very few locals have an instantly recognizable face and true celebrity status.

Then again, maybe earning fame in Richmond isn't all that hard. Sometimes all you have to do is ride a bicycle and go by the name of "Big World."

Lots of mystery shrouds this Richmond celebrity, and at the heart of the mystery is what is his true nickname. There has been hot debate over the past years concerning this issue: "Big World" or "Big Whirl?"

According to bicycle-riding staple himself, his official name is Big World. He used to be called Little World while his uncle held the title of Big World. Big World said his son is now nicknamed Little World.

Big World was born Anthony Mitchell, and has lived in Richmond for most of his life. He went to Madison Central High School and graduated in 1992. Just after graduation, Mitchell was approached by Ray DeSloover, who asked him to put a Coldwell Banker sign on his bike.

"It was his whole idea," Big World said. "At first I was riding, and it was his idea for me to make money on it."

Big World's business has grown a lot since then: he currently has about 40 different people advertising with him. He does more than just advertisements, though.

This year he has displayed roughly 45 birthday signs on his bike. He's also displayed roughly 32 signs for people who have been broken up with or left and want their loved one back.

"Husbands and wives will do like, 'I still love you, Tammy - call me at this number," he said. "I didn't even know I could do that on a bicycle."

Big World doesn't hold regular office hours, so if you want to advertise with him, you'll have to stop him while he is riding around town. On a typical day, he said he can be found riding from around 1 p.m. until around 7 p.m. Tracking him down might take some time, because he takes different routes every day. He doesn't have set prices for his services, but he might change rates depending on the person.

"If I know them real well I'll give them a discount," he said.

Big World has a few different modes of transportation that get him around Richmond. Currently he can be found riding his bicycle.

"I wish I had my lawn mower but I can make this work," he said. His mower is currently broken, but he said he should have it back before the fall semester of 2010.

Big World's future plans include fixing up a motorcycle over the summer for personal use and running for mayor of Richmond next year.

"I don't know if I'll win but its worth a try," he said.

Being Big World has its perks. He said he gets free food from local restaurants, including White Castle, Dairy Queen and Casa Fiesta. He also gets free hats, shirts and sweaters from First Gear.

Still, Big World said the perks aren't why he does it.

"I take a lot of pride in this job," he said. "I don't get rich from it, but it's enough to get dishwashing liquid and food for the house, and this job is something I really enjoy doing."



Richard Stockwell Environmental Studies Warren, Mi.



Angela Sumnlers Political Science Ledbetter, Ky.



Danielle Supinger Sociology Brookville, Oh.



Sanjita Thapa-Chhetri Public Health Lexington, Ky.



Sheralyn Tyler Spanish Teaching Richmond, Ky.



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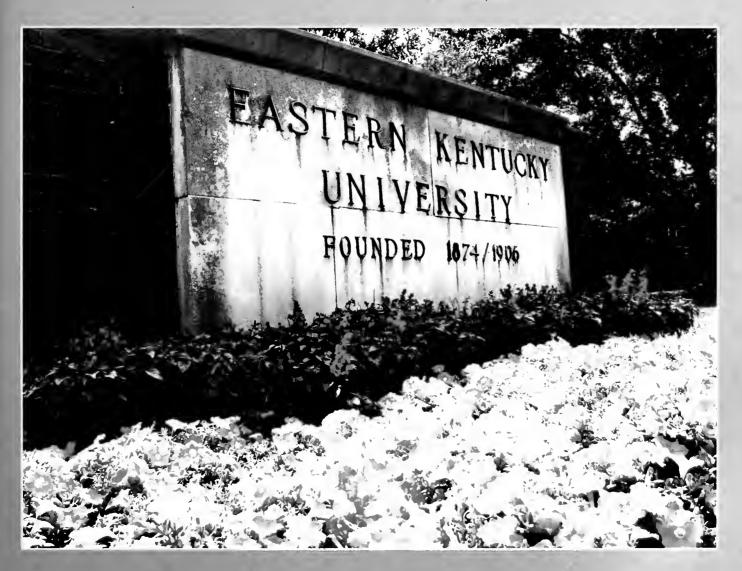
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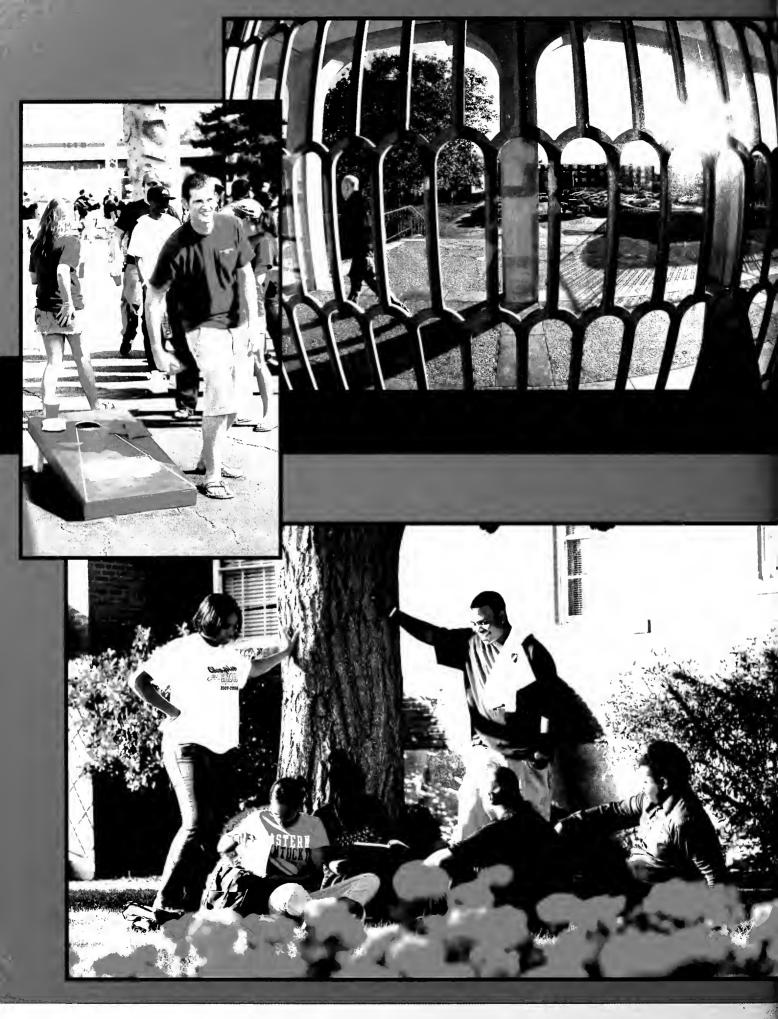


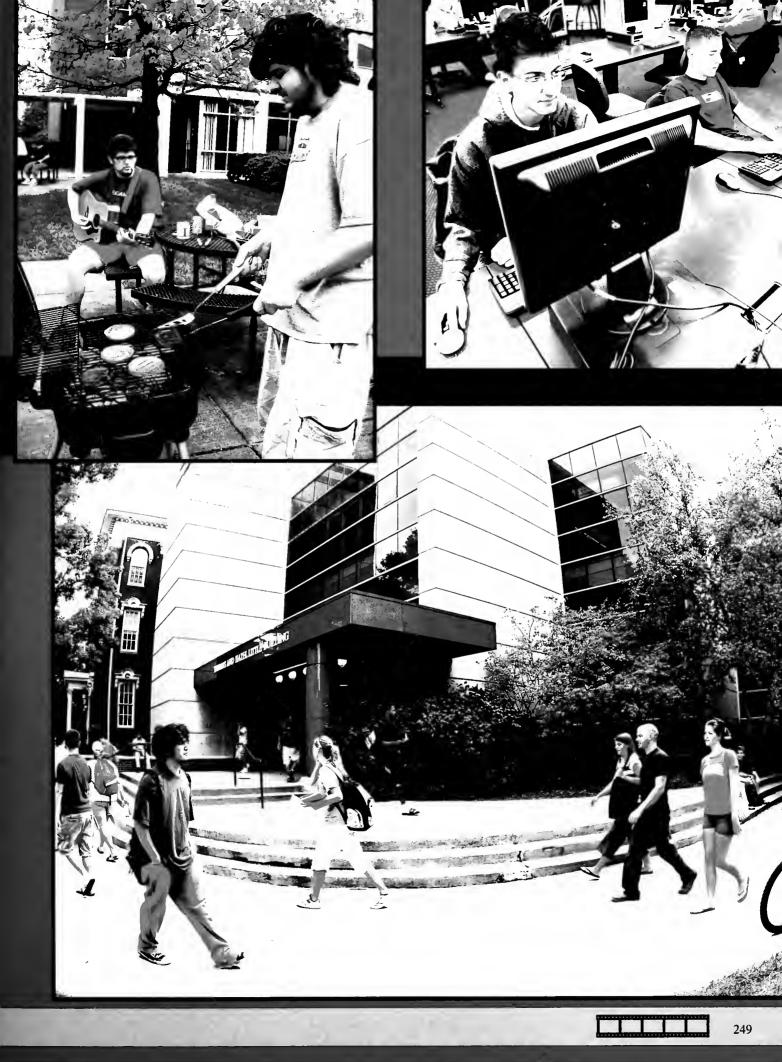


































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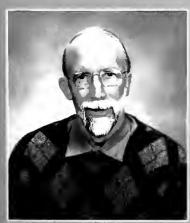
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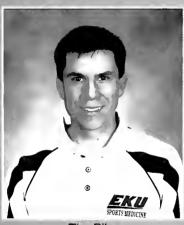
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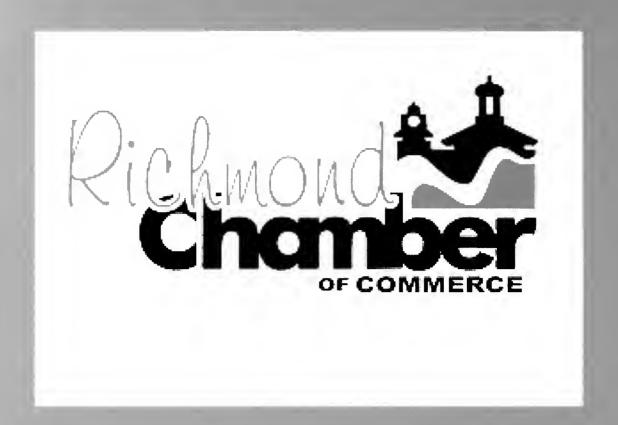


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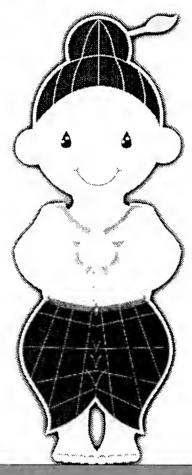


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The Milestone Staff wishes to thank the following individuals and departments for their assistance in completing the 2008/09 Yearbook.

EKU African/African-American
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EKU College of Justice and Safety

Dr. Salome Nnoromele, Program Director

Dr. Larry Collins

The Eastern Progress

EKU Archives

Ben Kleppinger, Editor Amanda Wheeler, Photo Editor **Jackie Couture**

Chris Radcliffe University Photographer

And all other photographers and writers that contributed to the yearbook.

Thanks for all your support in helping The Milestone flourish.

A Curtain Call

Congratulations, reader. You should feel free to stand up and stretch your arms and legs, as you've reached the end of the 2008-2009 Milestone.

To be frank, this epilogue isn't going to tell you anything you didn't already know.

The Milestone speaks for itself.

We don't have to tell you what you got out of reading this book. In fact, we can't. But we can say that we hope it has meant, and will mean, as much to you as it does to university at large.

Though your time at Eastern is fleeting and perhaps even finished, the university and the Milestone will endure. Your memories will endure as well, but the faulty camera in your mind won't always hold onto everything.

The Milestone is here to help, spread by spread.

We hope that you enjoyed the book, and that in the future the Milestone will continue to provide the enjoyment for generations of students and faculty members to come.

The book is produced by students and for students, and always open to suggestion. We hope you love it, but if you don't, get involved and make change. Eastern inspires students to do just that every day, and the Milestone is undoubtedly a part of it.

No matter what happens after graduation, two things will ring true: you will have been forever changed by Eastern, and you will always have this Milestone to remind you.







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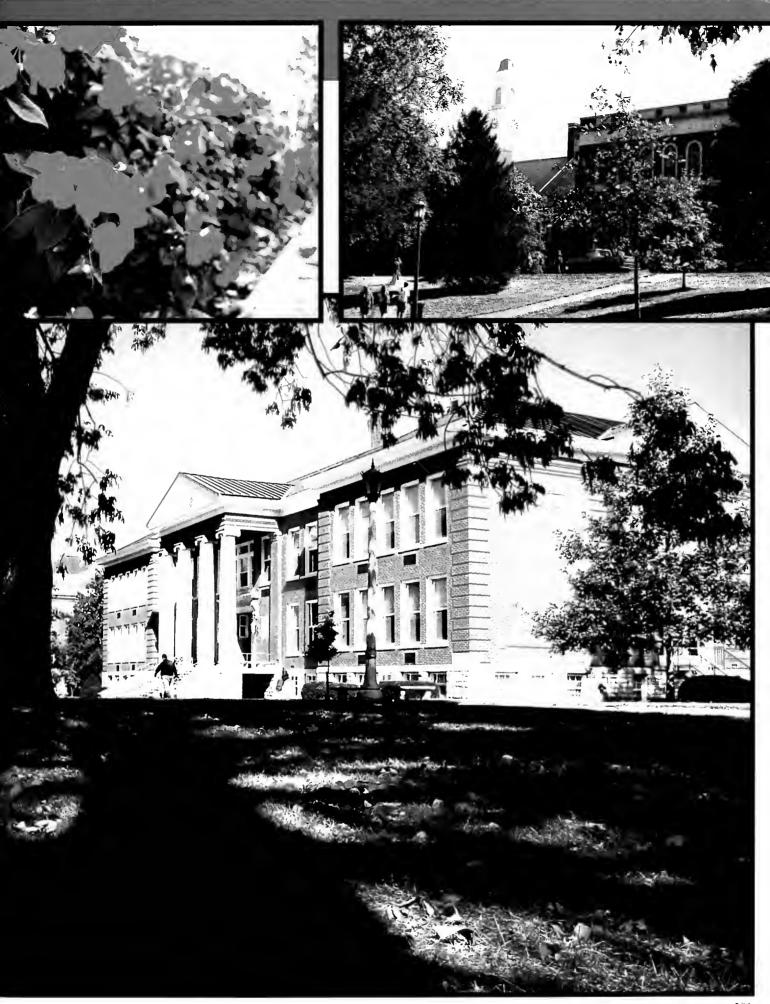


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